

PAUSE 1 minute

- Find your place
- Become aware of Him

REJOICE 2 minutes

- Speak out praise
- Write out as prayer something you are thankful for 

ASK 10 minutes

- Talk with Him about your day
- Read daily Bible passage
 - What is the Holy Spirit speaking to you?  (*Listening Prayer, SMORP*)
- Intercession - My Prayers

YIELD 2 minutes

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth
as it is in heaven. Give us this day our daily
bread, and forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from evil. For yours is
the kingdom and the power and the glory,
forever. Amen. (Matthew 6:9-13)*

READINGS

Date	Readings	
Oct 1	Psalm 73:23-28	John 4:4-15
Oct 2	Isaiah 66:1-2	John 4:46-54
Oct 3	Psalm 75:1-10	John 5:19-24
Oct 4	Jer 3:6-12	John 5:25-29
Oct 5	Psalm 77:1-15	John 6:1-12
Oct 6	Jer 7:1-7	John 6:35-40
Oct 7	Psalm 78:32-42	John 6:44-51
Oct 8	Jer 10:6-12	John 7:14-24
Oct 9	Psalm 79:1-13	John 7:32-39
Oct 10	Jer 15:5-9	John 8:1-11
Oct 11	Psalm 81:11-16	John 8:21-30
Oct 12	Psalm 82:1-8	John 8:39-47
Oct 13	Psalm 83:1-8	John 9:1-12
Oct 14	Jer 24:1-10	John 10:1-11
Oct 15	Psalm 85:1-13	John 10:22-38
Oct 16	Jer 29:11-14	John 11:28-44
Oct 17	Jer 30:1-11	John 12:1-8
Oct 18	Jer 31:31-34	John 12:27-36
Oct 19	Psalm 89:1-8	John 13:1-15
Oct 20	Jer 36:1-8	John 13:31-38
Oct 21	Psalm 89:46-52	John 14:15-27
Oct 22	Jer 39:11-18	John 15:1-11
Oct 23	Psalm 92:1-9	John 16:7-15
Oct 24	Jer 44:26-30	John 17:1-11
Oct 25	Psalm 95:1-11	John 18:1-11
Oct 26	Jer 50:1-9	John 19:1-16
Oct 27	Psalm 99:1-9	John 19:28-37
Oct 28	Jer 52:1-11	John 20:1-10
Oct 29	Psalm 101:1-8	John 21:15-19
Oct 30	Lam 3:19-26	Romans 1:8-17
Oct 31	Psalm 103:1-14	Romans 1:18-25

Find more resources,
future readings, and
prayerful playlists
online by scanning
this QR code

