



PRAYER & FASTING

Title: FASTING FOR LORDSHIP

Main Scripture: Hebrews 12:1-2

Move from consumer to contender!

Jesus is the Champion! His victory is our victory.

How can we run the race set out for us? Throw off, get free, fix your eyes.

Lead your desires to the Lordship of Jesus.

We can move from consumer to contender when we allow the Lordship of Jesus to lead us.

Prayer of Reflection

Search me, O Lord Jesus Christ.

I want to walk in your light and live under Your Lordship

Show me the places and spaces where my
desires have run wild or led me away from You.

Show me how consumerism or other masters
may be deforming me.

Please help me, Lord Jesus.

Prayer of Invitation

Lord Jesus, I do declare that you are alive and you are Lord.

I declare that you are strong enough to handle my
desires, fears and needs.

I choose to come under Your Lordship.

Please exert Your victory over my life today.

I choose to contend for You.

Lead me in Your everlasting way. Lead me today, and every day –
until I see You face to face. I love You, Jesus. Amen.

The Small Group Sermon Study

Opening Prayer: *Father, in Jesus' name, through the Holy Spirit, come and speak to us, teach us and transform us as we read, discuss and reflect on Your word.*

Read the key passage(s) of Scripture from the message and review the points from the sermon notes, then answer the following questions:

1. What did you like or appreciate about this message? What was new or surprising to you?
2. What do we learn from this passage and message about God (Father, Jesus, Holy Spirit)? What do we learn about who He is, how He feels, what actions He takes, etc.?
3. What does this passage tell us about responding to God? What does living by faith look like in this passage?
4. What don't you understand or what other questions does this passage/sermon make you ponder?
5. What challenges are being brought to light in this sermon/passage? Are there any obstacles to which you can relate?
6. What attitudes, emotions, behaviors, or ideas are being exposed? How do they line up with what we know about God's character and His word?

Personal Reflection:

Silently re-read the key Scripture(s) from the message, asking the Holy Spirit to speak to you.

- What do you need to surrender to Jesus? How will you respond to what God is showing you?
- What verse, phrase or word do you need to take with you this week? How will you act on what you've heard?

Prayer: *Spend time praying for one another (that we would grow in our love for God and others, that we would be transformed by what God has revealed, that we would be alert and obedient to God, etc.).*