

*...encourage one another and build one another up*

**1 THESSALONIANS 5:11**

**The purpose of D-Groups is for a group of believers to regularly gather and challenge one another to become better disciples of Jesus.**

### **D-GROUP RHYTHM**

**MEET WEEKLY OR BI-WEEKLY**

#### **FELLOWSHIP**

 **10 Minutes**

Begin by catching up. Have each person share his or her "high" and "low" since you last met.

#### **SCRIPTURE MEMORY**

 **5-10 Minutes**

After everyone quotes the memory verse(s), discuss what stood out to you about the verse(s).

#### **BIBLE READING**

 **20-30 Minutes**

Discuss: What stood out to you most, and why? What did the readings reveal about God? How were you challenged or encouraged? How will you respond?

#### **ACCOUNTABILITY**

 **10-20 Minutes**

How have you struggled this week? When is the struggle occurring? Why is it happening?

#### **PRAYER**

 **10-15 Minutes**

Share specific and personal requests and the name of a lost person you are committed to sharing the gospel with.

# **D - G R O U P S**

## **How to Form Your D-Group**

### **Step One**

Identify 2-3 people you will invite into your group.

### **Step Two**

Invite each of them into your group.

### **Step Three**

Set a date, time, and location for your first meeting.

### **Step Four**

Let FBC know about your group at [fbcch.com/dgroup](http://fbcch.com/dgroup)

## **How to Find a D-Group**

Need help finding others to be part of your group? Fill out a form at [fbcch.com/dgroup](http://fbcch.com/dgroup) and we will help you get connected with others wanting to form a group.

## **The First Meeting**

- Decide on a Bible plan you will read together. We suggest using an F260 plan (qr code link is at the bottom of the page).
- Decide how often, what time, and where your D-Group will meet.
- Briefly share your testimonies with one another.
- Share specific areas of your spiritual life that you would like to see strengthened through being in the D-Group.

## **D-Group Covenant**

*During the duration of this group, I will do my best to...*

- Give myself fully to the Lord during this time as I anticipate a season of accelerated spiritual transformation.
- Commit to this group and consider how I may best spur others on in their relationship with Jesus.
- Meet weekly (bi-weekly) with my D-Group. When unable, I will stay involved through sharing insights and prayer requests.
- Commit to the four weekly disciplines: Bible reading, Scripture memory, Accountability, and Prayer.
- Contribute to a group atmosphere of confidentiality, honesty, and transparency.
- Pray every week for the other members of my D-Group and those in my life who don't know Jesus.

[D-Groups Page](#)

[F260 Reading Plans](#)

