

JUDGING vs. BLESSING

Fight Club : Round 4 of 12 : MANUP.org

<p>JUDGING</p> <p><i>Judging is elevating yourself by putting others down.</i></p>	<p>BLESSING</p> <p><i>Blessing is building others up with your words, your actions, and your reactions.</i></p>
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JUDGING (AKA) : *Attacking, Demeaning, Bragging, Sarcasm*

Judging is _____ . . . and _____ is _____.

The Truth about Judging.

- Judging is _____ yourself by putting others _____.
- Judging assumes you're _____ and they're _____.
- Judging rarely takes the _____ to know the _____.
- Judging is the _____ of what _____ told us to do.

Luke 6

²⁷⁻²⁸ Jesus said, "Love your enemies; do good to those who hate you. BLESS those who curse you. Pray for those who hurt you.

³⁷⁻³⁸ Do not judge others, and you will not be judged. Do not condemn others, or it will all come back against you. Forgive others, and you will be forgiven. Give, and you will receive."

BLESS (*Eulogeo*) : "to praise, celebrate, favor, or prosper"

3 Ways to Be a Blessing.

1. Bless others with your _____.

1 Thessalonians 5

¹¹ Encourage each other and build each other up.

Ephesians 4

²⁹ Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

1 Peter 3

⁹ Don't repay evil for evil. Don't retaliate with insults when people insult you. Instead, pay them back with a blessing. That is what God has called you to do, and He will grant you His blessing.

Blessing is _____ God and _____ others.

HOW: Send a text, write a letter, make a call, say a prayer, call them by name, speak a word of encouragement.

2. Bless others with your _____.

1 John 3

¹⁸ Dear children, let's not merely say that we love each other; let us show the truth by our actions.

*People will know what you _____
when they see what you ____.*

James 2

¹⁶ If you say, "Good-bye and have a good day; stay warm and eat well" - but then you don't give that person any food or clothing. What good does that do?

HOW: Lend a hand, write a check, give them your stuff, host a meal, send a gift, take time to listen, don't quit.

3. Bless others with your _____.

Galatians 5

¹⁹⁻²¹ When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these.

²²⁻²³ But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

*The test of your _____ isn't your
_____ - it's your _____.*

Romans 15

² We should help others do what is right and build them up in the Lord.

Q: Will this build them up or tear them down?

Group Discussion.

Q: WHO are you most tempted to judge?

Q: What's ONE WAY you could go "out-of-your-way" to be a blessing to those you've been judging?

Q: Which 1 of these 3 do you need to work on?
Blessing others with your *WORDS, ACTIONS, or REACTIONS.*