



IceBreaker: When was the first time you remembered doing something and your immediate thought was “oh no, it’s only a matter of time before the consequences of that catch up to me”!

Introduction *(Read aloud before discussion.)*

We are looking at the last stanza of Psalm 23, and talking about what is actually following us and seeking to catch us.

Sermon Discussion *(Use as a guide for dialogue; let God lead, and read the verses aloud.)*

1. **Psalm 23:6.** What part of this stanza stands out to you and why?
2. Do you sometimes feel like something bad is following you and about to catch you? Why do you think that feeling is so common?
3. In Hebrew, the word for “follow” (**Psalm 23:6**) is *Radah*. It literally means to pursue, or to sneak up on, or to hunt like a predator hunting a sheep. Talk about that word in the context of God’s goodness and love following you.
4. How would our relationships, financial life, schedule/calendar change if we truly knew that what is chasing us down is God’s goodness, love, mercy, and provision?
5. How would it change walking through dark valleys and difficult times if we truly knew that God’s goodness, mercy, and protection are on our heels?
6. What would it look like for you to pause or stop to let God’s goodness, mercy, and acceptance catch and envelop you?
7. Why would this truth of God’s goodness following us cause our anxiety in life to diminish dramatically and be replaced by a deep peace?