

FAMILY FUSION HANDOUT (SINGLES VERSION) “Launch Your February on Purpose”

Mission Plan

“Teach us to number our days, that we may gain a heart of wisdom.”

Psalm 90:12

STEP 1: Choose Your February Missions

Circle or check 3–6 ideas you want to launch this month. Start small—once a week is great!

MISSION 1: Time with God

Fuel Your Faith Rocket

- ☐ Daily Prayer Time
 - ☐ Bible Reading Plan (5–10 minutes a day)
 - ☐ Scripture Memory Challenge
 - ☐ Worship Night (music + prayer)
 - ☐ Journaling with God
 - ☐ Morning or Bedtime Devotion
-

MISSION 2: Community & Connection

Build Your Crew

- ☐ Attend a Life Group
 - ☐ Coffee or Lunch with a Friend
 - ☐ Invite Someone to Church
 - ☐ Call or Text Someone Encouraging
 - ☐ Game Night / Movie Night with Friends
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MISSION 3: Serve Others

Shine Your Light Beyond Yourself

- ☐ Volunteer at Church (Life Kids, Guest Services, etc.)
 - ☐ Write Encouragement Cards
 - ☐ Serve a Neighbor
 - ☐ Random Act of Kindness
 - ☐ Give or Donate to Someone in Need
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MISSION 4: Self-Care & Growth

Train Like an Astronaut

- ☐ Exercise or Walk Time
- ☐ Quiet Rest Day

- ☐ Gratitude Journaling
 - ☐ Learn Something New
 - ☐ Digital Detox Time
-

Design Your Own Missions:

- _____
 - _____
 - _____
-



STEP 2: February Launch Calendar



My February Mission Calendar

(Provide a blank February grid just like the family version, but titled “My February Launch Calendar”)

Bottom Reflection Section:



My Top 3 February Missions:

1. _____
2. _____
3. _____



One Way I Will Serve Others:



My Prayer for February:



STEP 3: Countdown Prayer

- 3 – Thank God for this season of your life
- 2 – Ask God to help you use your time wisely
- 1 – Pray for someone you will serve



Liftoff!