

Dealing with Temptations

1 Corinthians 10:12-13

Did you know the way we deal with temptations speaks volumes to our defense of the gospel? Although we may feel overwhelmed and or discouraged by them, the Bible teaches us that God is always there to help us overcome. In a portion of his letter to the church at Corinth, Paul warned the saints not to get too prideful with temptation and encouraged them to trust God in the midst of it. How are you dealing with your temptations?

“No one undergoing a trial should say, “I am being tempted by God,” since God is not tempted by evil, and he himself doesn’t tempt anyone. But each person is tempted when he is drawn away and enticed by his own evil desire.” -James 1:13-14

How to Deal with our Temptations

- **Beware of Falling (v. 12-13a)**

- **Be Sensitive to God’s Faithfulness (v. 13b)**

- **Be Ready to Flee (v. 13c)**

Application

- ✓ The next time you are being tempted to sin, recognize those people and situations and run away from anything you know is wrong.

- ✓ In your prayer time, ask God to make you sensitive to His promptings and ways to escape temptations

Meditate on the following scriptures: Proverbs 26:12; Matthew 4:1-11; Mark 14:38; Ephesians 4:27; 2 Peter 2:9

“For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has been tempted in every way as we are, yet without sin. Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need.” -Hebrews 4:15-16