

# The Trinity Window

TRINITY UNITED METHODIST CHURCH, 903 FOREST AVENUE, HENRICO, VA 23229  
804-288-6056

September 2024

## Pastor's Pen



As we begin a new school and program year, I want to take a moment to thank Trinity for being Trinity. We have weathered construction and busy travel schedules. We have endured staff changes. Through it all, we have remained the wonderful Trinity I have come to love over the last two years. I have recently heard from someone who was visiting that they felt very welcomed by everyone they met during their visit. Every church thinks they are welcoming, but I believe Trinity actually is. That says a lot about who we are and how we see our place in the world.

As we ramp up our fall, keep this hospitality in mind. Everywhere you can, invite others, encourage others, and brag about the wonderful community we are part of. The Grace of God is needed, especially in such a divisive time in the larger world around us. We experience that Grace here every day. As we have said for 2 years, we are indeed *Better Together*, and that is only multiplied when more are with us.

Be excited about our growing kid's program. Be excited about our growing student program. Be excited about the coming growth in our music program. Be excited about our growing together in worship, study, and outreach. We are Trinity, and we are leading, as we have since before 1790.

I am proud to be your pastor, and excited about what is coming. Stay tuned.

Yours in Christ,



## Dillard Forum Day of Learning

Sunday, September 29

Keynote speaker: Kim Bobo,

Co-Director Virginia Interfaith Center for Public Policy

Join us for worship, learning, fellowship and nonpartisan dialogue with Kim Bobo and her staff!

### Schedule:

**10:00 - Worship service** – sermon by Kim Bobo

**11:15 – Free lunch and keynote address** on the mission of service

**12:30 - Break-out Sessions** led by VICPP staff

- \* **Advocacy 101** – learn the basics of being a good advocate on social justice and about key resources  
VICPP leader: Robert Lester, Civic Engagement Coordinator, & Kim Bobo
- \* **Health Equity** – discuss opportunities for making Virginia the healthiest state VICPP leader: Rev. Dr. LaKeisha Cook, Co-Executive Director
- \* **Congregations and Affordable Housing**– learn what we can do to expand affordable housing  
VICPP leader: Sheila Herlihy Hennessee
- \* **Criminal Justice Reform** – discuss the reform issues and the opportunities to expand higher education in prison  
VICPP leader: Dr. Terri Erwin, Director

**1:30 – Closing Service**

Jen Williams will lead an after-lunch activity for kids. Free childcare will be provided for small children.

Register now to ensure your lunch and your first choice of break-out session: <https://tinyurl.com/76sfdsfx>



TREASURED MENTOR • COLLEAGUE  
BELOVED TEACHER • WIFE • MOTHER  
DAUGHTER • SISTER • FRIEND

## Lara Teague Curry Memorial 5K

**Saturday, September 14** will be here before you know it. We hope that you, your family, friends, and neighbors will sign up for the second running of the Lara Teague Curry Memorial 5K. The Kids Fun Run begins at 8 AM followed by the 5K at 8:30.

This neighborhood and community event is offered in support of a scholarship in honor of Lara Teague Curry, who was an outstanding Social Studies teacher at Douglas Freeman High School.

Additionally, a mental health component is a part of the 5K to remind all of us how fragile we can be in our lives. We are appreciative of the Curry and Teague families, Third Church, Trinity UMC, St. Stephen's Episcopal, Douglas Freeman High School, and the Henrico Education Foundation for the coordination of the 5K.

To sign up as a runner or a walker :  
<https://henricogives.org/lara/>.

To volunteer: <https://runsignup.com/Race/Volunteer/VA/Henrico/LTCMemorial5K>

For questions, contact Bill Pike



## Pub Theology: New Season

On **Tuesday, September 17**, Pub Theology will be held at the WayGone Brewery on Patterson Avenue. Our gathering starts with food and fellowship at 6 p.m. The church provides pizza, and we ask attendees to offer a \$5.00 donation to help offset cost. Each person is responsible for their own beverage purchase.



## Upcoming Events

**Sunday, September 15** Sunday lunch at Tanglewood Ordinary, 12:45 p.m. Come enjoy a delicious lunch served family style – good food and good fellowship. Feel free to meet us there – or carpool from church. Registration deadline is September 9. Cost is \$33 due at registration.

**Tuesday, October 8** Join us for a day trip to Michie Tavern in Charlottesville for lunch, followed by a stop at Carter's Mountain for all things apple: apple cider, apple cider donuts, and fresh apples off the tree! Cost of lunch and transportation: \$35.00; reservations will be required ahead of time. We will leave Trinity at 10:45 AM and return at 4 PM.

**Sunday, November 17** Program by Joann Faulkner on the history of Native Americans in Virginia. We will be in Trinity Hall, 2 – 3:30 PM.

**Wednesday, December 11** Join us as we travel to Riverside Theater to see "Christmas Spectacular". Lunch and Matinee performance included. We will leave at 10 AM and return by 5 PM.

We hope you will plan to join us for these programs and day trips! Contact Dan Nichols or Judy Oguich for more information.



## Trinity Preschool

Trinity Preschool and Parents' Morning Out is a comprehensive half-day, weekday program for children between the ages of 1 to 5 years old. It is a developmental program offered in a loving and nurturing environment to help children grow mentally, physically, emotionally, socially, and spiritually. Trinity Preschool/PMO is an outreach ministry of TUMC.

Open enrollment for the 2025-26 school year for TUMC members and past and current patrons goes live on September 1. Please apply online through our [web-site](#).

## Cedarfield Celebration

Join us on **Tuesday, September 24**, 3:30 - 4:30 PM in Cedarfield's Fellowship Hall for our quarterly celebration! We love spending time with our Cedarfield residents, but every Trinity member is welcome!!! (Cedarfield's address is 2300 Cedarfield Parkway, right off Three Chopt.) Along with wonderful fellowship, we will have a Trinity update, a Cedarfield update, a devotion by Pastor Brian, sing a few hymns and end with communion.

If you can participate on September 24, contact Carol Wampler ([carolwampler@msn.com](mailto:carolwampler@msn.com)) or John Taylor ([jaydeetay@verizon.net](mailto:jaydeetay@verizon.net)).

## NEW STUDIES

### POVERTY, BY AMERICA

MATTHEW DESMOND

PULITZER PRIZE-WINNING AUTHOR OF EXODUS

### Dillard Bible Study Group

The Dillard Bible Study Group will start again on **Monday, September 9**. We will meet Mondays at 7 PM via Zoom. Our first study will be 'Poverty, By America' by Matthew Desmond as recommended in preparation for the Dillard Forum Day of Learning on September 29.

### Great Texts for a Healthy Spirituality

Pastor Brian's study will start on **Wednesday, September 11** at 1:30 PM. All are welcome to join. "The Scriptures have always held a central place in Christian spirituality because the Christian spiritual life, like the Jewish spiritual life, revolves around the covenant that God initiated out of love. Scriptures cradle centuries of testimonies about human encounter with God. For Christians there is another story of stories; the story of Jesus. Constantly immersing ourselves in that story should help to form in us "the mind of Christ" (Philippians 2:5)."

### Pastor Daniel's Bible Study

We live in a time of division, a time of weaponized faith, a time in which "winning the argument" is often more important than preserving relationships. Join Daniel and a special group of people for an intensive look at the theme of reconciliation in the Gospels, every Thursday, from 6:00 to approximately 7:30 PM. Here is our schedule:

- **September 12:** Introduction—Reconciliation, Reconsidered
- **September 19-October 3:** The Religion of Reconciliation
- **October 10-October 31:** The Mindset of Reconciliation
- **November 7-November 21:** The Ethics of Reconciliation

It would be wonderful to have you with us for these sessions, as we reflect together on this crucial topic. All are invited! Come and join!

**RECONCILIATION**  
THURSDAYS 6:00-7:30 PM. 323

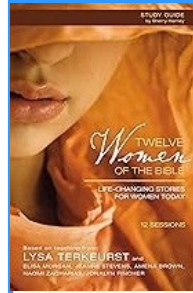
SEPT. 12: RECONCILIATION, RECONSIDERED

SEPT. 19-OCTOBER 3: THE RELIGION OF RECONCILIATION

OCT. 10-OCT. 31: THE MINDSET OF RECONCILIATION

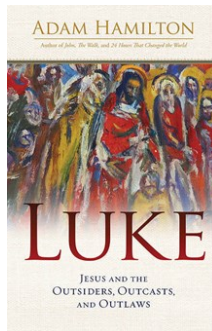
NOV. 7-NOV. 21: THE ETHICS OF RECONCILIATION

Pastor Daniel's Fall Bible Study



### Fall Monday Morning Bible Study

The study for this fall is: "Twelve Women of the Bible: Life-Changing Stories for Women Today". This is another study that has an accompanying DVD segment for each lesson. There are six different teachers that speak for a total of 12 lessons. We may or may not combine weeks or we may go for a full 12 weeks...this is something we can decide once we get into the study. I have read that there is not much preparation each week so it should be "homework light". I hope you will join us. The study starts **Monday, September 16** from 9:30 to 11 AM. Be sure to purchase your study guide for \$9.99 before the study begins.



### 3M Study

Our Wednesday Night Study Group, "3M" (named for Mary, Martha and Mark) will begin its 13<sup>th</sup> year on **Wednesday, September 25**.

We will start this fall with studying "Luke – Jesus and the Outsiders, Outcasts and Outlaws" by Adam Hamilton. We use two formats for gathering - in person as well as by Zoom – from 6 – 7:30 PM most Wednesdays (we won't meet Thanksgiving Eve, December 25, January 1, Ash Wednesday, etc).

Contact Judy Oguich for the Zoom link. The book is available from Amazon and from Cokesbury.

Following this 6-week study we will have an Advent study, then we will begin "Signs and Wonders" (a study by Amy-Jill Levine on the miracles of Jesus) in January.

New members are always welcome! Contact Judy Oguich for any questions.



## Better Together Coffee Hour September 15, 10-11 AM

Guests and visitors of Trinity: come join us for an hour of coffee and conversation. We will gather in our parlor (next to the Chapel and Sanctuary) to chat and learn a little bit about each other. Representatives from Trinity's various ministries will be present to help you and your family learn more about life in our church family. Sign up now at <https://tinyurl.com/2p83tdwy>



## Pumpkins Are Coming Saturday, September 21



The Pumpkin Patch is coming on Saturday, September 21!

The Pumpkin Patch, a well-loved Trinity tradition, is the Student ministry's primary fundraiser. The pumpkins are scheduled to arrive Saturday, September 21 at 9 AM, and we will need lots of help unloading the truck! Bring yourself, your family, and perhaps 10 of your closest friends!



## Tables of Eight

Close to 40 individuals participated in "Tables of Eight" in 2022/2023, forming five groups that each met every 4 to 6 weeks for dinner and fellowship. Persons who participated thoroughly enjoyed their time together, making new friends and connecting deeper with established friends. There is no agenda for the gatherings – only to have dinner together and getting to know each other better.

We are looking to organize new groups this fall, running October through May (or longer if the group chooses to). Please email Judy Oguich, [joguich@trinityumc.net](mailto:joguich@trinityumc.net), with "Tables of Eight" in the subject line to register. We will have an organizing meeting in early October.

# TRINITY Kids

## What's Happening in Trinity KIDS Ministry?

Kids Discipleship during the 10am hour occurs in these locations:

Nursery: Birth – 3 year olds  
Room 208: Preschoolers (3-5 year olds)  
Room 302: Elementary schoolers

## Here's what we're learning this month!



Grab some blankets and flashlights! We're going to build a fort or jump on the couch because the floor is lava! That's right — it's time for a family staycation! In this series about Abraham and his family (and our families, too!), kids will learn that God blesses us so we can bless others and God always shows us compassion. That's why we can trust God (even when it's hard to trust each other), always belong in God's family, and can make peace with others — especially the people who live with us



This summer has been busy at Trinity with all of the building renovations taking place!! Since the building renovations are not yet complete, our discipleship classes at 10am will not start until September 8. Here are some updates as we head into the fall!!

**Nursery:** Our nursery is still in the midst of renovation! We anticipate opening up the nursery to our littlest ones on September 15!!

**\*\* The nursery chairs and toys will remain in the Welcome Center for your use until we are able to open the nursery. \*\***

**Preschool and Elementary Classrooms:** Our preschool classroom (room 208) should be ready on September 8. We anticipate that our elementary classrooms (302/304 and 300) will be ready on September 8 as well. In the event that it is not, we will meet in room 200 until we can access that room again.

Thank you for your patience as we work towards getting all of our spaces open for our kids ministry!



Kids Worship (after the Kids Moment at both the 9am and 11am worship services) is in need of volunteers for the fall!

Please sign up if you can help!  
<https://tinyurl.com/3shj4bx4>

# TRANSIT

4<sup>th</sup>–5<sup>th</sup> Grade

Transit is our 4<sup>th</sup> and 5<sup>th</sup> grade program at Trinity! It is open to all 4<sup>th</sup> and 5<sup>th</sup> graders at Trinity and in our community! We meet 3x each month from September – November and January – March at Trinity from 5-7pm on Sunday evenings in room 302. Our program includes dinner and activities/games!

Our fall dates for Transit are:

September 8, 15, 22

October 6, 13, 27

November 10, 17, 24





## United Women in Faith

### From the Trinity UWF President

Dear Trinity Sisters,

As we begin a new year, I want to quote one of my favorite authors, Howard Thurman. He says:  
“Ask what makes you come alive and go do it.”

It's up to us to make this a great year at Trinity.  
As we support our Pastors and staff and move out in mission to women, youth and children, let's live into our purpose.

I hope to see you at our meetings coming up this fall.  
We have some amazing things planned. Note that our first two events are night meetings; all are welcome to join us for supper and fellowship!

Live alive!  
Jo

### Circle Meetings

Trinity is blessed to have five Circles that meet monthly. All are open and welcome new members! Following is the meeting information for this month. For more information contact the leader via Trinity's website: [www.trinityumc.net/women](http://www.trinityumc.net/women)

Circle 1 – Tuesday, Sept. 17, 9:30am, Student Center  
Leader: Stacy Campbell

Circle 4 – Thursday, Sept. 5, 11am, Student Center  
This will be our planning meeting for the year.  
Leader: Dianne Moore

Circle 6 – Tuesday, Sept. 3, 10am, Student Center  
We will meet to plan our programs. Lunch to follow at Chianti's in Gayton Crossing.  
Leader: Jo Lewis

Circle 7 – Thursday, Sept 19, 7pm, Student Center  
At our kick-off meeting, we will welcome everyone, discuss plans for the year, and sign birthday cards for Oak Grove-Bellemeade students.

Leaders: Shari Adams & Caroline Cardwell

Circle 10 – Thursday, Sept. 5, 6pm, at the home of Jan Booker.  
Leader: Sharon Wenger

### Planting Seeds in a Food Desert

Speaker: Bob Argabright

September 12, 6pm



Join us for a covered dish dinner followed by Bob's presentation on the work he is doing at Oak-Grove Bellemeade School. Come to hear all about the learning program he has built and the work to create the Bellemeade Park.

### Save the Date!

**October 10 – 7pm – Room 324**

Program: Living Waters in Times of Drought:

Re-digging the Wells of Our Foremothers

Speakers: Jo Lewis and Shari Adams

Men as well as all women and youth are welcome to participate in any of the UWF programs.

### Board Meeting

**Sunday, September 8**

**12:15pm in the parlor**

Note: we will be meeting on Sunday and not on the day of the September unit meeting. Board members will be voting on the Harvest Day offering recipients and planning projects for the December Service Day.

Snacks will be provided.

The Trinity UWF Board is comprised of the Officers, Mission Coordinators and Circle Leaders.



## Getting To Know Us

This is a new feature for The Window. It is designed to help us to get to know a little bit about each other. We want to introduce you to Karen and Jerry Williams.

### How long have you been members of Trinity?

Jerry joined in the early 1970s while he was a student at the University of Richmond. Karen joined in the late 1970s after they were married. Dr. Fink was the minister at the time. Interestingly, Dr. Fink had married Jerry's parents, baptized Jerry, and participated in our wedding.

### Where did you grow up?

Jerry grew up in Lawrenceville, Virginia, and Karen in Henrico County.

### What was your occupation?

In general terms, bankers. Karen and Jerry spent their careers and retired from the Federal Reserve.

### Who is your favorite sports team?

University of Richmond Spiders

### How are you involved in community outreach at Trinity?

Karen and Jerry are loyal participants in the local food pantry efforts. As a member of Circle 1, Karen helps with Meals on Wheels deliveries, service days, and projects sponsored by the Circle. Jerry partners with another friend to assist with Meals On Wheels.

### If you could take a trip anywhere in the world where would you go?

A trip to Africa for the Great Migration would be the trip that Karen and Jerry would love to take. To see these animals in their natural habitat would be wonderful.





## Keep Your Rivers and Oceans Cleaner Save Your Water Pipes too!

1. **Paint** contains harmful chemicals that can corrode pipes. Pouring paint down the drain contaminates water sources. Take to a recycling center for proper disposal.
2. **Fats, oil, and grease** can solidify and clog your pipes, leading to severe blockages. Dispose of these in trash.
3. **Fibrous vegetables** such as celery, artichokes, and onions can get tangled in the disposal motor, causing jams and obstructing water flow. Add fibrous vegetables to your compost or trash.
4. **Starchy foods** like potatoes and pasta should not be poured down the drain because they can also clog the pipes. The starch from potatoes can cause your disposal blades to stick, and peels can adhere to the sides of your pipes. Use a strainer to catch starchy food particles before they enter the drain. Add to a compost pile or trash.
5. **Household cleaners** contain corrosive chemicals that can damage pipes and harm septic systems. Take unused cleaners to a hazardous waste disposal site.
6. **Coffee grounds** can accumulate in pipes, causing clogs and expensive future repairs. They are oily and can clump up, making it difficult for water to pass through. Put them in compost or trash.
7. **Produce stickers** are a small but sticky substance that can block your pipes. Peel stickers off your produce and dispose of them in the trash.
8. **Cat litter** should never be put into the toilet, even if it's labeled as flushable. Instead dispose of the litter in the trash. Even products labeled as 'flushable' can clump and block your pipes.
9. **Eggshells** don't decompose quickly and can build up, making it hard for anything else to go down the drain. They can stick to the sides of your pipes, leading to blockages. Instead of allowing eggshells to go into the drain, add them to your compost or trash.
10. **Body wipes and baby wipes** should never be flushed down your toilet even if the packaging says you can do this. They can cause severe clogs. Throw away in the trash.



### Jill's Blankets

Jill's Blankets will be doing an event at Trinity on Monday, October 7. There are multiple times during the day that you can sign up for. Come when you can, stay as long as you

can! To sign up go to : <https://www.signupgenius.com/go/10C0F48AFAB29AAFD43-50413693-fall#/>

## Joys and Concerns

### New Members

*Beth Proffitt, Barry Proffitt, Porter Shomo, Donna Shomo*

### Our sympathies to...

*The family of Susan Opdycke who died August 14  
Dr. John Peters whose wife Kay Peters died August 14  
Amanda Belding whose mother Helga Ashby died August 13  
Paul Brooks whose father Jim Brooks, Jr. died August 4  
The family of Callie Stuart who died July 31*



### Join the Greeter Team!

Trinity is building a greeter team! As a church, a core part of our mission is to wel-

come guests, and Trinity's greeting ministry is an essential part of how we accomplish this mission. As we start to build greeter teams, please go to <https://tinyurl.com/7tax3f3e> and indicate your interest and availability for being a greeter!



### Volunteers Needed

The Bereavement Committee is a mission project at Trinity to assist families during a time of sorrow. There are several teams of volunteers who plan and provide a reception in the Welcome Center following a funeral/memorial service at Trinity. We are looking for more volunteers to join us. Contact Peggy Hart or Linda Latimer if you are interested, or go to <https://www.trinityumc.net/volunteer>



### NEWSLETTER DEADLINE

The deadline for the next Window is **Monday, September 16 at 4 PM for events taking place in October.** Articles may be submitted prior to the deadline, and we encourage early submissions. Articles must be submitted in writing to Kim Tingler, [ktingler@trinityumc.net](mailto:ktingler@trinityumc.net).