

PAUSE 1 minute

- Find your place
- Become aware of Him

REJOICE 2 minutes

Praise and thank God

- Speak out praise
- Write out as prayer something you are thankful for 

ASK 10 minutes

Conversation with God

- Talk with Him about your day
- Read daily Bible passage
 - What is the Holy Spirit speaking to you?  (*Listening Prayer, SMORP*)
- Intercession - My Prayers

YIELD 2 minutes

Surrender to God

- Invite the Holy Spirit to fill you
- Confess sin - clean heart

To end, pray the Lord's Prayer out loud

*Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth
as it is in heaven. Give us this day our daily
bread, and forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from evil. For yours is
the kingdom and the power and the glory,
forever. Amen. (Matthew 6:9-13)*

READINGS

Date	Readings	
Sept 1	Psalm 45:1-9	Titus 3:1-11
Sept 2	Ecc1 3:1-13	Philemon 4-16
Sept 3	Psalm 47:1-9	Heb 1:1-9
Sept 4	Ecc1 8:1-13	Heb 2:14-18
Sept 5	Psalm 49:1-12	Heb 3:7-14
Sept 6	Song 2:1-7	Heb 4:12-16
Sept 7	Psalm 51:1-12	Heb 5:1-10
Sept 8	Isaiah 1:12-20	Heb 6:1-12
Sept 9	Psalm 53:1-6	Heb 7:11-17
Sept 10	Isaiah 6:1-13	Heb 7:18-28
Sept 11	Psalm 55:16-23	Heb 8:1-13
Sept 12	Isaiah 11:1-10	Heb 9:1-10
Sept 13	Psalm 57:1-11	Heb 9:11-22
Sept 14	Isaiah 17:1-11	Heb 10:1-10
Sept 15	Psalm 59:1-10	Heb 10:19-31
Sept 16	Isaiah 24:1-13	Heb 11:1-6
Sept 17	Psalm 61:1-8	Heb 11:17-28
Sept 18	Isaiah 29:13-24	Heb 12:1-11
Sept 19	Psalm 63:1-11	Heb 12:18-29
Sept 20	Isaiah 35:1-10	Heb 13:1-15
Sept 21	Psalm 65:1-13	James 1:2-15
Sept 22	Isaiah 40:1-8	James 1:19-27
Sept 23	Psalm 67:1-7	James 3:1-12
Sept 24	Isaiah 43:16-25	James 4:1-12
Sept 25	Psalm 68:19-26	James 5:13-20
Sept 26	Isaiah 49:8-18	John 1:1-14
Sept 27	Psalm 69:30-36	John 1:29-34
Sept 28	Isaiah 55:1-11	John 2:1-12
Sept 29	Psalm 71:1-11	John 3:16-21
Sept 30	Isaiah 61:1-11	John 3:22-36

Find more resources,
future readings, and
prayerful playlists
online by scanning
this QR code

