

...encourage one another and build one another up

1 THESSALONIANS 5:11

The purpose of D-Groups is for a group of believers to regularly gather and challenge one another to become better disciples of Jesus.

## D-GROUP RHYTHM

MEET WEEKLY OR BI-WEEKLY

### FELLOWSHIP

🕒 10 Minutes

Begin by catching up. Have each person share his or her "high" and "low" since you last met.

### SCRIPTURE MEMORY

🕒 5-10 Minutes

After everyone quotes the memory verse(s), discuss what stood out to you about the verse(s).

### BIBLE READING

🕒 20-30 Minutes

Discuss: What stood out to you most, and why? What did the readings reveal about God? How were you challenged or encouraged? How will you respond?

### ACCOUNTABILITY

🕒 10-20 Minutes

How have you struggled this week? When is the struggle occurring? Why is it happening?

### PRAYER

🕒 10-15 Minutes

Share specific and personal requests and the name of a lost person you are committed to sharing the gospel with.

# D - GROUPS

## How to Form Your D-Group

### Step One

Identify 2-3 people you will invite into your group.

### Step Two

Invite each of them into your group.

### Step Three

Set a date, time, and location for your first meeting.

### Step Four

Let FBC know about your group at [fbcch.com/dgroup](http://fbcch.com/dgroup)

## How to Find a D-Group

Need help finding others to be part of your group? Fill out a form at [fbcch.com/dgroup](http://fbcch.com/dgroup) and we will help you get connected with others wanting to form a group.

## The First Meeting

- Decide on a Bible plan you will read together. We suggest using an F260 plan (qr code link is at the bottom of the page).
- Decide how often, what time, and where your D-Group will meet.
- Briefly share your testimonies with one another.
- Share specific areas of your spiritual life that you would like to see strengthened through being in the D-Group.

## D-Group Covenant

*During the duration of this group, I will do my best to...*

- Give myself fully to the Lord during this time as I anticipate a season of accelerated spiritual transformation.
- Commit to this group and consider how I may best spur others on in their relationship with Jesus.
- Meet weekly (bi-weekly) with my D-Group. When unable, I will stay involved through sharing insights and prayer requests.
- Commit to the four weekly disciplines: Bible reading, Scripture memory, Accountability, and Prayer.
- Contribute to a group atmosphere of confidentiality, honesty, and transparency.
- Pray every week for the other members of my D-Group and those in my life who don't know Jesus.

D-Groups Page



F260 Reading Plans

