

# HIGHLIGHTS FOR THE MONTH OF FEBRUARY 2026



## MISSION VIEJO CHRISTIAN CHURCH MEETS SUNDAYS AT 9AM & 11AM!

Mission Viejo Christian Church is a life-giving church in Mission Viejo, CA with powerful worship, practical messages, and programs your kids will love!

Come worship with us on Sundays. We also offer LIVE online services simply by visiting our website at [mvcchome.org](http://mvcchome.org) to watch online.

Sundays at 9:00AM and 11:00AM



## BIRTHDAY CELEBRATIONS, THURSDAY, FEBRUARY 5TH

We love celebrating birthdays at Young at Heart! Please take a moment to **CALL, SEND A CARD** or **TEXT** birthday wishes to our wonderful friends. We celebrate their special days on the first Thursday of each month with a birthday dessert during our service time!

**A very happy birthday to: Sheryl Garrett-3, Fran Chapman-9, Marie Peppers-9, Phyllis Manke-9, Warren Benson-19, Dave Huber-22, Karen Hicks-22, and Louray Arnott-22.**

## SPREAD THE LOVE VALENTINE'S DAY PARTY, THURSDAY, FEBRUARY 12TH

*This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters. 1 John 3:16*

God gives each person the capacity to love others deeply, truly, honestly, and with no strings attached. We know God calls us to share His love with others and that's what we are going to do! Invite a friend!



## COMFY & COZY DAY, FEBRUARY 19TH

Do you have a favorite furry blanket, pillow or fluffy slippers you enjoy having when you feel like being comfy & cozy? If so, bring it with you on this day as we enjoy a comfy, cozy, warm & toasty morning as we partake in a coffee & cocoa bar.

## GREAT CHILI COOK-OFF, THURSDAY, FEBRUARY 26TH

You don't want to miss this day! It's our **Annual Chili Contest** and it will be good! If you make a great chili, then enter it in our **CHILI CONTEST!** Bring a crockpot filled with your fav chili for all to enjoy. Our judges will select **4 winners!** **Then we eat!** *We'll have all the fixings ready to go! (Cornbread, cheese, sour cream, chives, chips and lemonade!)* **Sign up by 2/19 to enjoy the chili \$5/pp. Enter your chili by 2/19.**



## YOUNG AT HEART...WHERE FRIENDS BECOME FAMILY

Young at Heart meets  
Thursdays from 9:00AM–11:00AM

**BRING A FRIEND... They are Always Welcome!**  
For more info, contact Mary at  
[Maryokida@gmail.com](mailto:Maryokida@gmail.com) or 949-933-6521



27192 Jeronimo Road, Mission Viejo, CA 92692

[www.mvcchome.org](http://www.mvcchome.org)

Sunday Services @ 9 & 11AM

Sunday Service live ONLINE



FEBRUARY 2026

YOUNG AT HEART MINISTRY OF MISSION VIEJO CHRISTIAN CHURCH

## UPCOMING EVENTS

### FEBRUARY BIRTHDAYS

Sheryl Garrett	3
Fran Chapman	9
Marie Peppers	9
Phyllis Manke	9
Warren Benson	19
Dave Huber	22
Karen Hicks	22
Louray Arnott	22

## CALENDAR

### FEBRUARY 5TH BIRTHDAY CELEBRATIONS

### FEBRUARY 12TH SPREAD THE LOVE VALENTINE'S PARTY

### FEBRUARY 19TH COMFY & COZY DAY

### FEBRUARY 26TH NATIONAL CHILI DAY CONTEST



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## LOVE HAS TO BE MORE THAN JUST AN EMOTION.... IT'S AN ACTION!

*"This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters." 1 John 3:16*

Love is an action, not just an emotion or feeling—and Jesus's sacrifice is the ultimate proof of this level of love. The way in which he *'laid down his life for us'* shows the true measure of what unconditional love really is, and it's the north star that we should practice measuring up to, as believers.

To lay down your life for someone doesn't necessarily mean death like Jesus. Rather, it represents sacrificial service and action—to put someone before yourself, to help when you can, to be more selfless, to receive God's love and spread it to others, to give without the need to have it reciprocated. What this ultimately means is that we need to remove all the conditions that prevent us from loving one another—we no longer act in ways that feel self-serving, we stop trying to prove something, and we give without the need to ever receive anything in return.

This is the difference between *worldly* love and *sacrificial* love—when we give up the parts of ourselves that operate from the ego, we move from needing to be loved to actively loving others. We do so, not because of what it will lead to, but because the love that we receive from God is so huge, and so beautiful, that we learn to spread it wherever we can.

1 John reminds us, *'This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters.'* When we understand the depth of Christ's love for us, it transforms how we love others—moving us from self-centered living to sacrificial service for others that reflects the true heart of God.

Love is a choice expressed through action, especially when action is costly. Romans 5:8 tells us that God demonstrates His love not through sentiment, but through sacrifice: *"While we were still sinners, Christ died for us."* Our worthiness or responsiveness did not drive that act, but by His character and commitment. Biblical love is not measured by how deeply it feels in the moment, but by how faithfully it gives when it would be easier not to.

May the closeness of God in our lives help us to permeate the Love of God in our marriages, in our families, and in our friendships. In that closeness, may our love be steadfast, more patient, and more generous with those God has called us to. May we love, not from a place of expectation, but simply because we are God's children, fully known and fully loved. And to a watching world, may they recognize Him, by the way we love.

### Let's Pray:

*Father, help me to love as you love. A steady love, one that doesn't keep records of wrongs. May I always remember what you did on the cross, perfect love- a sacrificial love. Thank you for allowing me to understand the depth of Your sacrificial love for me. Lord, my desire and willingness to lay down my life for others has grown and today, I commit to sacrificial service in my daily relationships—help me spread the love that you freely give to me. And help the way I love others be a testimony to a watching world on how to love like You. In Jesus' name, Amen.*

## OUR HIGHEST CALLING AS SEASONED PEOPLE

We are so blessed to be surrounded by so many "seasoned" older people in our lives. But have you ever considered how many younger people you have in your life? Do they have anyone in their lives to teach them and show them the way to godly living? Anyone in their lives to encourage them to pursue God's calling? Wouldn't that be sad if they had no one?

I hope and encourage you to commit your life to becoming one of God's precious "seasoned" people in the Lord, who is willing to pour into the life of someone spiritually younger than you, be it a year or ten or twenty. To be a teacher that imparts wisdom and encourages others is God's will for your life. It's one of God's highest callings. Share what is excellent, and what is good. There's a sweet, sweet spiritual blessing as you encourage someone to greater love and greater works of love. The person you are pouring into will be blessed... and you will be blessed. My greatest desire for you is that you become a person who pleases God!

*Father, give me the confidence and outgoing spirit I need to reach out to others in Your name, to share Your love and wisdom. Show me how to speak and what to say. My desire is to please You. Amen.*

Such a fun **National Puzzle Day** with one person taking the "Master Puzzler" Title...



Sharen Tait took top honors completing her final puzzle in 54 min. Candy Olivier took 2nd place. Great job to all!



## WHAT OUR Y@H FOLKS HAVE BEEN DOING...



Just a few of the many hats worn on **National Hat Day!**



So many pies, so little time! **Love that Pie Day!**



Celebrating our February Birthday Friends!



## HAPPY BIRTHDAY TO OUR FEBRUARY BORN FRIENDS!



**SHERYL GARRETT-3**

**FRAN CHAPMAN-9**

**MARIE PEPPERS-9**

**PHYLLIS MANKE-9**

**WARREN BENSON-19**

**DAVE HUBER-22**

**KAREN HICKS-22**

**LOURAY ARNOTT-22**

## SUPERBOWL LX TAILGATE PARTY! FEBRUARY 5, 2026



**SUPER BOWL FINAL SCORE:**  
SEATTLE SEAHAWKS 29  
NEW ENGLAND PATRIOTS 13

### MATTHEW 28:19-20

Our MISSION at MVCC focuses on the big picture...  
"Reaching people with the Good News of Jesus Christ to make disciples who make disciples."

**REAL. LOVE. ON MISSION.**

A vibrant Church where REAL discipleship happens, where LOVE is on display and lives are released  
**ON MISSION** for Christ!

### BEST WAY TO STAY CONNECTED WITH US!

Many communications are sent via email, text or calls, so please keep us informed if your info changes! Be sure to read your Heartbeat Newsletter and Monthly Calendar to see how you can worship & connect with friends at Young at Heart & MVCC.

Send your phone, email, address updates or photos to:  
949-933-6521 [Maryokida@gmail.com](mailto:Maryokida@gmail.com)