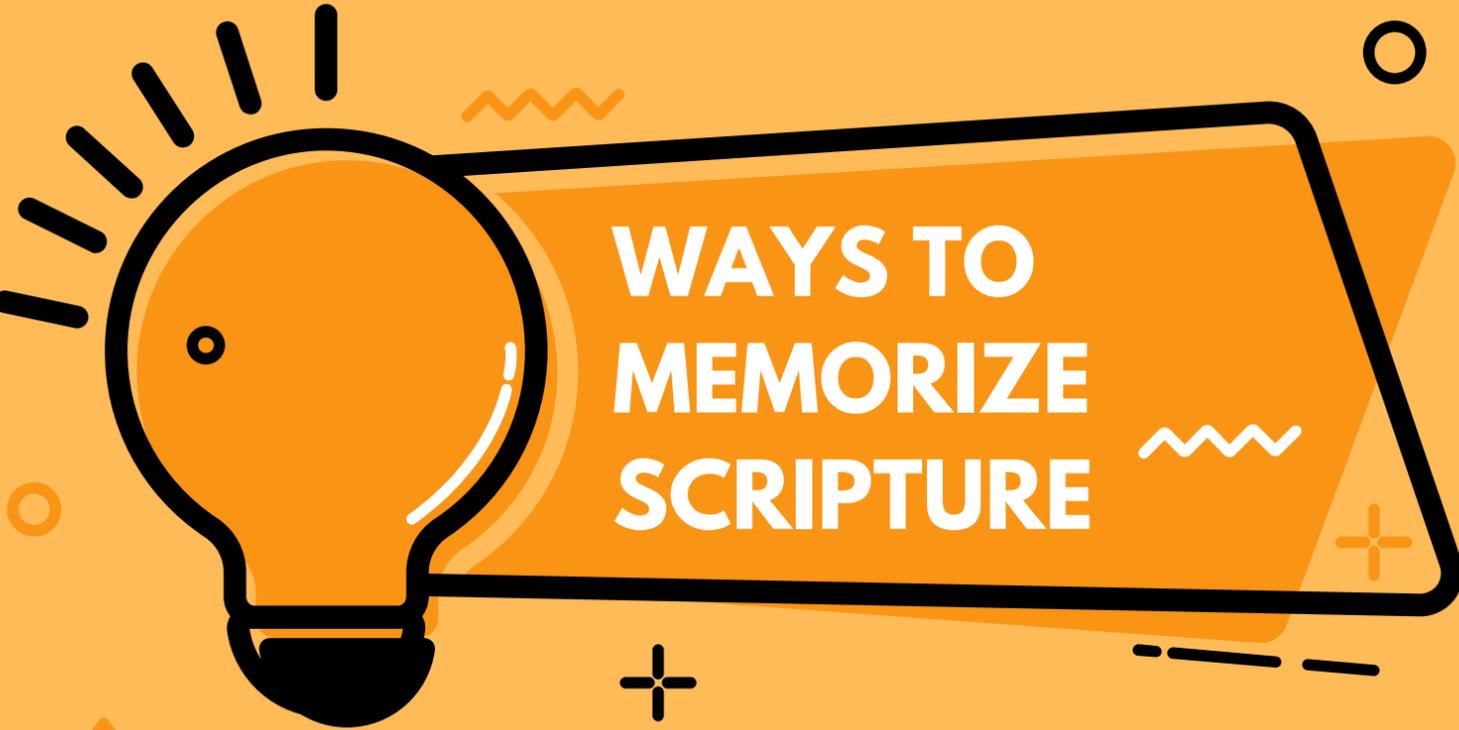


WAYS TO MEMORIZE SCRIPTURE



REPETITION

Target one or two verses and create repetition by memorizing each clause one at a time. Do not move on to the next clause or phrase until you've said the first one at least 15x without looking. Example: "The Lord is my Shepherd." Once memorized, move on to "I shall not want."

AUDIO

Target one chapter of scripture and play it over and over and over again. When you're in the car, play it instead of music or sports talk. In the shower, play it. Mowing, put it on the headphones. The Bible inside the Heritage app will read scripture aloud. The YouVersion app as well.

Memorize through listening to the same text repeatedly.

STICKY NOTES

Choose one or two verses and write on 50 sticky notes. Place those sticky notes in everyday areas for you. Bathroom mirror. Car dashboard. Refrigerator. Each time you are in these spaces, pause to read aloud.

DAILY ALARM

Choose a verse or two you want to memorize. Set a daily alarm, giving yourself at five to ten minutes with each alarm. When the alarm sounds, pause to read those verses and those verses alone. Over time, try to speak the verses before opening your Bible. Try for 14 days.

LOCKED SCREEN

What is the one thing you look at a hundred times a day? Create a lock screen and home screen of a verse or two. Each time you go to your phone and see the lock screen of the verse, pause and read it. This may be the hard part, slowing down enough to not just open the phone, but pausing to read and digest the verse before moving on.

MOVED BY THE SPIRIT

As you are aware of memorizing scripture, be open to verses the Spirit is sharing with you. As you sit in worship, read on your own or hear a friend mention a Biblical truth, take note of those verses that are speaking. Write them down and memorize. Targeting verses from life experience help create connection from memory.