

PAUSE

Quiet yourself
🕒 1 minute

- Become aware of Him

REJOICE

Praise and thank God
🕒 1 minute

- Write out as prayer something you are thankful for 

ASK

Conversation with God
🕒 7 minutes

- Talk with Him about your day
- Read daily Bible passage
 - Write out what the Holy Spirit says to you?  (Listening Prayer, SMORP)
- Intercession - My Prayers

YIELD

Surrender to God
🕒 1 minute

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth
as it is in heaven. Give us this day our daily
bread, and forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from evil. For yours is
the kingdom and the power and the glory,
forever. Amen. (Matthew 6:9-13)*

READINGS

Date	Readings
December 1	1 John 2:9-11
December 2	Psalms 121:5-8
December 3	1 John 3:16-18
December 4	1 John 4:10-12
December 5	1 John 5:4-5
December 6	2 John 1:5-6
December 7	3 John 1:2
December 8	Psalms 127:3-4
December 9	Revelation 1:12-18
December 10	Revelation 2:3-5
December 11	Psalms 130:5-6
December 12	Psalms 131:1-3
December 13	Revelation 4:9-11
December 14	Psalms 133:1-3
December 15	Micah 6:8
December 16	Revelation 7:9-12
December 17	Nahum 1:7-8
December 18	Habakkuk 3:17-19
December 19	Zephaniah 3:17
December 20	Psalms 139:13-16
December 21	Revelation 12:10-11
December 22	Psalms 141:8-10
December 23	Isaiah 9:6-7
December 24	Isaiah 7:14
December 25	Luke 2:1-14
December 26	Matthew 2:1-12
December 27	Psalms 146:5-7
December 28	Psalms 147:10-11
December 29	Revelation 20:11-15
December 30	Revelation 21:5-8
December 31	Malachi 3:10-11

Find more resources,
future readings, and
prayerful playlists
online by scanning
this QR code

