

PAUSE Quiet yourself
🕒 1 minute

- Become aware of Him

REJOICE Praise and thank God
🕒 1 minute

- Write out as prayer something you are thankful for 📖

ASK Conversation with God
🕒 7 minutes

- Talk with Him about your day
- Read daily Bible passage
 - Write out what the Holy Spirit says to you? 📖 (Listening Prayer, SMORP)
- Intercession - My Prayers

YIELD Surrender to God
🕒 1 minute

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth
as it is in heaven. Give us this day our daily
bread, and forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from evil. For yours is
the kingdom and the power and the glory,
forever. Amen. (Matthew 6:9-13)*

READINGS

Date	Readings
March 1	Leviticus 25:17
March 2	1 Corinthians 12:12-13
March 3	1 Corinthians 13:4-7
March 4	Psalms 27:4-5
March 5	1 Corinthians 14:26
March 6	Psalms 27:13-14
March 7	1 Corinthians 15:57-58
March 8	Proverbs 10:31
March 9	2 Corinthians 1:6-7
March 10	Psalms 29:3-4
March 11	Proverbs 11:5
March 12	Psalms 30:11-12
March 13	2 Corinthians 4:8-9
March 14	Psalms 31:6-7
March 15	2 Corinthians 5:17
March 16	Psalms 31:14-15
March 17	Proverbs 11:13
March 18	Psalms 31:23-24
March 19	Proverbs 11:18
March 20	Psalms 32:10
March 21	2 Corinthians 9:7-8
March 22	Psalms 33:4-5
March 23	2 Corinthians 11:3
March 24	Psalms 33:21-22
March 25	2 Corinthians 12:9-10
March 26	Proverbs 11:30
March 27	Deuteronomy 8:6
March 28	Psalms 34:11-13
March 29	Mark 2:10-12
March 30	Psalms 35:9-10
March 31	Proverbs 12:8

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