



Text: Genesis 39:6-20

### Plain Truth:

Successful relationships sow \_\_\_\_\_ and weed out \_\_\_\_\_.

1. Going the distance mandates our awareness to \_\_\_\_\_ and entitlement mentality.
2. Going the distance is being \_\_\_\_\_ with your spouse but never \_\_\_\_\_ with last year's \_\_\_\_\_.
3. Going the Distance requires our willingness to identify \_\_\_\_\_ and claim \_\_\_\_\_ in Christ.
4. Going the distance is a \_\_\_\_\_ to rise to a \_\_\_\_\_ level of spiritual and emotional \_\_\_\_\_.

### Action Steps:

- a. Name how persons are \_\_\_\_\_ in our \_\_\_\_\_ today
- b. \_\_\_\_\_ one or two outstanding \_\_\_\_\_ about your spouse.
- c. What is the one \_\_\_\_\_ you would like to \_\_\_\_\_ about your marriage right now? What is \_\_\_\_\_ you and your spouse from \_\_\_\_\_ on this?
- d. How can you take your acts of \_\_\_\_\_, your acts of \_\_\_\_\_, or tangible signs of your \_\_\_\_\_ to the next level this week, this month for your spouse?

### One Year Bible Reading For This Week:

Feb. 15: Exodus 39:1-40:38, Mark 1:1-28, Psalm 35:1-16, Proverbs 9:11-12  
Feb. 16: Leviticus 1:1-3:17, Mark 1:29-2:12, Psalm 35:17-28, Proverbs 9:13-18  
Feb. 17: Leviticus 4:1-5:19, Mark 2:13-3:6, Psalm 36:1-12, Proverbs 10:1-2  
Feb. 18: Leviticus 6:1-7:27, Mark 3:7-30, Psalm 37:1-11, Proverbs 10:3-4  
Feb. 19: Leviticus 7:28-9:6, Mark 3:31-4:25, Psalm 37:12-29, Proverbs 10:5  
Feb. 20: Leviticus 9:7-10:20, Mark 4:26-5:20, Psalm 37:30-40, Proverbs 10:6-7  
Feb. 21: Leviticus 11:1-12:8, Mark 5:21-43, Psalm 38:1-22, Proverbs 10:8-9

February 15, 2026

# Life Group Lesson

Going the Distance in Relationships - Week of Feb. 15

**Read: Genesis 3:1-24**

**Further Study: John 8:34-51, 1 Peter 5:8-9, Colossians 3:12-19**

**Goal:** To become aware of the entitlement mentality so prevalent in our culture today. To learn to be content with your spouse, though 'never satisfied with last year's results.'

- When things aren't going well, we often default to the dangerous mindset that the grass will be greener in another field. Why do you think people so often look for 'greener grass'?
- What are two outstanding qualities about your spouse?
- What is one temptation couples must overcome today?

## Digging into the Bible

- From the beginning our Enemy (the serpent) has tried to plant doubt in the minds of God's people. It is an age-old lie the devil says to us today: "Did God really say...you can't trust God; you can't trust God's Word." Jesus says the devil has been a murderer from the beginning and hates the truth because there is no truth in him (John 8:44). What lies have threatened to destroy your marriage and your home?
- What does 1 Peter 5:8-9 say about our Enemy, the devil?

## Going Deeper & Action Steps

- What is one area you would like to change about your marriage right now? What can you agree on with your spouse and what needs to change in you?
- How can you take your acts of service and love (tangible signs of your devotion) to the next level this week, this month with your spouse?

**Prayer Time** - Pray for the "one thing" that needs to change in you and for your spouse.