

LENT 2026

PRAYER.
SCRIPTURE.
FASTING.

**RESOURCES FOR
LENT & EASTER 2026**

FEBRUARY 18 – APRIL 5

CROSS
POINT

Death has been
swallowed up in
victory. Where,
death, is your
victory? Where,
death, is your
sting?

1 Corinthians 15v54-55

LENT & EASTER

Lent is a season of 40 days leading up to Easter, reflecting the time Jesus spent fasting in the wilderness. It begins with Ash Wednesday and is traditionally observed through fasting, prayer, and self-denial. While the full period spans 46 days, Sundays are considered “feast days,” providing a break from fasting and offering a glimpse of the joy of resurrection.

Lent invites us into a journey of surrender, where we lay down our own desires to make space for transformation. As C.S. Lewis wrote in *Mere Christianity*, “Nothing in you that has not died will ever be raised from the dead.”

THIS SEASON OF LETTING GO PREPARES OUR HEARTS TO FULLY EMBRACE THE HOPE OF RESURRECTION.

Holy Week begins with Palm Sunday, marking Jesus’ final days before his crucifixion. This sacred time allows us to walk with Christ through his suffering, leading to the celebration of Easter Sunday—the day we rejoice in his victory over sin and death! And Easter is not just a single day but the beginning of Eastertide, a 50-day season of joy celebrating the new life found in Christ.

During Lent and Easter, we are invited to deepen our relationship with God by pursuing his presence through prayer, Scripture, and fasting.

Lent is a beautiful reminder that Easter only happens because of Good Friday. We have the hope of resurrection and the renewal of all things because of Christ’s crucifixion and his resurrection.

As you practice the presence of God, may your heart be transformed and your faith deepened. Use this guide as a resource to press into God’s presence and experience the renewing power of God’s Word in your own life.

THE VALUE OF FASTING

Join us for times of fasting from food. Fasting can help us more deeply trust and follow Jesus. Instead of simply subtracting something from our lives, it’s an opportunity to add something greater. We encourage you to leverage fasting to engage in deeper prayer, study, community, meditation, and other spiritually beneficial habits.

None of this is intended as a burden, but rather an opportunity as we practice the presence of God as a church family during the coming weeks. Head over to **CROSSPOINTLEW.ORG/TEACHING** and then scroll down to our **SACRED HUNGER** teaching series from the spring of 2025 to learn more about fasting.

SCRIPTURES & PRAYER RESOURCES

This guide provides daily Scriptures for you to read, along with lots of open pages for you to write or draw or process—we haven’t assigned specific days to the open pages, so use them at whatever pace God leads you.

We encourage you to step into times of prayer through House of Prayer nights and our 24/7 Prayer experience. Beginning on **page 22**, you’ll find a number of prayer guides that you can use during our collective prayer times or as part of your daily rhythms. We’re excited about what God will do in our hearts and lives this season!

INTRODUCTION TO THIS GUIDE

In this guide, use the **MANNA** framework for devotional time and your daily rhythms of prayer, Scripture, and reflection through the Lent and Easter seasons.

M – Meet: Begin by stilling your heart and entering God’s presence. Put away any devices (we encourage using a physical Bible), and remove any distractions. Get into a comfortable but alert position, and invite the Holy Spirit to be your guide. Spend a few minutes in silence.

A – Absorb: Read the Scripture passages (or one of the passages) slowly, with an open heart. After a minute or two, read it slowly again. Let the text sink deeply into your soul, by noticing what stands out to you. Write down what you notice.

N – Nourish: Meditate on what God highlighted to you in the passage or passages. We encourage you to journal through questions like: *What is the Spirit revealing that intersects with my present life and circumstances? What is God revealing to me about himself, myself, or others? Is there a truth or lie that is emerging that I need to bring before God?* Reflect on what the Scriptures uncover about God’s character and God’s call on your life.

N – Nurture: Name and write down how God might want you to carry into your day what he is saying to you. What truth can you hold on to, believe, practice, or apply? How is God inviting change into your life through the Scriptures? Think about how the truths of Scripture will root and begin to shape your thoughts, actions, and attitudes.

A – Align: End your time in prayer (preferably written out), aligning your heart, mind, and body to what God has been revealing to you. Commit to allowing God to transform your heart by his truth.

SCRIPTURE READING SCHEDULE

Wednesday, February 18

Psalm 51; Joel 2v1-17;
2 Corinthians 5v20-6v10

Thursday, February 19

Psalm 56; Genesis 39;
Galatians 2v11-21

Friday, February 20

Psalm 54; Genesis 40;
Galatians 3v1-14

Saturday, February 21

Psalm 71; Genesis 41v1-24;
Galatians 3v15-22

Sunday, February 22

Psalm 32

Monday, February 23

Psalm 11; Genesis 41v25-45;
Galatians 3v23-4:7

Tuesday, February 24

Psalm 73; Genesis 41v46-42v5;
Galatians 4v8-20

Wednesday, February 25

Psalm 77; Genesis 42v6-17;
Galatians 4v21-5v1

Thursday, February 26

Psalm 42; Genesis 42v18-28;
Galatians 5v2-15

Friday, February 27

Psalm 22; Genesis 42v29-38;
Galatians 5v16-26

Saturday, February 28

Psalm 59; Genesis 43v1-15;
Galatians 6

Sunday, March 1

Psalm 121

Monday, March 2

Psalm 26; Genesis 43v16-34;
Hebrews 1

Tuesday, March 3

Psalm 50; Genesis 44v1-17;
Hebrews 2v1-9

Wednesday, March 4

Psalm 119v105-128; Genesis 44v18-34;
Hebrews 2v10-18

Thursday, March 5

Psalm 90; Genesis 45v1-15;
Hebrews 3v1-6

Friday, March 6

Psalm 88; Genesis 45v16-28;
Hebrews 3v7-19

Saturday, March 7

Psalm 25; Genesis 46v1-7, 28-34

Sunday, March 8

Psalm 95; Hebrews 4v1-13

Monday, March 9

Psalm 7; Genesis 47v1-27;
Hebrews 4v14-5v10

Tuesday, March 10

Psalm 9; Genesis 47v28-48v22;
Hebrews 5v11-6v12

Wednesday, March 11

Psalm 38; Genesis 49v1-32;
Hebrews 6v13-20

Thursday, March 12

Psalm 57; Genesis 49v33-50v26;
Hebrews 7v1-10

Friday, March 13

Psalm 139; Exodus 1v1-14;
Hebrews 7v11-28

SCRIPTURE READING SCHEDULE

Saturday, March 14

Psalm 120; Exodus 1v22-2v10;
Hebrews 8

Sunday, March 15

Psalm 23; Colossians 3v12-17

Monday, March 16

Psalm 70; Exodus 2v11-22;
Hebrews 9v1-14

Tuesday, March 17

Psalm 79; Exodus v23-3v20;
Hebrews 9v15-28

Wednesday, March 18

Psalm 63; Exodus 4v1-23;
Hebrews 10v1-18

Thursday, March 19

Psalm 89v26-36; Exodus 4v27-6:1;
Matthew 1v18-25

Friday, March 20

Psalm 102; Exodus 6v2-13;
Hebrews 10v26-39

Saturday, March 21

Psalm 141; Exodus 7v8-25

Sunday, March 22

Psalm 130; Hebrews 11v1-16

Monday, March 23

Psalm 3; Exodus 8v1-19;
Hebrews 11v17-31

Tuesday, March 24

Psalm 35; Exodus 8v20-32;
Hebrews 11v32-12v2

Wednesday, March 25

Psalm 40; Isaiah 7v10-14;
Luke 1v26-38

Thursday, March 26

Psalm 125; Exodus 9v13-35;
Hebrews 12v14-29

Friday, March 27

Psalm 19; Exodus 10;
Hebrews 13v1-16

Saturday, March 28

Psalm 127; Exodus 11;
Hebrews 13v17-25

Sunday, March 29

Psalm 62; Matthew 21v1-11

Monday, March 30

Psalm 41; Lamentations 1v1-12;
Luke 22v1-23

Tuesday, March 31

Psalm 27; Lamentations 3v1-18;
Luke 22v24-53

Wednesday, April 1

Psalm 102; Jeremiah 11v18-20;
Luke 22v54-71

Thursday, April 2

Psalm 116; Leviticus 16v2-24;
John 13v1-35

Friday, April 3

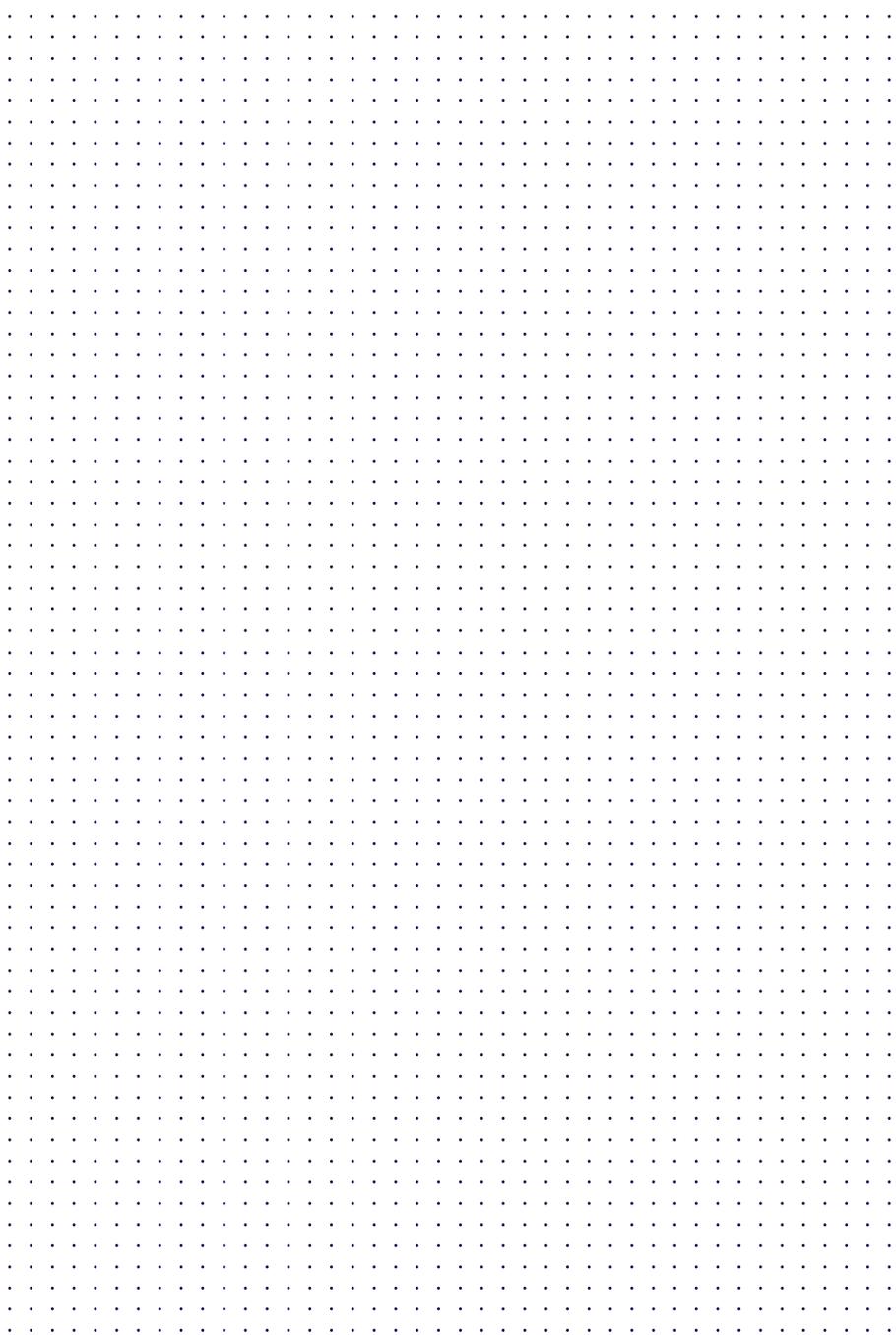
Psalm 22; Isaiah 52v13-53v12;
John 18v1-19v42

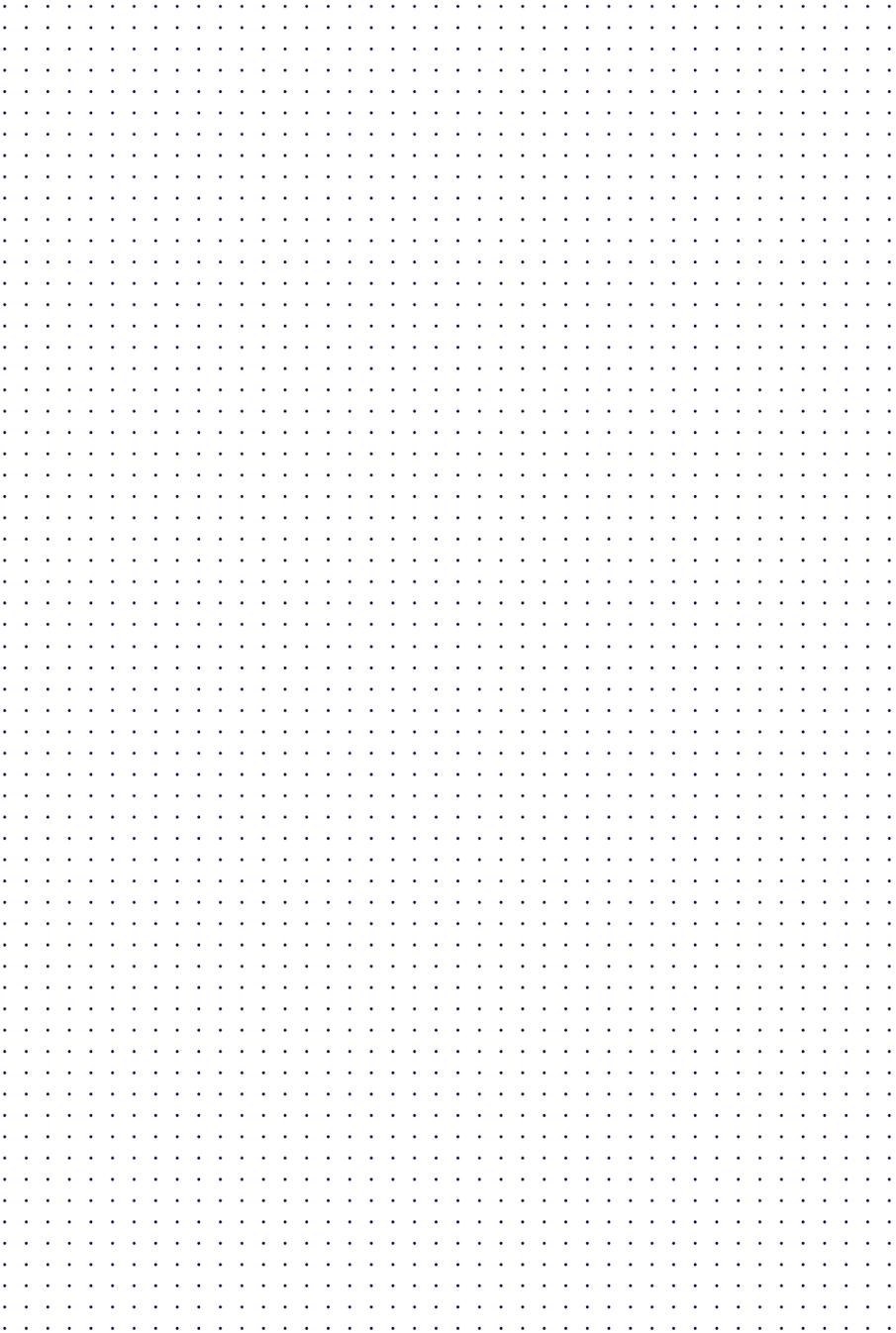
Saturday, April 4

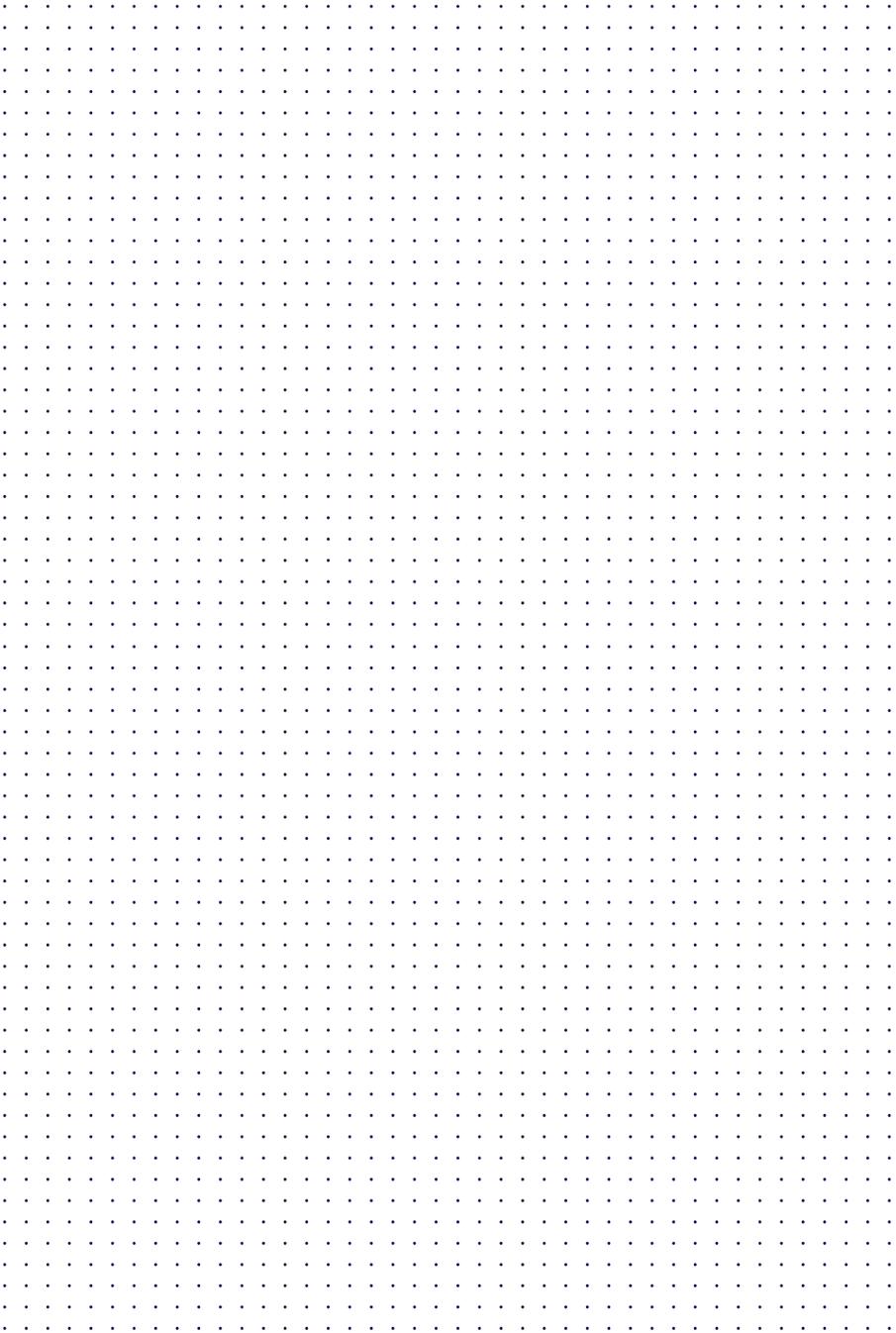
Psalm 142; Job 14v1-14;
John 19v38-42

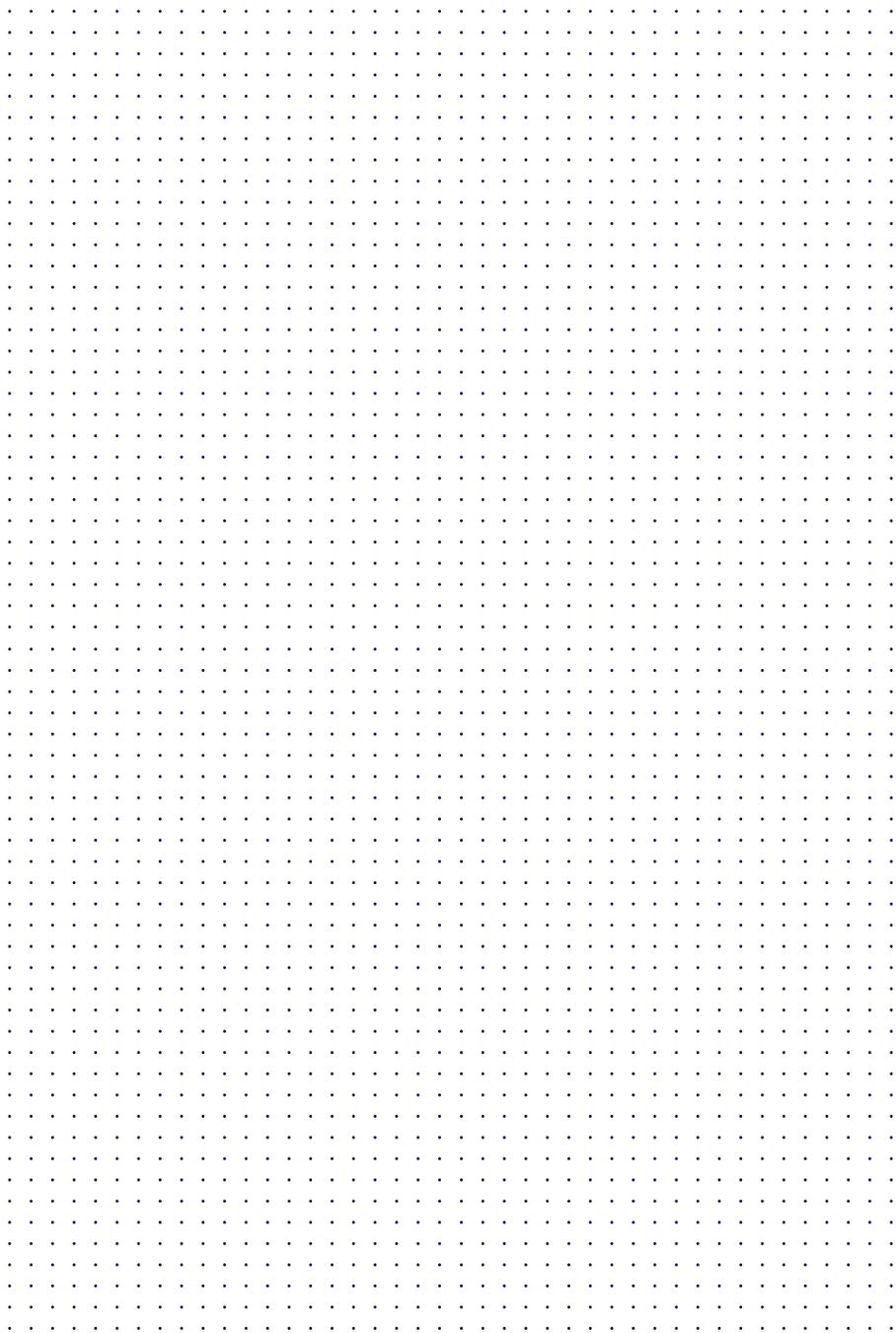
Sunday, April 5

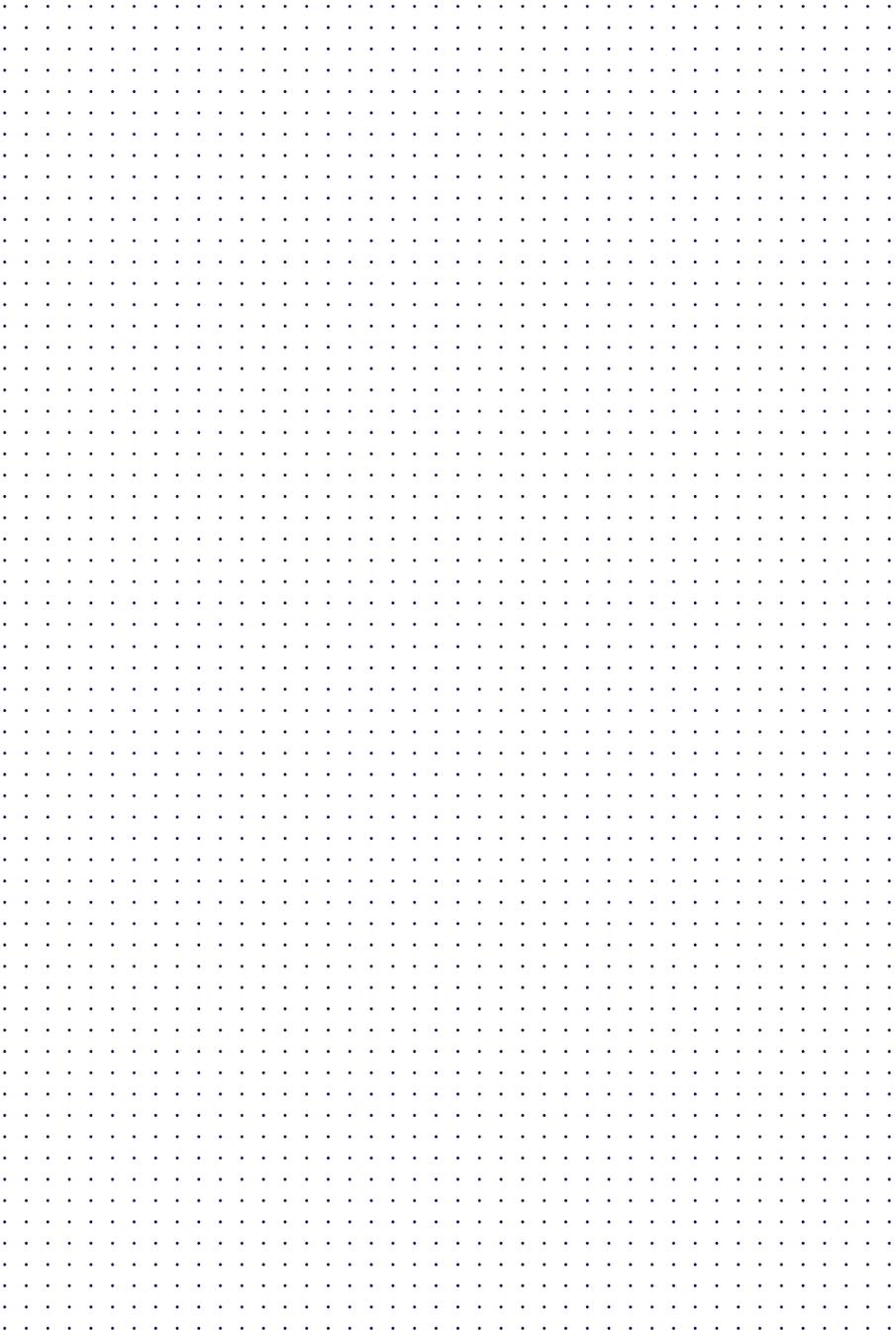
Psalm 118; John 20

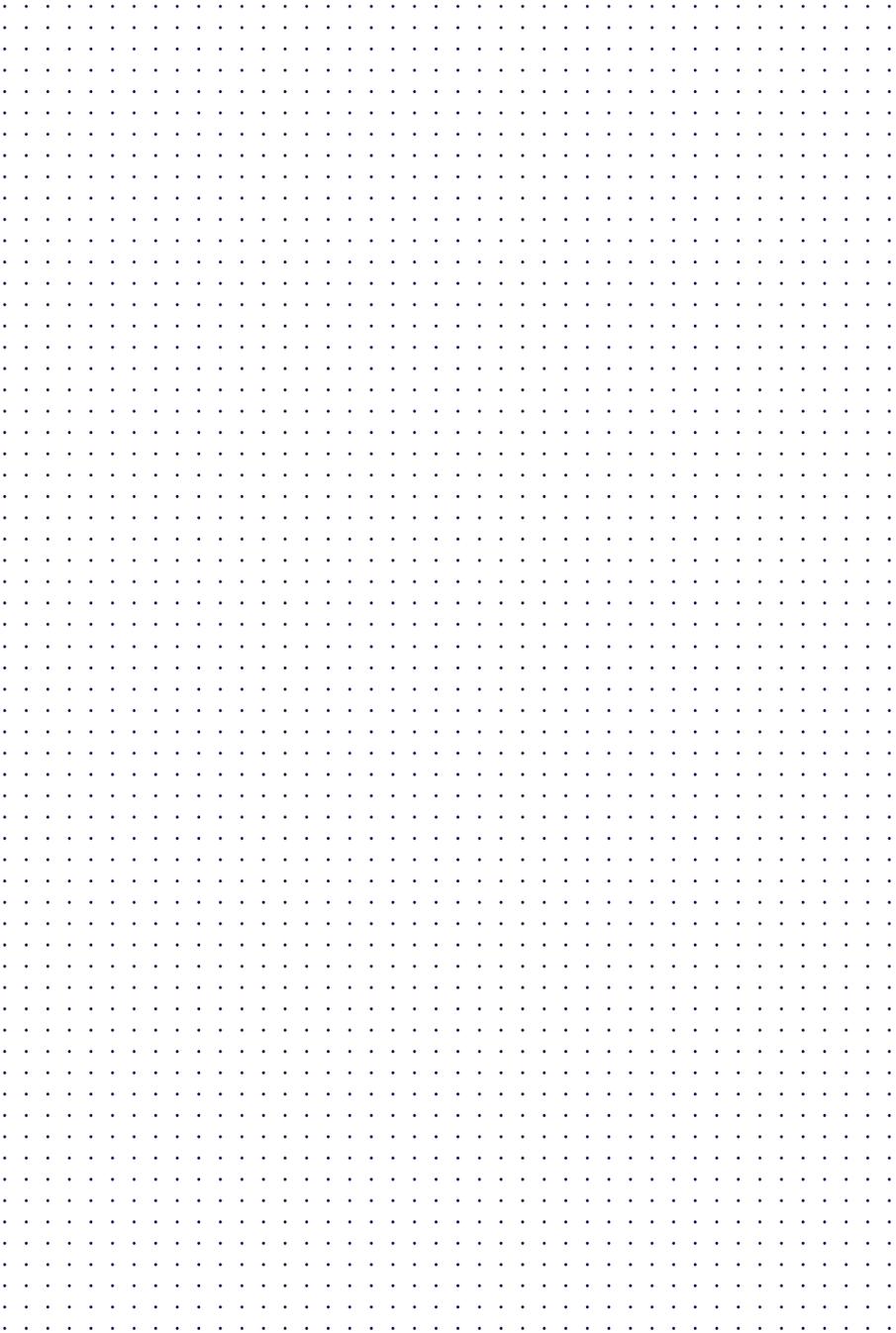


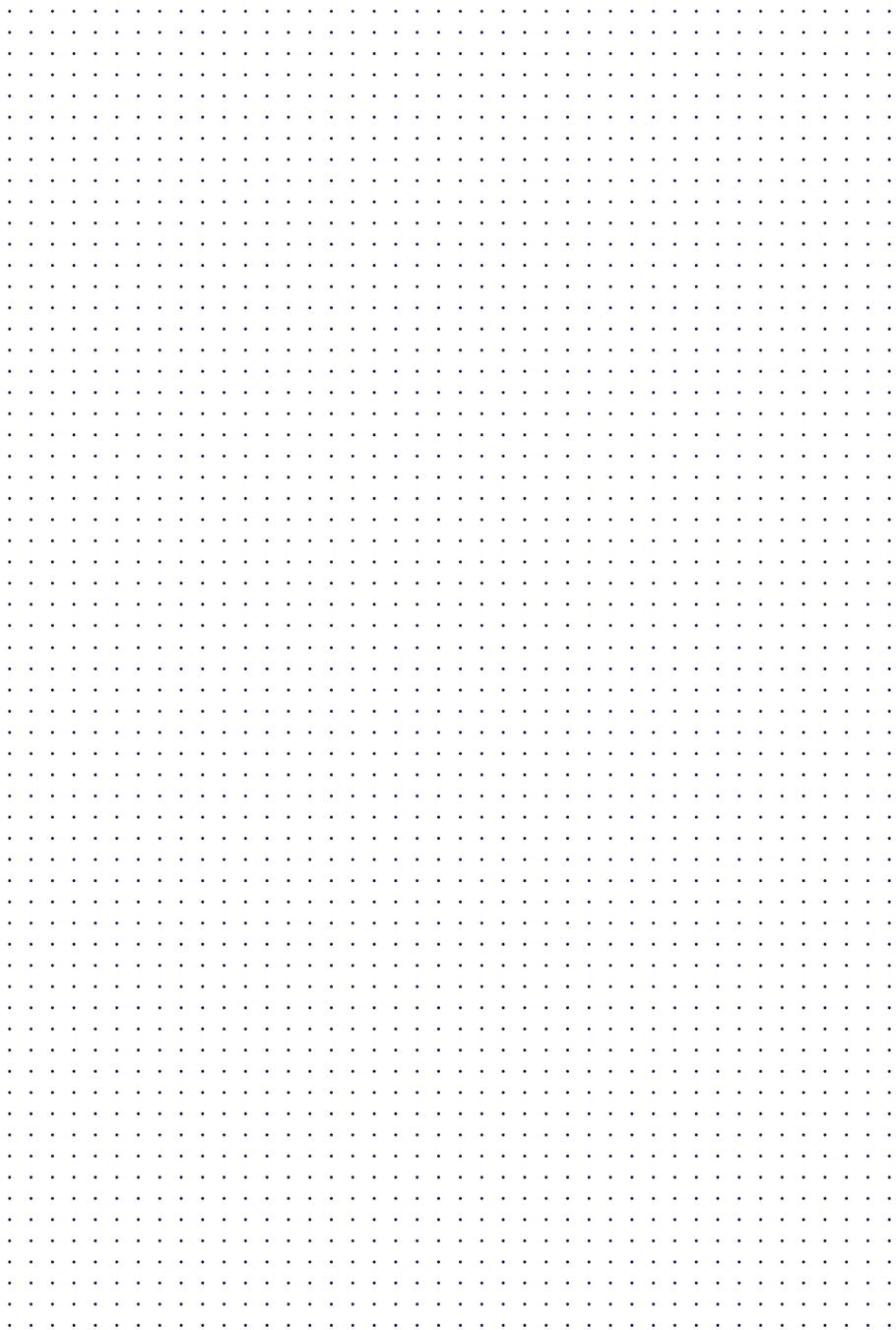




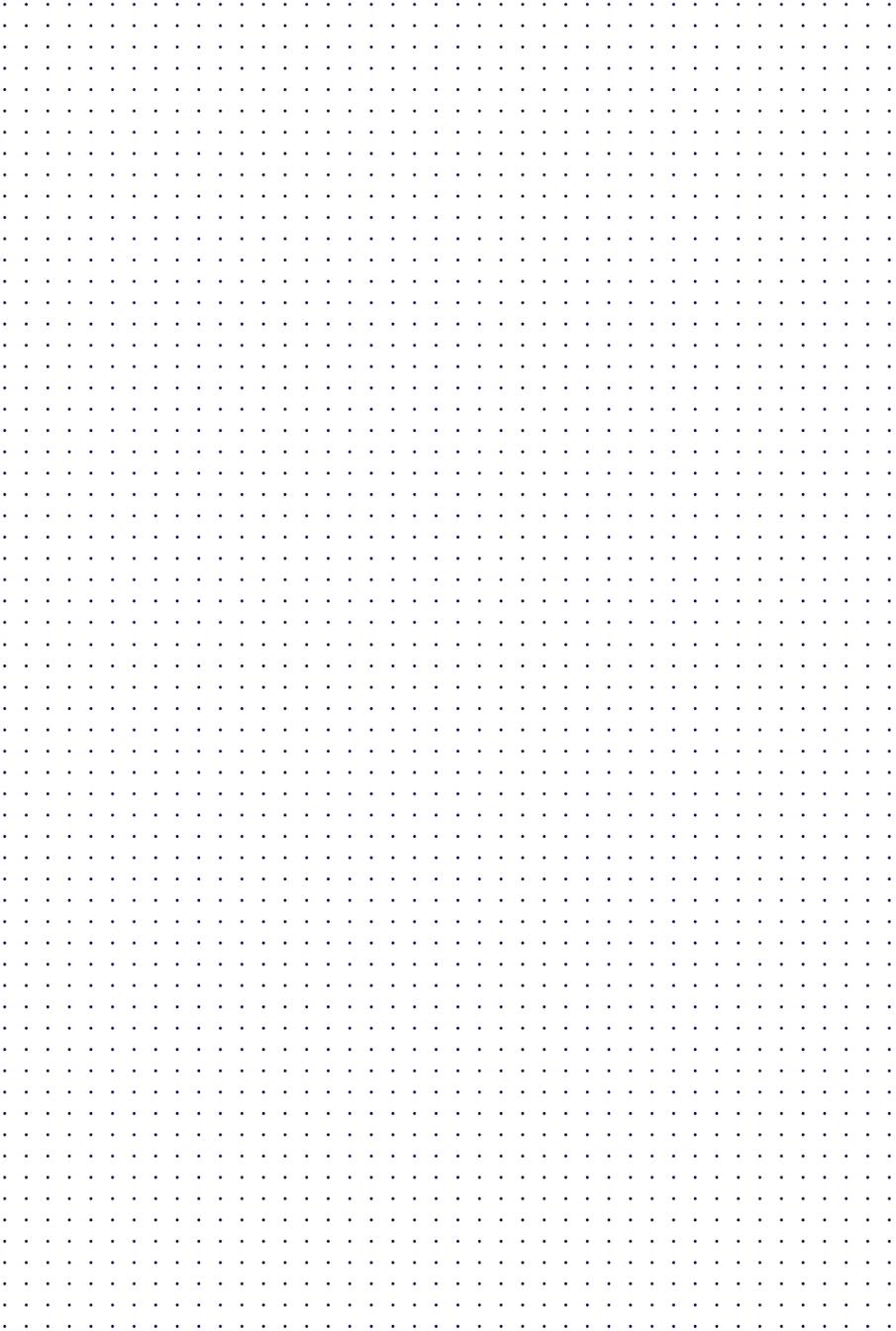


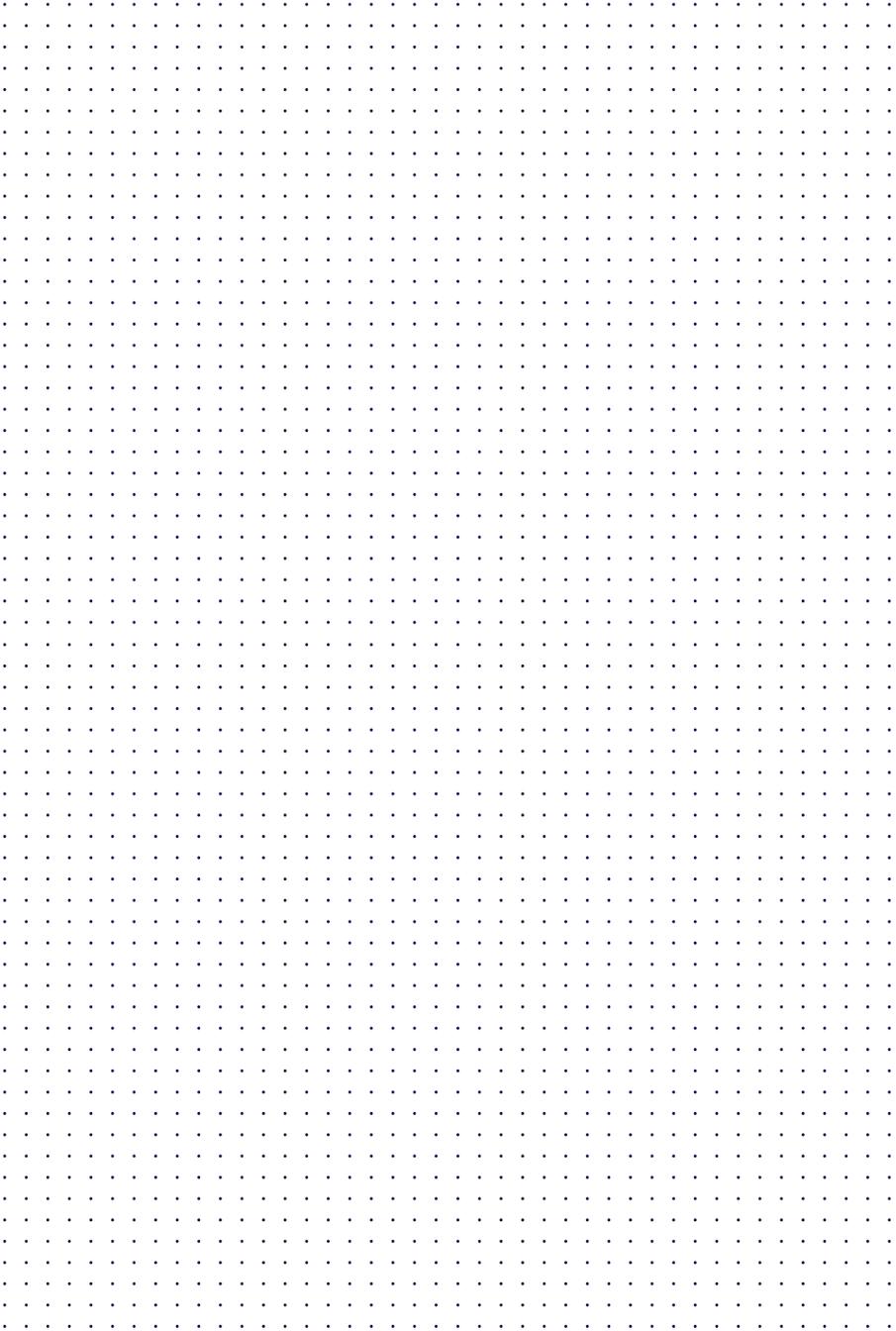


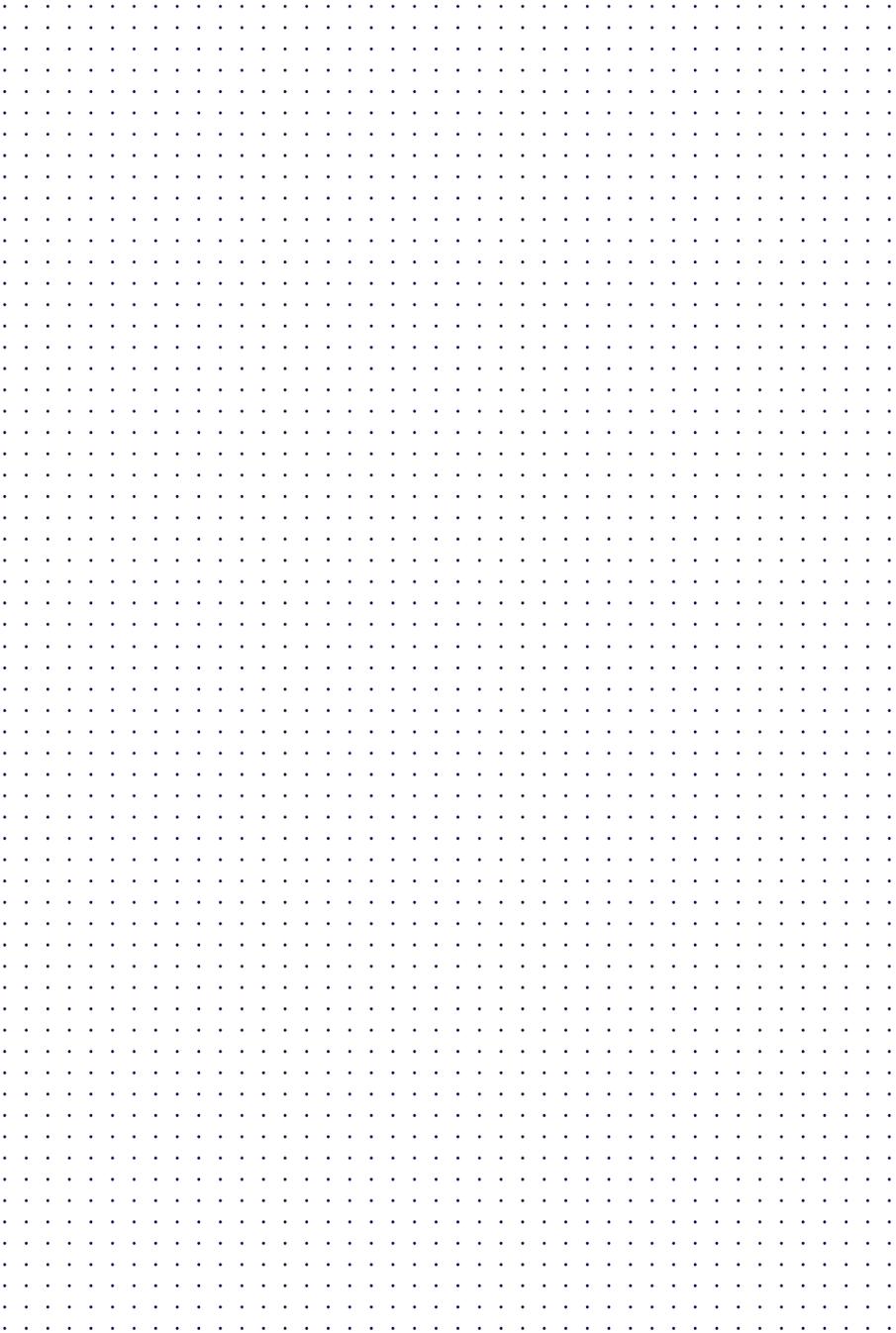


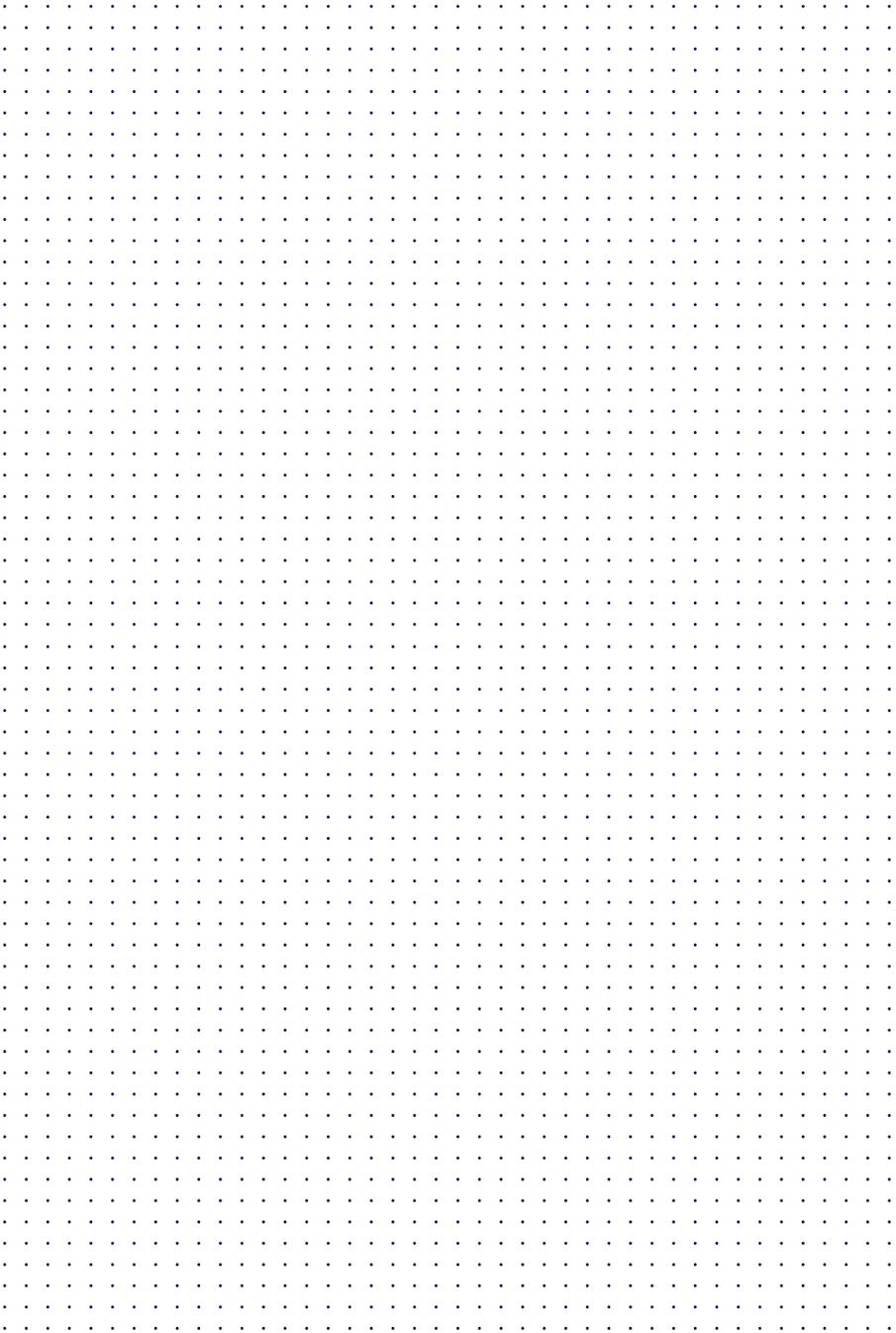


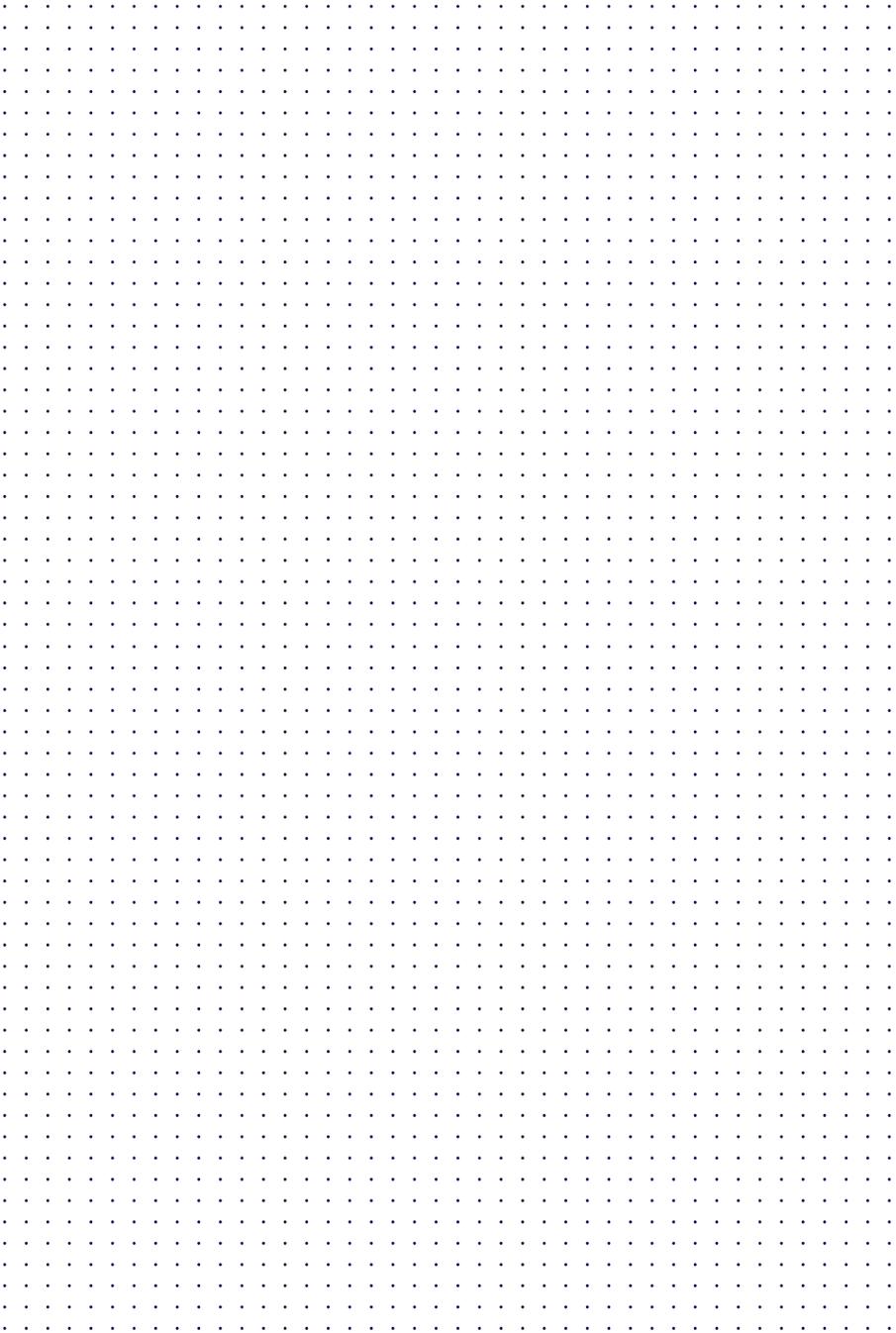














A LIFESTYLE OF PRAYER

Our 24/7 prayer experiences help us intentionally practice God's presence as we trust and fully follow Jesus.

These weeks of 24/7 prayer:

- Serve as intentional times of investing in the kingdom of God individually and collectively
- Create a launchpad for us as to cultivate habitual, consistent rhythms of prayer as we deepen our relationship with God
- Help us normalize prayer as we practice it in community

HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with his Heavenly Father. Make a daily appointment with God—whether first thing in the morning, at lunch, or in the evening—and faithfully keep it.

HAVE A CERTAIN PLACE

Jesus prayed at a specific place. Having a designated spot can help you remove distractions and can free you to worship and sing and pray aloud.

HAVE A CERTAIN PLAN

This guide can serve as a plan to help you pray. Also, the book of Psalms in Scripture is a giant prayer book for God's people—a great place to begin. As we pray, our prayer time may include silence, praying through Scripture, worship music, making a thanksgiving list to give God praise, writing prayers, interceding for others, praying for those who do not yet follow Jesus, or many other things.

Remember, the specifics of what you do during these times matter less than simply your commitment to invest time in pursuing the presence of God. That's a lifestyle worth cultivating.

PRAYING FOR THE SPIRITUALLY LOST

Here is a helpful four-step process as you pray for the people in your life who don't yet follow Jesus:

PRAY

Pray that the Holy Spirit would begin drawing the people in your life and in your circle of influence to himself.

HOSPITALITY

Take a step of love by building relationships. Invite them for a meal, grab coffee, or go to dinner together.

QUESTIONS & STORY

Ask questions, be curious and fascinated with people, and don't dominate the conversation. When the Holy Spirit opens a door, share your story about your life before Jesus, how you came to put your trust in Jesus and found forgiveness, and how Jesus has changed (and continues to change) your life.

INVITE

Ask if they want to receive Jesus' forgiveness or would be open to joining you at church on Sunday to learn more about following Jesus.

If you haven't already, grab a notebook or journal, and write down the names of people you can be praying for during this season. Then pray like this:

“Jesus, I bring you each of these names, each of these people in my life who don't know you. Please give me opportunities to talk about you and how you've changed my life. I ask that you would guide me toward people who are hungry and thirsty for transformation and a new life. I need your boldness, Holy Spirit, because without you, my words are ineffective.”

PRAYING THE LORD'S PRAYER

This, then, is how you should pray: “Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.”
Jesus, in Matthew 6v9-13

This prayer from Jesus can be used in two distinct ways:

As a model: The Lord’s Prayer serves as the ultimate prototype—a condensed liturgical poem clearly intended for frequent repetition. It teaches us **what** to pray.

As a map: The Lord’s Prayer guides us as we express what’s in our hearts. Each line can be applied and expanded in personal conversation with the Father. It teaches us **how** to pray.

THE LORD’S PRAYER EXERCISES:

- Underline each distinct phrase in the Lord’s Prayer.
- Pray each distinct phrase slowly, leaving a long pause between each phrase. Pray through the Lord’s Prayer this way a minimum of three times.
- Pray each of the phrases you have underlined, one at a time. Talk to God about each phrase, one at a time. For example, the line “Our Father in heaven”—talk to God about being your Father, who is in heaven. Start there and continue with each phrase.

“To this day I am still nursing myself on the Lord’s Prayer like a child, and am still eating and drinking of it like an old man without getting bored of it.” – Martin Luther

SILENCE AND LISTENING PRAYER

Silence is a practice in prayer that counteracts the rampant hurry and habitual busyness of Western culture.

Pausing, being still, and practicing silence opens our minds and hearts to God's voice. Our world is increasingly becoming one loud echo chamber, and the fear that accompanies silence for many people reveals our brokenness.

Jesus lived out rhythms of silence and solitude with the Father (Luke 4v42). His own life challenges us to actively turn down the volume in our lives in order to practice being with him.

SILENT PRAYER EXERCISES

Stop talking: Just sit in silence. Begin by separating your identity purely from what you do or how you present yourself.

Be silent: Don't run from the emptiness or emotions that begin to arise. Ask God to gently help you process these as you wait upon him in the silence.

Listen: What comes into your mind? Give God each thought that enters your mind. Take each thought captive to Jesus. The thoughts that enter your mind's eye—surrender those to God. Don't try to make sense of all of them. Just hand them over to God. Trust him with what comes to you as you listen.

As you finish, be sure to write everything down, even the things that seem strange or unrelated. If God is speaking, he will continue the conversation. If they are just random thoughts, that's okay; it's all part of the learning process.

PRAYING FOR EASTER

Pray for our Easter gatherings. We've provided seven themes—we encourage you to look up the Scriptures associated with each, and then use the prayer prompts.

1. PRAISE GOD FOR WHO HE IS

Look up and read Psalm 148v13 and Exodus 34v5-7

Thank you, God, for your compassion, mercy, loyalty, steadfast goodness, patience, and long-suffering love for us. Lord, replenish our church and remind us that the cost is worth it.

2. PRAY FOR UNITY IN OUR CHURCH

Look up and read 1 Corinthians 1v10

Father, forgive us for the little cracks and the big divisions in our church. I know you do not overlook a lack of unity, but you withhold blessing until we are of one accord. I pray you give us harmony. Unity. Peace. Reconciliation. Show me what I can do to bring reconciliation. Please help us be one in Christ.

3. PRAY OVER THE EASTER MESSAGE PREPARATION

Look up and read 1 Corinthians 14v3, Ephesians 6v19-20, John 21v15, and Hebrews 13v7

Lord, preaching is a solemn responsibility. I pray that our pastor will bring the truths of Scripture in a way that reaches parents, grown kids, friends, neighbors, and coworkers this Easter. Please show our pastor exactly what you want him to say. Lead and illuminate your Word as he prepares. Help him through his teaching to strengthen, encourage, and comfort. Father, like I read in Hebrews 13, help our pastor to be a shepherd whose message is worth remembering, whose lifestyle is worth imitating, and whose faith is worth considering.

4. SEEK REVIVAL IN OUR CHURCH

Look up and read Psalm 85v6 and 2 Thessalonians 3v1

Lord, our nation is either going to break down or break through. These days look like a golden opportunity for revival, and so we ask you to send revival in our churches and awakening in our nation. I pray that your message will spread rapidly in our city and valley. Spirit, convict the world of sin, righteousness, and judgment. Fill the church with your power. I know that revival comes from you, but help us to be ready for it. May there be many people who hear and respond to the gospel message!

5. THANK JESUS FOR THE CROSS

Look up and read Colossians 1v20

Lord, thank you for the cross, for reconciling all things to yourself, and for making peace through your shed blood.

6. PRAISE GOD FOR THE RESURRECTION

Look up and read 1 Corinthians 15v13-14

Thanks, God, that Jesus is alive. I know that if Christ had not been raised, our message would be useless and so would our faith. Thank you for your provision for us. Since Christ rose, we can rise to meet the needs of those around us.

7. ASK FOR BIG FAITH IN A MIGHTY GOD

Look up and read James 4v2

Jesus, I believe that according to my faith it will be done unto me, and I am willing to believe you for more. I affirm that when God moves and does a miracle, it's because somebody believes. Help us to take the best care of the precious people you will send to CrossPoint on Easter. I pray expecting great things from you for your church and for your glory.

STAY CONNECTED THIS SEASON

24/7 PRAYER

February 18-25

Sign up for a one-hour time slot to pray with family, friends, or your CrossPoint Community—or spend the time alone with God

HOUSE OF PRAYER

February 18 | March 4 | March 18

6-7 p.m. each Wednesday night

(childcare will be available for younger kids)

GOOD FRIDAY GATHERINGS

Friday, April 3 – 5:30 and 7pm

EASTER GATHERINGS

Saturday, April 4 – 5pm

Sunday, April 5 – 7:30am, 9am, 10:30am, and Noon



Stay updated through the CrossPoint app, our weekly eConnect digital newsletter, and at CROSSPOINTLEW.ORG/EVENTS

CROSSPOINTLEW.ORG

**CROSSPOINT IS A COMMUNITY HELPING PEOPLE
TRUST AND FULLY FOLLOW JESUS**

CrossPoint Alliance Church

1330 Powers Avenue

Lewiston, ID 83501

