

## PAUSE

Quiet yourself  
🕒 1 minute

- Find your place
- Become aware of Him

## REJOICE

Praise and thank God  
🕒 2 minutes

- Speak out praise
- Write out as prayer something you are thankful for 🖋️

## ASK

Conversation with God  
🕒 10 minutes

- Talk with Him about your day
- Read daily Bible passage
  - What is the Holy Spirit speaking to you? 🖋️ (*Listening Prayer, SMORP*)
- Intercession - My Prayers

## YIELD

Surrender to God  
🕒 2 minutes

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

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To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.  
Your Kingdom come, your will be done, on earth  
as it is in heaven. Give us this day our daily  
bread, and forgive us our debts, as we also have  
forgiven our debtors. And lead us not into  
temptation, but deliver us from evil. For yours is  
the kingdom and the power and the glory,  
forever. Amen. (Matthew 6:9-13)*

# READINGS

<b>Date</b>	<b>Readings</b>	
Dec 1	Psalm 120:1-7	1 John 2:1-11
Dec 2	Psalm 121:1-8	1 John 3:1-10
Dec 3	Psalm 122:1-9	1 John 3:11-24
Dec 4	Psalm 123:1-4	1 John 4:7-21
Dec 5	Hosea 2:16-23	1 John 5:1-12
Dec 6	Psalm 125:1-5	2 John 1:1-13
Dec 7	Hosea 6:1-6	3 John 1:1-14
Dec 8	Psalm 127:1-5	Jude 1:17-25
Dec 9	Joel 2:12-17	Rev 1:9-20
Dec 10	Psalm 129:1-8	Rev 2:1-7
Dec 11	Amos 4:6-13	Rev 3:1-6
Dec 12	Psalm 131:1-3	Rev 3:14-22
Dec 13	Obadiah 1:15-21	Rev 4:1-11
Dec 14	Psalm 133:1-3	Rev 5:1-14
Dec 15	Micah 6:6-8	Rev 6:1-17
Dec 16	Psalm 135:1-12	Rev 7:9-17
Dec 17	Nahum 1:2-13	Rev 8:1-13
Dec 18	Psalm 137:1-9	Hab 3:17-19
Dec 19	Zephaniah 3:14-20	Rev 10:1-11
Dec 20	Psalm 139:1-16	Rev 11:1-14
Dec 21	Zechariah 1:1-6	Rev 12:7-17
Dec 22	Psalm 141:1-10	Rev 13:1-10
Dec 23	Isaiah 9:2-7	Luke 1:26-45
Dec 24	Isaiah 7:14	Matt 1:18-25
Dec 25	Luke 2:1-21	—
Dec 26	Matthew 2:1-18	—
Dec 27	Zechariah 10:1-12	Rev 18:1-8
Dec 28	Psalm 147:1-11	Rev 19:1-10
Dec 29	Zechariah 14:13-21	Rev 20:11-15
Dec 30	Psalm 149:1-9	Rev 21:1-14
Dec 31	Malachi 3:6-12	Rev 22:1-21

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Find more resources,  
future readings, and  
prayerful playlists  
online by scanning  
this QR code

