



## EXPLORING YOUR TRIBE

### SESSION TWO

**DIRECTIONS:** All of us long to have close friends who know us deeply and love us, but sometimes we don't know where to start to develop deeper friendships. This exercise is designed to help you identify some of the people around you that you might want to develop a stronger relationship with.

**STEP 1:** Identify the places and spaces where you connect with others. For example, church, small group, work, neighborhood, long time friends, kids sports teams, school, etc. Write down these places or spaces in the ovals below.

**STEP 2:** Think of the people within each space that you interact with, then list the names of 3-5 people from that space. These could be people you interact with most, or people you'd like to interact with more.

**NOTE:** *These are the people who are part of your tribe and may also be part of your team too.*

**STEP 3:** Take a moment to pray and reflect on the names that you listed. Put a star next to 3-5 people that you'd like to develop a stronger friendship with, then pick one of them that you're going to reach out to this week to connect.

CHURCH


WORK


NEIGHBORHOOD



