



FROM GRIEF TO JOY

A 40-Day Journey to Easter
February 18 – March 29, 2026

**Jesus, the Risen One, turns our
deep grieving into rejoicing.**

Wednesday • February 18, 2026

Day 1

Scripture: Genesis 3:8–15

Where are you hiding? Even in shame, God moves toward you.

Thursday • February 19, 2026

Day 2

Scripture: Romans 4:18

What promise feels delayed? Waiting is not wasted.

Friday • February 20, 2026

Day 3

Scripture: Genesis 50:20

God can redeem what others meant for harm.

Weekend Reflection & Prayer

Slow down. Where have you seen God this week? Where are you grieving? Where is He forming joy?

Monday • February 23, 2026

Day 6

Scripture: Psalm 34:18

He is near to your broken places today.

Tuesday • February 24, 2026

Day 7

Scripture: Isaiah 43:2

You are not walking through this alone.

Wednesday • February 25, 2026

Day 8

Scripture: John 2:1–11

Bring Jesus your empty jars.

Thursday • February 26, 2026

Day 9

Scripture: John 4:13–14

What are you drinking from that still leaves you thirsty?

Friday • February 27, 2026

Day 10

Scripture: John 5:6

Healing begins with honesty.

Weekend Reflection & Prayer

Slow down. Where have you seen God this week? Where are you grieving? Where is He forming joy?

Monday • March 02, 2026

Day 13

Scripture: John 9:25

Ask Jesus to open your eyes.

Tuesday • March 03, 2026

Day 14

Scripture: John 11:35

Jesus weeps with you.

Wednesday • March 04, 2026

Day 15

Scripture: Luke 9:23

Surrender today, not someday.

Thursday • March 05, 2026

Day 16

Scripture: John 15:5

Stay connected. Abide.

Friday • March 06, 2026

Day 17

Scripture: Matthew 21:9

Is Jesus King in your decisions?

Weekend Reflection & Prayer

Slow down. Where have you seen God this week? Where are you grieving? Where is He forming joy?

Monday • March 09, 2026

Day 20

Scripture: John 12:3

Offer Him your costly worship.

Tuesday • March 10, 2026

Day 21

Scripture: John 13:34

Who needs grace from you today?

Wednesday • March 11, 2026

Day 22

Scripture: John 16:20

Your grief is not the end of the story.

Thursday • March 12, 2026

Day 23

Scripture: Luke 22:42

Pray: Not my will, but Yours.

Friday • March 13, 2026

Day 24

Scripture: Matthew 26:75

Failure does not disqualify you.

Weekend Reflection & Prayer

Slow down. Where have you seen God this week? Where are you grieving? Where is He forming joy?

Monday • March 16, 2026

Day 27

Scripture: John 19:30

You don't have to strive anymore.

Tuesday • March 17, 2026

Day 28

Scripture: Matthew 27:51

The way to God is open.

Wednesday • March 18, 2026

Day 29

Scripture: John 20:1

It may feel dark—but resurrection is near.

Thursday • March 19, 2026

Day 30

Scripture: John 20:16

He calls you by name.

Friday • March 20, 2026

Day 31

Scripture: John 20:19

Peace enters locked rooms.

Weekend Reflection & Prayer

Slow down. Where have you seen God this week? Where are you grieving? Where is He forming joy?

Monday • March 23, 2026

Day 34

Scripture: John 20:27

Bring your doubts honestly.

Tuesday • March 24, 2026

Day 35

Scripture: John 21:17

Jesus restores and recommissions.

Wednesday • March 25, 2026

Day 36

Scripture: Acts 2:4

The Spirit empowers you.

Thursday • March 26, 2026

Day 37

Scripture: Romans 8:1

There is no condemnation for you.

Friday • March 27, 2026

Day 38

Scripture: Revelation 21:4

One day, every tear will be wiped away.

Weekend Reflection & Prayer

Slow down. Where have you seen God this week? Where are you grieving? Where is He forming joy?
