

# Life Group Lesson

## Going the Distance in Relationships - Week of Jan. 25

### Introduction

Relationships are hard work. Investing in people, trying to understand those around us and loving the unlovable can be stressful at best. However, we were created by God for relationships and there is nothing more rewarding and needed in our lives than healthy relationships.

- 1) Our text today says, “When Moses grew up...” Share a few sentences about where you grew up and what was one positive memory you have of the place or a place, where you grew up.
- 2) Name a person, leader, teacher, coach or boss who believed in you and tried to encourage you in your journey. Share one or two things she or he did that blessed you.
- 3) Name a couple, or even a family, who has exhibited an honorable marriage with some evidence of “Going the Distance” in valuing each other, honoring their spouse and working together to build a semi-healthy relationship (no marriage is perfect.)

### Background:

Our text in Genesis begins with God’s Divine Design for relationships by creating us “in His image both male and female”. This imagery is so full of beauty and great doctrine for in front of the Living God was a reflection of the Lord. Our maleness and femaleness is a reflection of God’s nature. Our “free will” and our ability to love all comes from God. When sin came into the world this image was nearly destroyed, yet there remains a tiny part of us that longs for the “Image of God” to be restored in each of us. So, the second Adam, Jesus Christ makes this restoration possible. However, before Jesus we can glean some powerful principles of how to “grow up spiritually” into healthy relationships with God first and one another.

### Read Hebrews 11: 24-27

“<sup>24</sup> Then after *Moses grew up*, his faith made him refuse to be called the king’s grandson. <sup>25</sup> He chose to be mistreated with God’s people instead of having the good time that sin could bring for a little while. <sup>26</sup> Moses knew that the treasures of Egypt were not as wonderful as what he would receive from suffering for the Messiah, and he looked forward to his reward. <sup>27</sup> Because of his faith, Moses left Egypt. Moses had seen the invisible God and wasn’t afraid of the king’s anger.”

### Principles and Applications

#### A) The treasures of the world pale in comparison to the joy and peace of living for God.

Share a few examples in your group of how the “treasures” of this world can take us off course and keep us from experiencing God’s redemptive plan for our lives.

#### B) He discerned the brief pleasures of sin only left one more empty and lonely the next day.

Name how good things that God has given us, like our appetites of food, significance, sex, and romance can get off course when we don’t live into God’s design.

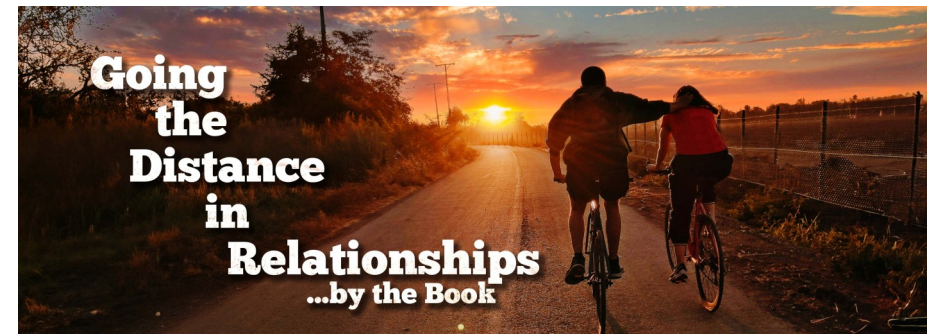
#### C) Moses was able to overcome his fear of human rejection by receiving God’s acceptance.

He didn’t fear Pharaoh’s anger, but he didn’t want to displease God. He was more concerned about pleasing God than pleasing other human beings, the bondages and chains fall off and your heart becomes free when you put God first. Give some examples of how we so fear the rejection of other humans that we neglect putting God first? How can we stay on track, not trade our devotion for God, or place our desire to please people above all else?

D) By loving and receiving the love of our heavenly Father enables us to truly love others.

Name some practical ways that Christ Church can share God's love in practical ways to let others know that we care for them, their families and our community.

Pray for one another to love others as God has loved us.



**Text: Genesis 2:18-25, Hebrews 11:24-27,  
Genesis 44:18-34, 45:1-6**

## Plain Truth

\_\_\_\_\_ in Christ enables us to \_\_\_\_\_ up as  
both \_\_\_\_\_ and \_\_\_\_\_ of God.

- A. The \_\_\_\_\_ of the world \_\_\_\_\_ in comparison to the joy and peace of \_\_\_\_\_ for God.
- B. He discerned the brief \_\_\_\_\_ of sin only left one more \_\_\_\_\_ and \_\_\_\_\_ the next day.
- C. Moses was able to overcome his fear of human rejection by \_\_\_\_\_ God's \_\_\_\_\_.
- D. By \_\_\_\_\_ and \_\_\_\_\_ the love of our heavenly Father enables us to truly \_\_\_\_\_ others.

### One Year Bible Reading For This Week:

January 25: Genesis 50:1 - Exodus 2:10, Matthew 16:13-17:9, Psalm 21:1-13, Prov. 5:1-6  
January 26: Exodus 2:11-3:22, Matthew 17:10-27, Psalm 22:1-18, Proverbs 5:7-14  
January 27: Exodus 4:1-5:21, Matthew 18:1-20, Psalm 22:19-31, Proverbs 5:15-21  
January 28: Exodus 5:22-7:25, Matthew 18:21-19:12, Psalm 23:1-6, Proverbs 5:22-23  
January 29: Exodus 8:1-9:35, Matthew 19:13-30, Psalm 24:1-10, Proverbs 6:1-5  
January 30: Exodus 10:1-12:13, Matthew 20:1-28, Psalm 25:1-15, Proverbs 6:6-11  
January 31: Exodus 12:14-13:16, Matthew 20:29-21:22, Psalm 25:16-22, Prov. 6:12-15

**January 25, 2026**