

Mt. Rachel Student Ministry Newsletter

Weekly Newsletter – Week of February 2, 2026

Main Passage & Series Focus

Ephesians 5

This Wednesday marks the first week of our new Dating & Relationships Series, which we will be walking through all month long using Ephesians 5 as our primary passage.

Throughout this series, we will be asking important questions such as:

- What is dating and relationships really about?
- What does the world teach about relationships?
- What does the Bible teach?
- How do wisdom, purity, love, and sacrifice shape God-honoring relationships?

Our goal is to help students think biblically, wisely, and honestly about relationships and to understand God's design clearly.

Scripture Memory

Memory Verse – This Week

Ephesians 5:1 (ESV)

Therefore, be imitators of God, as dearly loved children.

Running Memory Verse List

- 1 Timothy 4:12
- 1 Timothy 4:16
- 1 Timothy 1:15
- 1 Timothy 1:5
- Ephesians 5:1

Students are encouraged to continue reviewing all verses as we build Scripture memory together.

THIS WEEK

Wednesday Night (Series Kickoff)

- Youth Worship: 6:15–7:30 PM
- After Youth Activity: 7:30–9:00 PM
 - High School Only
 - We will be going to Chick-fil-A and ice cream
 - Students should bring money

Sunday Morning & Evening

- Outlets (Sunday Morning): 9:00 AM
 - Sunday Night Bible Study: 5:00 PM
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COMING UP

February Schedule

- Feb 8 – Sunday Night Bible Study 5
- Feb 11 – Everyone Hangout + Youth Leader Panel Discussion
- Feb 18 – Valentine’s Day Theme Night
- Feb 25 – No After-Church Activities
- Feb 28- Girls Night Activity 6-9pm

DNOW Weekend

- March 13–15
- Partnering with Grove Level
- Lodging details still to come

 [Sign up here:](#)

Summer Camp

- June 1–5
- Lee University
- Cost: \$380

 [Interest Form:](#)

High School Girls — You're Invited

A new High School Girls Bible Study is coming soon.

- Meet for 15–20 minutes in the ROC after this Sunday's service
- We'll share the vision and what's ahead

 Questions? Contact Ashleigh: 423.290.1475

Girls Night:

- February 28 | 6:00–9:00 PM
 - Contact Ashleigh for details
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Parent Corner – Dating & Relationships Series **(Ephesians 5)**

This month, we will be walking through Ephesians 5 as the foundation for our Dating & Relationships Series. This passage gives us a clear biblical framework for love, purity, sacrifice, wisdom, and Christ-centered relationships.

We want parents to be fully aware that this series will address real and challenging topics, including:

- Dating and boundaries
- Sexual purity
- Sex and pornography
- Cultural messages vs. biblical truth

Parents, please know:

- You are welcome to join us during this series
- If you ever have questions or concerns, please contact me
- We want you to feel informed, comfortable, and supported

Our students are being exposed to these topics every day—often earlier than we realize. We believe it is the family’s role, with the help of the church, to shape how students understand these issues through the lens of Scripture, not culture.

Next week, we will also host a Youth Leader Panel Discussion, giving students a chance to hear wisdom and ask questions in a healthy, Christ-centered environment.

We would love to have parents present at any time during this series.

Closing

Thank you for trusting us with your students and for partnering with us as we navigate important conversations with truth, grace, and wisdom.

If you have any questions, concerns, or would like to sit in during the series, please reach out anytime.

With appreciation,

Kraig Givens

Mt. Rachel Student Ministry

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