



Welcome to 101. We are so glad you have decided to begin our NEXT Track. We want to celebrate your decision to follow Christ with you! Whether you have committed your life to Christ for the first time or have recently rededicated your life, we are thrilled to celebrate with you.

101 is an introduction to what it means to follow Jesus. Each week we will explore Scriptures, principles, and practices to help you better understand the decision you have made. We will also equip you with some practical next steps as you begin this new journey.

101 consists of four 15-20 minute videos and two labs. Labs are scheduled throughout the year. The video sessions can be watched in any order, as long as you complete all four sessions.

At your first lab you will receive a Discipleship Journal, we encourage you to use your Discipleship Journal to begin writing your story. We all have a story. It can be helpful to write it down as a way of thinking through and recording what has happened in your life. As you learn to follow Jesus, you will have opportunities to share with others what you have experienced. This is a way to help you begin to frame what you might say.

Here are 3 questions to think through to help you as you write:

- What was your life like before you committed your life to Christ?
- How did you come to make the decision to follow Christ?
- What difference has Christ made in your life?

Session 1: Commitment

Session 2: Community

Session 3: Habits

Session 4: Development

When you choose to put your faith in Christ and follow Him...

-The record of your past is wiped clean.

*Therefore, if anyone is in Christ, the new creation has come:
The old has gone, the new is here! 2 Corinthians 5:17 NIV*

*Therefore, there is now no condemnation for those who are
in Christ Jesus, because through Christ Jesus the law of the
Spirit who gives life has set you free from the law of sin and
death.*

Romans 8:1-2 NIV

-You are declared to be a child of God.

*See what great love the Father has lavished on us, that we
should be called children of God! And that is what we are!
The reason the world does not know us is that it did not
know him.*

I John 3:1 NIV

-To find the will of God, know the Word of God.

We Listen to God and Do What He Says

Find ways to be exposed to Scripture.

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.

2 Timothy 3:16-17 NLT

God has a purpose for you—something for you to do!

-The decision you made should impact the decisions you make.

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:1-2 NLT

Our Past Does Not Define Our Future

Our new purpose leads us to new behaviors, habits and priorities.

God will give you the strength to make the tough choices as you align your life with the purposes of God.

For I can do everything through Christ, who gives me strength.

Philippians 4:13 NIV

-There will be times where you feel weak and even fail.

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.”... For when I am weak, then I am strong.

2 Corinthians 12:9-10 NIV

Fail forward. Learn from it. Allow it to be something you grow through.

Be aware of cycles.

Remember who He says you are.

For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin—because anyone who has died has been set free from sin.

Romans 6:6-7 NIV

Daily Readings:

As you study, ask God to help you understand what you read.

Day 1: 2 Corinthians 5:14-21

What stands out to you from this passage?

What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.

Day 2: Ephesians 2:1-10

What stands out to you from this passage?

What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.

Day 3: Galatians 5:16-25

What stands out to you from this passage?

What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.

Day 4: Matthew 16:24-27

What stands out to you from this passage?

What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.

Day 5: 2 Corinthians 12:9-10

What stands out to you from this passage?

What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.