

A CITY-WIDE PRAYING, FASTING, AND PREACHING MOVEMENT
CALLING THE CHURCH ACROSS HOUSTON TO WALK WITH JESUS

AWAKEN HOUSTON

LIGHT UP THE CITY

FEBRUARY 18 — APRIL 5, 2026

HOW TO PRAYER WALK

A DIGITAL GUIDE

PRAYER EVERYWHERE: PRAYING ON-SITE WITH INSIGHT

During this Lenten season, you are invited to prayer walk the streets of Greater Houston alongside thousands of other followers of Jesus. As we walk and pray together, we trust God to bring quiet but powerful transformation — day by day, street by street, and heart by heart.

We encourage you to connect with the Awaken Houston initiative (awakenhouston.org) and use the Holy Here app (holyhere.com) to track your prayer walks and join the growing movement of prayer across our city.

Prayer walking is simply praying on site with insight. There is no single formula or method. Throughout history, God’s people have prayed in many different ways, and there is nothing magical about the act of walking itself. Rather, God’s Spirit helps us pray with persistent spontaneity in the very places where we long to see Him move.

As we prayer walk, we draw near to the people and places for whom we are praying. Being physically present sharpens our focus, deepens compassion, and helps us pray more specifically for homes, families, schools, churches, and neighborhoods. Prayer walking also allows God to shape our hearts for our city as we learn to see it through His eyes.

“There is not a square inch in the whole domain of our human existence over which Christ, who is Sovereign over all, does not cry, ‘Mine!’” — Abraham Kuyper

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WHY PRAYER WALK?

Prayer walking is rooted in Scripture and God's mission in the world:

Unity in Christ

John 17 | Jesus prayed that His people would be one so the world would know Him. As we walk together, we live out that prayer.

God's Glory

Matthew 5; Habakkuk 2:14 | We walk so that God's light and glory would fill every corner of our city.

The Great Commission

Matthew 28 | As we go, we pray for disciples to be made. In Houston, the nations are already among us.

Prayer walking also helps us grow spiritually as God renews our faith, focuses our prayers, and forms us into people of compassion and mission.



HOW TO PRAYER WALK

Pray with God's Spirit

Invite the Holy Spirit to guide your steps and your prayers. Pay attention to what He brings to mind, especially in moments of silence.

Pray with God's Word

Read Scripture aloud or carry a verse with you as you walk. Let God's Word shape and anchor your prayers.

Pray with Purpose

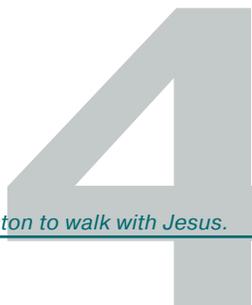
Use your senses to observe what is around you—the sights, sounds, and needs of the area—and pray specifically for what you see.

Pray Alone or with Others

You may prayer walk alone, but many find that praying with one or two others brings focus and encouragement.

Be Consistent

Prayer walking the same areas regularly often deepens spiritual insight and strengthens love for the community.



WHEN YOU'RE UNABLE TO WALK PHYSICALLY

Not everyone is able to prayer walk in a physical sense and that does not limit participation in God's work of prayer. Whether due to illness, disability, age, or other circumstances, every person is invited to fully take part in this movement of intercession.

For some, this may look like a virtual prayer walk using tools such as Google Maps or Street View to journey through neighborhoods, schools, parks, or other areas of our city. As you "walk" digitally, observe what you see and pray intentionally for the people and places you encounter.

For those who are able to walk, this is an invitation to consider how you might intentionally engage and include friends who cannot walk physically, praying together in community or walking on behalf of others.

In Luke 5:17–26, a paralyzed man encountered Jesus because faithful friends carried him in faith, showing us that seeking and following Jesus is something we do together. Whether walking alone, with others, or praying in different ways, everyone is invited to participate, and every prayer matters.



PRAYER POINTS AS YOU WALK

Pray intentionally for the places and people you encounter:

- **Schools & Universities**

For students, teachers, and administrators to flourish and encounter Christ

- **Churches**

For unity, revival, and bold witness

- **Businesses**

For integrity, provision, and blessing

- **First Responders**

For safety, wisdom, and peace

- **Run-Down Buildings or Empty Lots**

For renewal, hope, and redemption

- **Neighborhoods & Homes**

For families to know Christ and experience peace

- **Parks & Community Spaces**

For these places to be filled with life and gospel impact

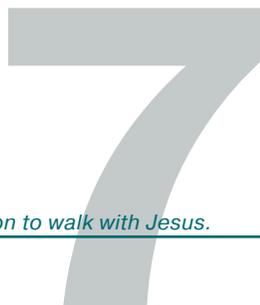


PRAYING AGAINST STRONGHOLDS

As you walk, you may become aware of brokenness, injustice, or spiritual darkness. When you sense these realities, pray with faith and authority in Jesus' name:

- **for light to overcome darkness (John 1:5)**
- **for chains of addiction, fear, violence, greed, or division to be broken**
- **for peace and justice to replace oppression and corruption**
- **for Christ to reign in places where He is not yet acknowledged**

We do not walk in fear, but in faith, trusting that *"He who is in us is greater than he who is in the world"* (1 John 4:4).



ENGAGING PEOPLE ALONG THE WAY

Be respectful, gentle, and Spirit-led. If the opportunity arises, consider simple invitations such as:

- **“We’re walking and praying over our city. Is there anything we can pray for you or your family about?”**
- **“We’re asking God to bless this neighborhood. Is there a specific way we can pray for you today?”**
- **“We’re praying for our city during this season. How can I pray for you?”**

Prayer walking is not about forcing conversations, but about being *available, attentive, and obedient* as God opens doors.



**AS WE PRAYER WALK
[PHYSICALLY OR VIRTUALLY]
WE TRUST GOD TO
QUIETLY BRING
TRANSFORMATION
DAY BY DAY,
STREET BY STREET,
AND HEART BY HEART.**

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