



PATHFINDER BIKE-A-THON OFFICIAL GUIDE

April 12, 2026 / South Ridge, Sutter

I. EVENT OVERVIEW

- **Date:** Sunday, April 12, 2026
- **Time:** 8:00 a.m. (Track Opens) – 4:00 p.m. (Track Closes)
- **Location:** South Ridge Estates, 9413 S Butte Rd, Sutter, CA 95982
- **Eligibility:** Open to Pathfinders, staff, and guests (minimum 10 years old or in 5th grade).
- **Sanction:** Special event insurance is provided and paid for by the NCC Pathfinder Department.
- **Recognition:** Every rider and registered helper will receive an official Bike-a-thon pin.

Event Goals

- **Honor Completion:** Fulfill the 10 or 50-mile requirement for the Cycling Honor (20 or 100-mile for the Advanced Cycling Honor).
- **Local Impact:** Raise essential funds to support the local Club and its youth programs.
- **Conference Support:** 35% of total funds support NCC Coordinator services, event operations, and mission projects.

PHASE 1: PRE-EVENT PREPARATION

Registration & Deadlines

- **Club Registration:** Online registration must be completed by March 29, 2026, to ensure accurate rental quantities and insurance coverage.
- **Food Booths:** Online applications are due by March 29, 2026.
 - **Sales Policy:** Food or drink items may only be sold in the Food Court, NOT at Club Headquarters.
 - **Requirements:** Prior reservation is required. Fees include a \$25 fee + \$25 refundable deposit (payable at event).
 - **Menu:** Strictly NO caffeine and NO meat.

Sponsorship & Fundraising

- **Eligibility:** Each rider must have at least five (5) sponsors.
- **Pledge Types:** Sponsors may choose a **per-mile rate** (e.g., \$0.25/mile) or a **flat fee** (e.g., \$20.00).
- **The Goal:** Standard participants aim for 10–50 miles; those pursuing the Advanced Honor may ride 20 or 100 miles.
- **Forms:** Only official NCC forms are accepted. Download at: nccsdayouth.com/pathfinder-events



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The Two-Envelope Requirement (Action Required)

To avoid delays at the registration table, Directors must organize paperwork exactly as follows:

1. **Duplicate:** Make a copy of every Pathfinder's completed sponsorship form.
2. **Alphabetize:** Sort both sets (Originals and Copies) alphabetically by first name.
3. **Separate Envelopes:** Prepare **two (2) large manila envelopes**, both clearly labeled with your **Club Name**.
 - **Envelope 1 (Originals):** To be kept by the Conference.
 - **Envelope 2 (Copies):** To be used by the Area Coordinator and returned to the Club before departure.

Equipment & Health Safety

- **Identification Bibs:** Prepare a specific ID bib for each rider. Bibs must be **CLOTH—NO PAPER**. (See the pattern and codes in this packet).
- **Medical Releases:** Each Club **MUST** have a signed Medical Release/Consent Form from each Pathfinder's parent or guardian on hand at the event.
- **Bicycle Safety:** Directors must ensure every bike is safe (Tires, Brakes, Drive Train, Hardware). Unsafe bikes will be pulled from the track. A Bicycle Inspection List PDF is included in this Official Guide to document the safety check for every bike in your club..

Rider Orientation & Education

- **Rules Familiarization:** Clubs should hold a meeting prior to the event to familiarize all riders with the Bike-a-thon rules, safety policies, and track etiquette.
- **Quick Reference:** **A Rider's Quick Rules PDF** is included in this Official Guide. We recommend printing copies for each Pathfinder to keep in their gear or at their HQ station.

PHASE 2: EVENT DAY LOGISTICS

Upon arrival, follow parking attendants' directions. Do not unload at the entrance; wait until parked.

Step 1: Director Check-In

The Director must deliver the **two manila envelopes** and a signed **Pet Policy** to the Area Coordinator to receive:

- **Orange Wristbands:** For all Riders (Required for track entry).
- **Green Wristbands:** For Support Staff, Volunteers, and Guests.
 - ⚠ **IMPORTANT:** Improperly prepared envelopes **will delay your Club's starting time.**



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Step 2: Club Headquarters Setup

Establish your base of operations along the designated areas of the track. This serves as your riders' hub for resting, tracking, and repairs.

- **Tracking Station:** Set up a table for your adult checkers to manage the **Rider Mileage Trackers**.
- **Safety & Sun Protection:** Keep a basic first aid kit handy for minor scrapes. Have plenty of sunscreen on hand and encourage riders to reapply throughout the day; eight hours on the track can lead to severe sunburns!
- **Fuel & Hydration:** Having a steady supply of water, sports beverages, and healthy snacks (like fruit or granola bars) at your HQ is essential to keep riders energized and hydrated throughout the day.
- **Pro-Tip:** The "Pit Crew" Station: Set up a dedicated repair area with a floor pump, extra tubes, and a basic multi-tool.
 - 💡 Remember: Most "track-side" retirements are caused by simple flat tires. With a prepared pit crew, these can be fixed in 5 minutes, getting your Pathfinder back on the track to reach their goal!

Step 3: Rider Readiness

A Pathfinder or guest may only enter the track once they have met the following requirements:

1. **Safety:** An appropriately sized bicycle and a DOT-approved helmet (mandatory).
2. **Identification:** A Cloth Identification Bib securely fastened to their clothing (no paper bibs).
3. **Verification:** An Orange Wristband snugly fastened to the right wrist.
4. **Documentation:** A signed Medical Release/Consent Form must be physically present and filed at the Club HQ.
5. **Tracking:** A designated Rider Mileage Tracker form set up and ready to track at Club HQ.
6. **Official Start:** No riders are allowed on the track before it is officially opened by Pathfinder Administration at 8:00 a.m.

PHASE 3: TRACK RULES & SAFETY

- **Safety Patrol (BSP):** Staff in orange vests have full authority to remove reckless riders.
- **Restricted Areas:** No bikes within 25 feet of the Coordinator's table, First Aid, Food Court, or Restrooms.
- **Electronics:** Per CA Vehicle Code 27400, no headphones or earplugs are allowed while riding.
- **No Pets:** Strictly prohibited. Violations result in a \$100 Club fine.



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PHASE 4: SUPPORT & AWARDS

- **Services:** Conference First Aid is on-site. A vehicle will patrol the track to transport broken bikes back to Club HQs.
- **Medallions:** Gold (\$1,000+), Silver (\$750–\$999), Bronze (\$500–\$749).
- **Trophies:** Awarded for most money earned and most miles ridden at the Conference level.
- **Late Forms:** Forms received after July 1, 2026 will not be eligible for medallions or trophies.

PHASE 5: POST-EVENT REQUIREMENTS

To receive 100 Club Points, submit the following to the NCC Pathfinder Department by June 14, 2026:

- **35% Contribution:** A check for 35% of the total funds collected. 45% if paid AFTER June 14, 2026.
- **Report Form:** A completed official Bike-a-thon Report.
- **Forms:** Only official NCC forms are accepted. Download at: nccsdayouth.com/pathfinder-events



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DIRECTIONS

South Ridge Estates

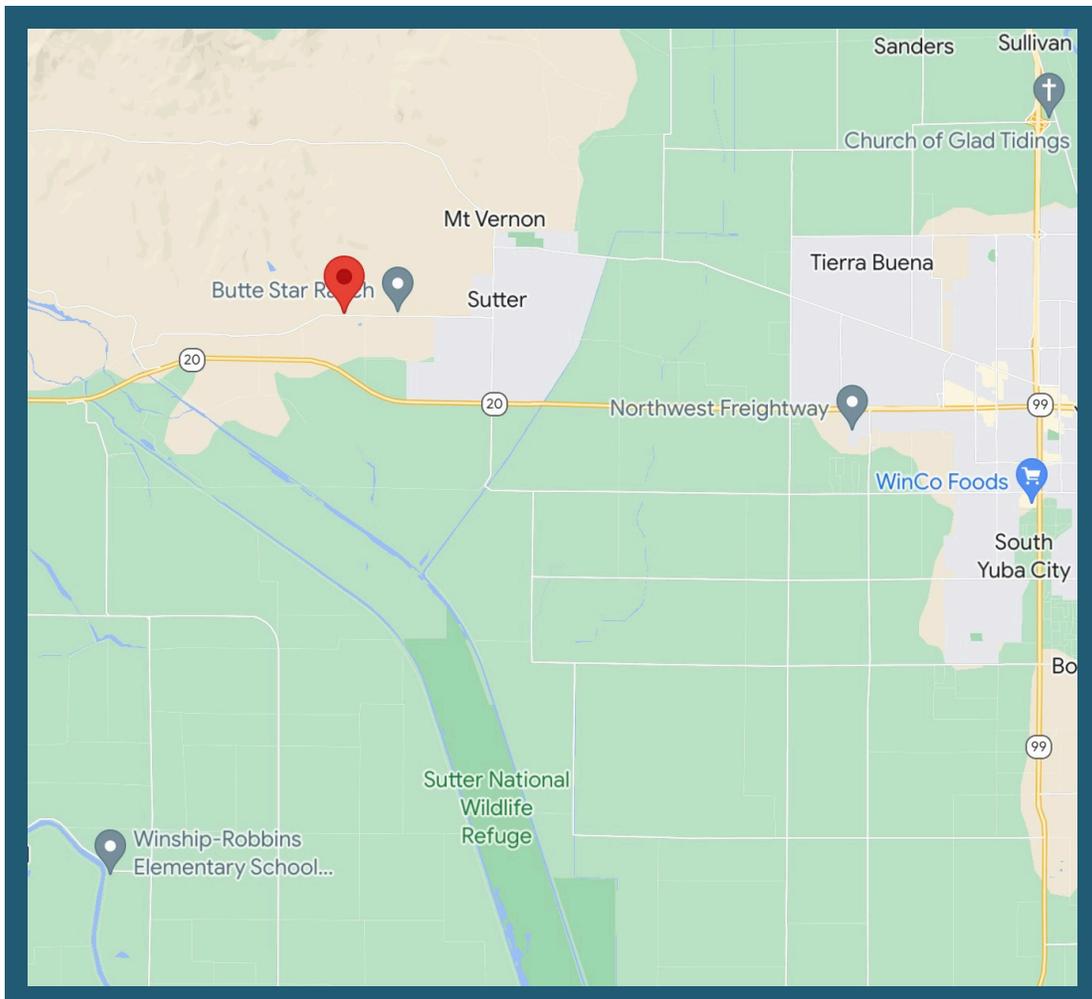
9413 S Butte Rd, Sutter, CA 95982

Take Highways 99 or 65 to Marysville or Yuba City until you reach HWY 20

Go West on Hwy 20 to Wyncoop Rd

Go North on Wyncoop Rd until S. Butte Rd

Follow signs to Bike-a-thon Area and Parking



Northern California Conference of Seventh-day Adventists

Pathfinder Department

2100 Douglas Blvd, Roseville, CA 95661 | P.O. Box 619015 Roseville, CA 95661-9015 | 916.886.5600 | pathfinders@nccsda.com



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AREA & CLUB CODING

Area 1 – North Coast

Crescent City	1-CC
Fortuna	1-FO
Hayfork	1-HA
McKinleyville	1-HB
Scotts Valley	1-SV

Area 2 – North Valley

Anderson	2-AN
Palo Cedro	2-PC
Red Bluff	2-RB
Redding	2-RE

Area 3 – Sierra Foothills

Auburn	3AU
Carmichael	3-CA
Colfax	3-CO
Georgetown	3-GT
Gracepoint	3-RL
Granite Bay	3-GB
Lincoln	3-LI
Meadow Vista	3-MV
Orangevale	3-OV
Roseville	3-RO
Sac. Central	3-SC
Sac. Samoan	3-SS
Sac. Slavic	3-SL
Sac. Spanish	3-SS
Sac. Woodside	3-SW

Area 4 – Central Valley

Chico	4-CH
Grass Valley	4-GV
Gridley	4-GR
Magalia-Upper Ridge	4-UP
Oroville	4-OR
Paradise	4-PA
Penn Valley	4-PV
Sierra Golden Bears	4-SG
Woodland	4-WD
Yuba City	4-YC

Area 5 – South Valley

All Nations-Tongan	5-AN
Camino	5-CA
Escalon	5-ES
Galt	5-GA
Lockeford	5-LF
Lodi Fairmont	5-LO
Lodi Spanish	5-LS
Manteca	5-MA
Manteca Spanish	5-MS
Placerville	5-PV
Sac. Capitol City	5-CC
Sac. Southgate	5-CG
Sac. Tongan	5-ST
Shingle Springs	5-SSP
Stock. Delta Disciples	5-SD
Stock. Mayfair	5-MF
Stock. Spanish	5-SP
Stock. Fil-Am	5-FI
Sutter Hill	5-SH
Tracy Spanish	5-TS

Area 6 – Diablo Area

Antioch	6-AN
Appian Way	6-AW
Fremont	6-FR
Hayward English	6-HW
Hayward Spanish	6-HS
Oak. Elmhurst	6-OE
Oak. "The Grand"	6-OG
Oak. Immanuel Temple	6-OI
Oak. Spanish	6-OS
Pittsburg	6-PI
Pleasant Hill	6-PH
Richmond Beacon Light	6-BL
San Leandro	6-SL

Area 7 – Howell Mountain/ Clearlake

Calistoga	7-CA
Fairfield Spanish	7-FS
Fairfield	7-FF
Middletown	7-MT
Napa Spanish	7-NS
Napa Valley	7-NY
PUC/Howell Mountain	7-HM
Rohnert Park	7-RP
Santa Rosa Spanish	7-SR
Sebastopol	7-SE
Elmshaven	7-TH
Vacaville	7-VA
Vallejo Central	7-VC
Vallejo-Berea	7-VB

Area 8 – Central Coast

Clearlake	8-KO
Cloverdale/Healdsburg	8-CD
Ukiah	8-UK
Willits	8-WI



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BIB PATTERN

Material Needed: Unbleached muslin or any plain cloth material - Approx.: 1/3 yard.
Bias tape: 3 yards and cord ties.

Cut two nine inch squares, bind with bias tape, attach shoulder and waist tie cords, and apply Bold and clear numbers and letters.

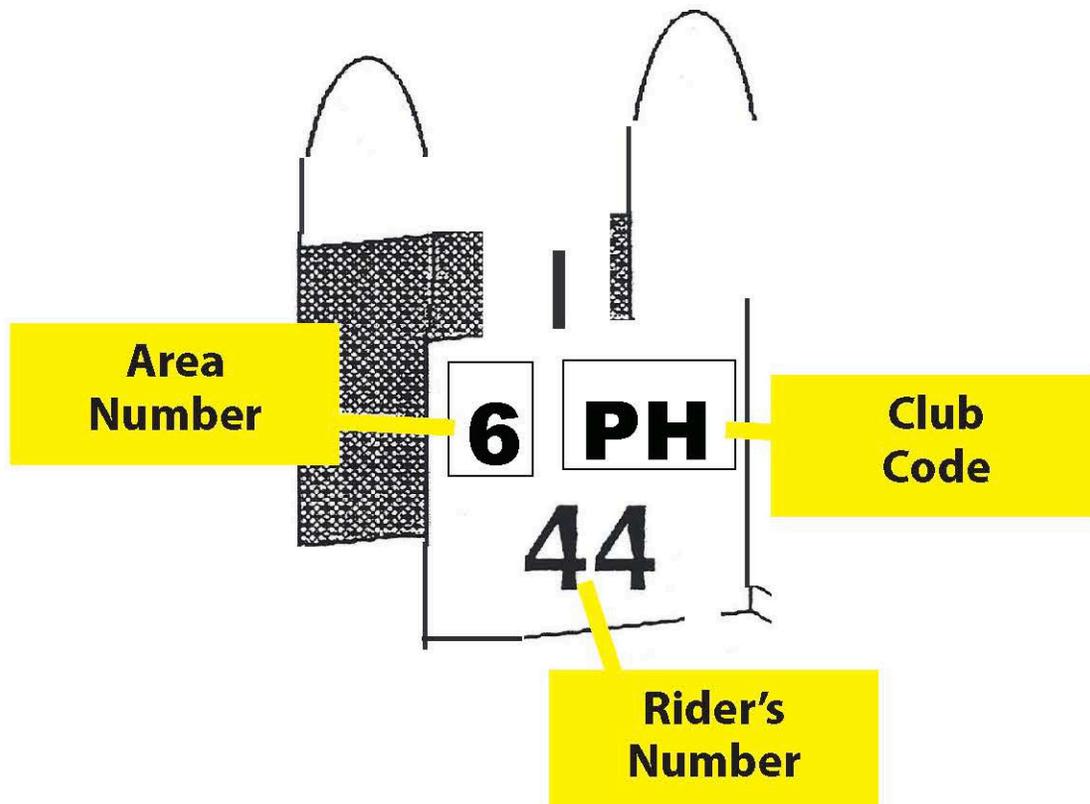
Your area and club code is listed on the "AREA AND CLUB CODING CLUB" page. The club assigns each rider a number. The area number, club letters, and the riders number should appear on both sides of the bib.

REMEMBER:

Area Number - Upper Left Corner

Club Code - Upper Right Corner

Rider Number - Lower Middle





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AREA BIB COLORS

1 **Orange**

2 **Brown**

3 **Gold**

4 **Purple**

5 **Blue**

6 **Yellow**

7 **Green**

8 **Red**



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RIDER'S QUICK RULES

Date: April 12, 2026 | **Track Hours:** 8:00 AM – 4:00 PM

1. Gear Check (No Exceptions!)

- **Helmet:** Must be DOT-approved and buckled at all times.
- **Bib:** Your cloth ID bib must be visible on your chest/back.
- **Wristband:** Keep it snug on your right wrist for track entry.
- **No Electronics:** Headphones, earbuds, or headsets are strictly prohibited (even if they're off).

2. Rules of the Road

- **Hands On:** Keep both hands on your handlebars at all times.
- **No Motors:** Only manual bikes (BMX, mountain, road, unicycles, etc.) are allowed.
- **Be Nice:** Follow all instructions from the Safety Patrol (Orange Vests). If they ask you to slow down or stop, listen!
- **Course Only:** Stay on the official track—shortcuts don't count toward your honor!

3. The "25-Foot" Rule

Stay at least 25 feet away from these areas if you are on your bike:

-  Food Court
-  Restrooms
-  First Aid Station
-  Coordinator's Table

4. If Your Bike Breaks Down

- Move safely to the side of the track.
- Wait for the official Conference Vehicle. They will pick you and your bike up and bring you back to your Club HQ for repairs.

Pro-Tip: *Drinking water before you're thirsty is the secret to hitting that 50 or 100-mile goal. Pedal hard and have fun!*



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BICYCLE INSPECTION LIST

Pathfinder Name: _____

1. Wheels & Tires

- [] **Tires:** Inflated to the correct PSI; no visible cracks, splits, or "bald" spots.
- [] **Spokes:** All spokes are present and tight (none are loose or rattling).
- [] **Rims:** Wheels are "true" (not wobbling) and free of cracks or breaks.

2. Braking System

- [] **Hand Brakes:** Pads have plenty of "meat" left (not worn down to the metal).
- [] **Independence:** Both front and rear brakes can stop the bike completely on their own.
- [] **Foot Brakes:** (If applicable) Coaster brakes engage immediately and stop the bike effectively.

3. Drivetrain & Gears

- [] **Chain:** Clean, lubricated, and properly tensioned (not sagging or rusted).
- [] **Gears:** Shifting is smooth; the chain does not jump or fall off when switching gears.
- [] **Derailers:** Properly adjusted and not hitting the spokes.
- [] **Guards:** Chain/sprocket guard is present and securely attached.
- [] **Pedals:** Full pedals that rotate freely without grinding.

4. Steering & Seating

- [] **Handlebars:** Securely tightened (cannot be twisted independently of the wheel) with grips intact.
- [] **Seat:** Adjusted to the proper height for the rider and bolted tight (no sliding or tilting).
- [] **Fasteners:** All nuts, bolts, and quick-release levers are tightened securely.