

PAUSE Quiet yourself
🕒 1 minute

- Become aware of Him

REJOICE Praise and thank God
🕒 1 minute

- Write out as prayer something you are thankful for 

ASK Conversation with God
🕒 7 minutes

- Talk with Him about your day
- Read daily Bible passage
 - Write out what the Holy Spirit says to you?  (Listening Prayer, SMORP)
- Intercession - My Prayers

YIELD Surrender to God
🕒 1 minute

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth
as it is in heaven. Give us this day our daily
bread, and forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from evil. For yours is
the kingdom and the power and the glory,
forever. Amen. (Matthew 6:9-13)*

READINGS

Date	Readings
April 1	Psalms 35:17-18
April 2	Psalms 35:27
April 3	Psalms 36:8-9
April 4	Deuteronomy 26:7-8
April 5	Psalms 37:3-4
April 6	Deuteronomy 30:2-3
April 7	Psalms 37:23-24
April 8	Mark 8:34-35
April 9	Psalms 37:34
April 10	Joshua 1:7
April 11	Mark 10:27
April 12	Mark 10:43-44
April 13	Mark 11:24
April 14	Joshua 10:8
April 15	Mark 12:29-31
April 16	Mark 12:43-44
April 17	Psalms 40:16
April 18	Mark 14:8-9
April 19	Psalms 41:1-2
April 20	Joshua 21:44-45
April 21	Psalms 42:4
April 22	Joshua 24:14
April 23	Psalms 43:3-4
April 24	Acts 2:17
April 25	Psalms 44:6-7
April 26	Acts 4:11-12
April 27	Psalms 44:17-18
April 28	Acts 6:6-7
April 29	Proverbs 14:11
April 30	Proverbs 46:10-11

Find more resources,
future readings, and
prayerful playlists
online by scanning
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