



They will know us by our Love John 13:35



APRIL THEME: HOW MUCH MORE

April Fighter Verse — Romans 5:17

For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ.

OUR WORSHIP

**IN-PERSON
LIVESTREAM, FACEBOOK & YOUTUBE @
11:00AM
www.centralbaptistnyc.org**

SUNDAY SCHOOL
Adult Sunday School 9:45AM via Zoom
Youth Sunday School 11:15AM
Kindergarten to 12th Grade
—2nd, 3rd and 4th Sundays.

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Newsletter Staff: Pastor Robert Casteline, Oversight; Paulette Forbes-Igharo and Sharrata Hunt. Special Thanks to Tanya Glenn and Edwina Chambers.



TAKING CARE OF OUR TEMPLE

1 Corinthians 6:19-20

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.



Colorectal Cancer Awareness

By Paulette Forbes-Igharo

Colorectal Awareness Month is March, observed on March 3, 2023 and the color to wear on that day is blue. However, it is never too late to bring this information to your attention.

Colorectal Cancer is also called colon cancer or rectal cancer. Cancer starts when cells start to grow out of control. Most of the large intestine is made of the colon, a muscular tube about 5 feet long. Most colorectal cancers start as a growth in the inner lining of the colon or rectum. The growth are called polyps and some of these may become cancerous.

How colorectal cancer spreads

If cancer forms in a polyp, over time it can grow into the walls of the colon or rectum. The walls of the colon have many layers. The cancer starts at the innermost layer and can grow through some or all of the other layer. The cancer cells can also grow into blood vessels or lymph vessels - tiny channels that carry away waste and fluid to different parts of the body. Other types of tumors that can also start in the colon and rectum include: Carcinoid tumors - Gastrointestinal Carcinoid Tumors, Gastrointestinal stomach tumors (GISTs), Lymphomas - cancers of the immune system cells and Sarcomas - can start in blood vessels, muscle layers, or other connective tissues in the wall of the colon or rectum. Colon cancer typically affects older adults but it can happen at any age.

Signs and symptoms of colon cancer include:

- a persistent change in bowel habits, including diarrhea or constipation or change in the consistency of your stool
- rectal bleeding or blood in your stool
- persistent abdominal discomfort, such as cramps, gas or pain
- a feeling that your bowel doesn't empty completely
- weakness or fatigue
- unexplained weight loss
- However, many people with colon cancer experience no symptoms in the early stages of the disease.

Factors that may increase your risk of colon cancer

- Older age - the majority of people diagnosed with colon cancer are older than 50, but the rates for younger people have been increasing.

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Pastor's Devotional

The Process of Suffering



I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

Romans 8:18 (NIV)

Easter is an important time of the year for Christians to think about – even if it's not the most obvious – the subject of *suffering*. It was through the great suffering of Jesus that Christians have received the miracle of God's grace and the forgiveness of our sins. Furthermore, it was through that greatest suffering that the most undeserving death was brought about, that precipitated the greatest miracle, the Easter miracle of the Resurrection of Jesus Christ from the grave.

So, what is the right way for Christians, who know and are saved by the Resurrection power of Jesus, to think about our own suffering? In Romans chapter 8, the apostle Paul encourages the persecuted Church to think responsibly about suffering. In fact, Paul dedicates a significant portion of the chapter to talking about suffering and the necessary role the Holy Spirit provides to Christians as we inevitably endure it.

Verse 18 is worth consideration. Paul writes, *"For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us."* And to help us think with "resurrection hope" about the suffering we're facing in our own lives, I'd like to share a few of my own thoughts about Paul's challenge to the Church.

Suffering is not singular. It's important that we recognize that Paul emphasizes the plural nature of suffering when speaking about it. In other words, suffering isn't a one-time experience but rather a reality that everyone endures in multiple ways and at multiple times, throughout his or her life, living in a world which has been broken by sin. The apostle James gives this same understanding when speaking of suffering in his letter (James 1:2).

Suffering is to be stewarded. The word Paul gives for "consider" in verse 18 can also be translated as "to be accounted for, or to be measured." In other words, Paul (a man very well-versed in personal suffering), said we should consider/account/measure our suffering because it's never wasted with God, and it is often the instrument God chooses to use on His children to bring about change (Romans 8:28). This Easter season, just think about the

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stewardship of Christ as it related to His suffering for the sins of humanity and the substitutionary death to atone for it. So, too, for Christians, we are entrusted with suffering because we know our God is using it for our good and His glory.

Suffering is for now; glory is forever. Finally, when Paul tells us that he considers the present suffering not worth comparing, he means that our hardship in the here and now is not worth comparing to the glory that is to come. For the Christian, the perfect life, substitutionary death, and victorious Resurrection has secured for us an eternal glory to which no difficulty or hardship or pain in this life can be compared.

This is the hope of Easter and the reason we celebrate and sing and share, because while we've been entrusted with suffering for now, we've been ensured glory with our resurrected King forever.

SOMETHING TO THINK ABOUT

How do these scriptures mentioned in the devotional help you think about suffering?

ROMANS 8:28 — And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

JAMES 1:2-5 — Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.

MISSIONARY OF THE MONTH

Felix and Amnerys Abreu
Serving in the Caribbean
through Missions Door



Felix and Amnerys Abreu are long time missionaries with Central Baptist Church and have served with Missions Door since 1993. Felix has worked as the National Ministry Coordinator for the Dominican Republic, Caribbean Ministry Specialist and Caribbean Ministries Director.

We were blessed to have them visit on October 2, 2022 and to share their 5-5-5 plan. They want to establish **5 cities** in the Dominican Republic with **5 church planting centers** in the next **5 years**. Felix serves as Dominican Republic National Director. His focus is on the ministry needs in the Dominican Republic and strategic church planting.

Prayer Requests:

- ◇ Please pray for the projects that are in development. The DR- Evaristo Morales Ministry Center will be a training site and the Blessing Ministry Network Resource Center will provide housing and office opportunities.
- ◇ Pray for the Cuba Ministry Fund. The fund supports several projects in Cuba. This fund supports pastoral subsidies to church planters, provides literature and Bibles to train new believers and training to pastors and leaders.

Missions Door will have their 45th Anniversary Celebration June 11-17, 2023 in the Dominican Republic. Pray for a productive time as they usher in new leadership.

You can contact Felix Abreu by email at fabreu2564@gmail.com



MISSIONS DOOR

Prayer Wall

WE BELIEVE IN THE POWER OF PRAYER.
LET'S INTERCEDE FOR ONE ONE
ANOTHER DURING THIS LENTEN SEASON.



As you place your prayer request on the wall, take a prayer with you to interceded for someone else.

The Prayer Wall is located at the 92nd Street entrance on the bulletin board on your right as you enter the sanctuary.

ANNOUNCEMENTS

Opportunities to come together to learn, pray and fellowship.

Bible Study

2 Timothy 2:14-15

Keep reminding God's people of these things. Warn them before God against quarreling about words; it is of no value, and only ruins those who listen. ¹⁵ Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.

SUNDAY SCHOOL

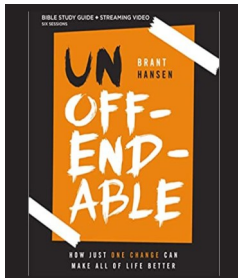
Adults—9:45AM

Youth — 11:15A, 2nd, 3rd and 4th Sundays

Join Zoom Meeting: <https://zoom.us/j/6831601413>

Enter the meeting ID 683 160 1413 when prompted.

Phone: 646-558-8656



UNOFFENDABLE GROUP STUDY

If you are interested in joining a small group, call the church office for contact information.



WEDNESDAY NIGHT BIBLE STUDY

Studying the Book of Judges

7:00—8:00PM

Join Zoom Meeting: <https://zoom.us/j/6831601413>

Enter the meeting ID 683 160 1413 when prompted.

Join Zoom by Phone: 646-558-8656

CENTRAL BAPTIST CHURCH OF NYC

JOIN US FOR YOUTH BIBLE STUDY

Come learn about God's word so we can all develop our relationship and identity in Christ!

THURSDAYS (BIWEEKLY)
STARTING THURSDAY, FEB 2ND
5:30PM-6:30PM
ON ZOOM

Youth will be able to gain a much deeper understanding of the word of God and apply these scriptural truths to their everyday life.

Middle & High School Students Welcome!

Senior Ministry Events

SENIOR MONTHLY LUNCHEON

SATURDAY, APRIL 15 @ 2:00pm

Location: The Parlor

All seniors 55 and older are invited to join us.

SENIOR MINISTRY BOOK CLUB MEETING

As of this publication the Book Club has been reading, "How to Age Without Getting Old" by Joyce Meyers. All seniors are invited to join us.

- Join us In-Person in Ms. Ann's Room
- Or dial in on your phone:(929) 205-6099

Enter the meeting ID 816 901 3583 when prompted.

Contact Otis Coleman for the next meeting date.



Senior Trip to Sight & Sound
Lancaster, Pennsylvania
Saturday, July 15, 2023
COST: \$200.00 per person
all inclusive

See Otis Coleman for details and payment plan.

April Birthdays



May the Lord refresh you with His love and give you multiplied joy every day.
HAPPY BIRTHDAY

“The Lord your God is in your midst, a mighty one who will save; He will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.” Zephaniah 3:17.

Chris Gee	4/4
Eddie Sims	4/4
Erica Winn	4/4
Jermaine Bolden	4/5
Jacqueline Santiago	4/5
Ronald Pusey	4/6
Kimberly Kiplagat	4/8
Grant Davis	4/9
Lauren Jones	4/12
Phillip Jones	4/12
Alexis Phillips	4/13
Azalee Evans	4/14

Rhonda Marshall-Leneau	4/17
Eleise Menjivar	4/20
Ann Marie Stone	4/21
Julissa Burbon-Marcelin	4/23
V. Ann Denise Brown	4/24
Betty Johnson	4/24
Gwendolyn Barnes	4/27
Julie Harris	4/29
Sandra Cook-Richardson	4/29

PRAYER MEETINGS

WOMEN'S MINISTRY "POWER HOUR"

Sunday,
APRIL 16
@ 12:30PM
Join the Zoom meeting by phone at
646-558-8656

PRAYER MEETINGS BY CONFERENCE PHONE

(609) 746-1164
Access Code: 667293#
Monday & Thursday
6-6:30 AM

EVENING PRAYER

Meeting the last Friday of the month
FRIDAY, APRIL 28 @ 7:00PM
In Person in the Parlor or
Join Zoom Meeting:
<https://zoom.us/j/6831601413> or
In-Dial into the Zoom Meeting phone number:
646-558-8656

MID-WEEK PRAYER

Wednesdays 12:00-1:00 PM
(609) 746-1164 Passcode: 667293#

CORPORATE PRAYER FOR THE BUILDING PROJECT

The leaders of Central Baptist Church are asking you to join us for prayer on Wednesdays at 12PM for corporate prayer. We will be praying specifically about the building project as well as anything you would like. Please note this is not a time to discuss the details of the project but to pray. If you have questions about the project, please call the church to speak to Pastor Fils-Aime.

We will be using the prayer line phone number:
(609) 746-1164 Passcode: 667293#

Daniel 9:20-22 — While I was speaking and praying, confessing my sin and the sin of my people Israel and making my request to the LORD my God for his holy hill — while I was still in prayer, Gabriel, the man I had seen in the earlier vision, came to me in swift flight about the time of the evening sacrifice. He instructed me and said to me, “Daniel, I have now come to give you insight and understanding.”

- African-American have a greater risk than other races
- A personal history of colorectal cancer or polyps
- Inflammatory intestinal conditions such as ulcerative colitis and Crohn's disease
- Inherited syndromes that increases colon cancer risk
- Family history of colon cancer
- Low-fiber, high-fat diet
- A sedentary lifestyle
- Diabetes
- Obesity
- Smoking
- Alcohol
- Radiation therapy for cancer



Prevention

- Screening for colon cancer - doctors recommend that people with an average risk of colon cancer consider colon cancer screening around age 45, but people with increased risk should screen sooner.
- Lifestyle change - Eat a variety of fruits, vegetables and whole grains
- Drink moderation, if at all - no more than one a day for women and two for men
- Stop smoking
- Exercise most days of the week - at least 30 minutes on most days
- Maintain a healthy weight

If you notice any persistent symptoms that worry you, make an appointment with your doctor.

References: <https://www.cancer.org/cancer/colon-rectal-cancer/about/what-is-colorectal-cancer.html>

<https://www.mayoclinic.org/diseases-conditions/colon-cancer/symptoms-causes/sync-20353669>

CAPITAL CAMPAIGN

CBC Capital Campaign Building Facade

\$100,000

To help offset the costs of the repairs, we kindly request that EACH MEMBER contributes in one of the following ways in addition to your regular giving:

- A one-time donation of \$640 or more
- For those who may not be able to make a one-time donation, we ask that you consider making a monthly donation of \$80
- Or a \$20 weekly donation over the next 8 months

A thermometer graphic shows the goal of \$100K and the current amount raised at \$7,500.

April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
USE THIS CALENDAR TO MARK OUT DAYS YOU WANT TO REMEMBER.						1—2:00-4:00P — Senior Book Club—Miss Ann's Room
2 Holy Week 9:45A —Adult Sunday School PALM SUNDAY	3 6-6:30A Prayer on Conference call	4	5 Holy Week 12P-Midweek Prayer-Phone; 7P-CONCERT	6 Holy Week 6-6:30A Prayer on Conference call 7P-WORSHIP SERVICE	7 Holy Week 12:00P- GOOD FRIDAY	8
9 Holy Week RESURRECTION SUNDAY 11:00AM	10 6-6:30A Prayer on Conference call	11	12 12P-Midweek Prayer-Phone; 7P-Wed Nite Bible Study—	13 6-6:30A Prayer on Conference call 5:30-6:30P—Youth	14	15 2:00-4:00P SENIOR LUNCHEON, PARLOR
16 9:45A —ADULT SUNDAY SCHOOL 1P WOMEN'S PRAYER	17 6-6:30A Prayer on Conference call	18	19 12P-Midweek Prayer-Phone; 7P-Wed Nite Bible Study—Zoom	20 6-6:30A Prayer on Conference call	21	22
23-9:45A—ADULT SUNDAY 30 9:45A —ADULT SUNDAY	24 6-6:30A Prayer on Conference call	25	26 12P-Midweek Prayer-Phone; 7P-Wed Nite Bible Study—	27 6-6:30A Prayer on Conference call	28 7:00-8:00P - EVENING PRAYER, IN-PERSON AND	29