Print out the GROW memory verse PDF.

Create your own motions for the verse and memorize it together!

Have each person guess how many inches tall he/she is.

Get out a measuring tape to see who's guess is the closest!

Take a moment to thank God for helping our bodies grow big and strong.

Take a walk outside as a family.

Look for signs of spring.

Do you see any flowers poking through the ground? Is the grass starting to turn green yet?

Pop some popcorn and spend time as a family looking at your kids' baby pictures!

Share stories with them about when they were a baby.

Remind them they're still so special to you!

Read 2 Peter3:18 (NIV) together:

"But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

Discuss- What is one way you can grow closer to Jesus?

Plant something together as a family.

Take pictures frequently so you can monitor how much it has grown!

Thank God for the way he cares for his creation.