



FAMILY FUSION HANDOUT (SINGLES VERSION) “Launch Your February on Purpose”

Mission Plan

“Teach us to number our days, that we may gain a heart of wisdom.”

Psalm 90:12



STEP 1: Choose Your February Missions

Circle or check 3–6 ideas you want to launch this month. Start small—once a week is great!



MISSION 1: Time with God

Fuel Your Faith Rocket

- Daily Prayer Time
- Bible Reading Plan (5–10 minutes a day)
- Scripture Memory Challenge
- Worship Night (music + prayer)
- Journaling with God
- Morning or Bedtime Devotion

MISSION 2: Community & Connection

Build Your Crew

- Attend a Life Group
- Coffee or Lunch with a Friend
- Invite Someone to Church
- Call or Text Someone Encouraging
- Game Night / Movie Night with Friends

MISSION 3: Serve Others

Shine Your Light Beyond Yourself

- Volunteer at Church (Life Kids, Guest Services, etc.)
- Write Encouragement Cards
- Serve a Neighbor
- Random Act of Kindness
- Give or Donate to Someone in Need

MISSION 4: Self-Care & Growth

Train Like an Astronaut

- Exercise or Walk Time
- Quiet Rest Day

- Gratitude Journaling
- Learn Something New
- Digital Detox Time



Design Your Own Missions:

- _____
- _____
- _____

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STEP 2: February Launch Calendar



My February Mission Calendar

(Provide a blank February grid just like the family version, but titled “My February Launch Calendar”)

Bottom Reflection Section:



My Top 3 February Missions:

1. _____
2. _____
3. _____



One Way I Will Serve Others:



My Prayer for February:



STEP 3: Countdown Prayer

- 3 – Thank God for this season of your life
- 2 – Ask God to help you use your time wisely
- 1 – Pray for someone you will serve



Liftoff!