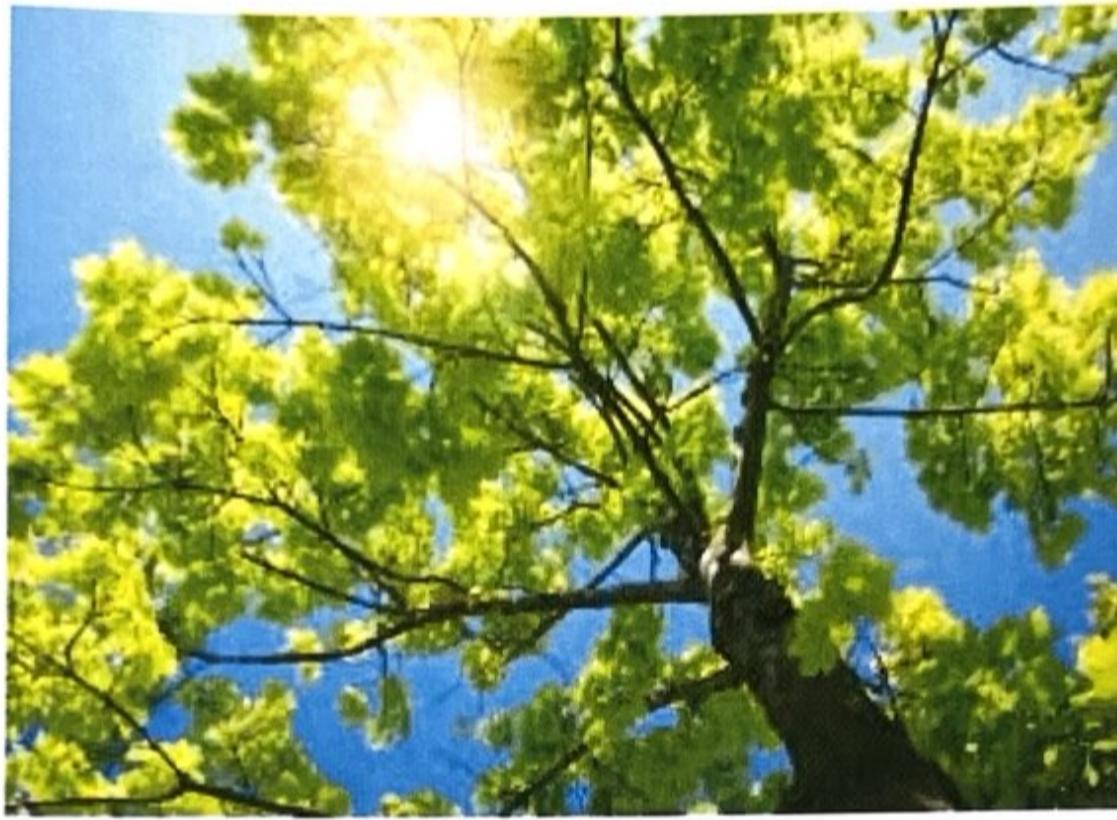


**Some Wounds
don't heal with time
without support**



You deserve to be healed.



You matter. We CARE.

After an abortion, you may feel...

relieved

Later, you may feel...

Those feelings are very common.

Abortion wounds can be deep and painful and may not heal over time without support.

If you could just forget about it or get over it, you would have done that long ago.



Maybe you have never talked about your experience or maybe you just realized that you need to talk about it.

Talk to someone who has been there and understands how you are feeling.

Listen to what our participants
are saying:

*“I sleep so much better at night now.
Thank you so much!”*

*“I feel as though I have physically grown
2 inches. I feel such a difference in the*

way I stand and walk and I hold

my head a little higher.”

“Today I can honestly say that I feel

forgiven and I feel whole. I hope that one

day I am able to share my story

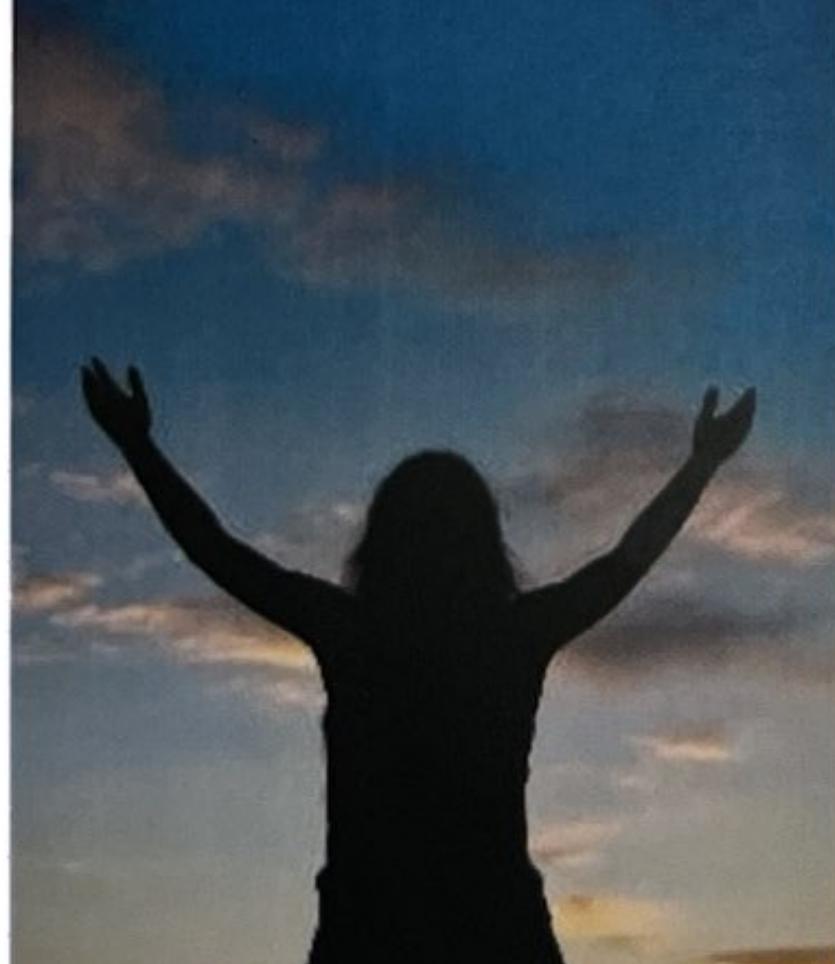
and help someone else.”

“I discovered a lot about myself and

found closure and healing.”

“It’s one of the best things I ever did for

~ myself!”



You are not alone.

Healing isn't a one and done experience.

It's a process of grieving and finding closure.

Healing looks different for everyone.



If you are ready to work through your pain and grief and begin the healing process, we have support for you.

If you are struggling
with a past abortion,
you are not alone.

Take that first step and contact us today.

- Group or one-on-one support.
- Available for women and men.
- Help in person or online.

All of our services are
free and confidential.

For more information:

Call or text 318-402-2094,
email afterabortion@altcpc.com
or scan the QR Code and
complete the contact form



You deserve to be healed.
You matter. We CARE.