

## "FROM FINANCIAL FEARS TO FREEDOM: UNLOCKING THE WISDOM OF PROVERBS"

Sermon 1: Revising the Scripts: Transforming Your Financial Story from Fear to Freedom"

Big Idea: Our money scripts influence our money decisions.

### **Proverbs 14:15**

*The simple believe anything, but the prudent give thought to their steps.' (NIV)*

### **Checking In:**

1. What were your earliest memories or experiences related to money? How do you think they have influenced your current financial beliefs?
2. What emotions come up for you when you think about money? Do you feel anxious, stressed, secure, or something else? How might these emotions impact your financial decisions?
3. What did your mother teach you about money? How did her teachings shape your current money scripts and attitudes toward money?
4. What did your father teach you about money? How did his teachings shape your current money scripts and attitudes toward money?
5. What does financial freedom look like to you? Describe the specific aspects and experiences that would make you feel financially free.
6. Are you aware of any recurring patterns or behaviors in your spending habits? What triggers these behaviors, and how do they align with your beliefs about money?
7. How do you define financial success? Is it based on material possessions, financial security, personal fulfillment, or something else? Why do you hold this definition?
8. Do you often compare your financial situation to others? How does this comparison affect your attitude toward money and your financial decisions?

9. How do you feel about investing and taking risks with your money? Are you more inclined to play it safe or take calculated risks? Why do you think you have this perspective?

## **OUR MONEY SCRIPTS INFLUENCE OUR MONEY DECISIONS.**

### **REFRAMING YOUR MONEY SCRIPTS**

1. Identify Your Current Money Script: Reflect on your ideas and feelings about money. What attitudes have you learned from your family, society, or experiences?
2. Biblical Reframing: Explore what the Bible says about money. Reflect on passages like Proverbs 14:15, Matthew 6:19-21, and 1 Timothy 6:10.
3. Compare and Reframe: Look at your current money scripts. Do they align with the Biblical principles you've just read? If not, think about changing them to reflect these principles better.
4. Practice the New Script: Choose one new money script to focus on for the next week. Remind yourself of it daily.
5. Reflect and Share: After a week, take some time to think about how this new money script has changed your thoughts and actions. Consider sharing this experience with someone you trust or with our community.

### Article

- [\*Money Scripts: Understanding Your Relationship With Money\*](#)  
By Adina Lazar

### Video

- [\*Money Scripts: An Introduction to Financial Psychology by Dr. Brad Klontz\*](#)

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