

DAILY S.O.A.P JOURNAL

DATE _____

Scripture

Observation

Application

Prayer



How To Use SOAP JOURNAL

THE HOLY SPIRIT IS YOUR TEACHER AND YOUR HELPER. YOU ARE NOT ALONE. BEFORE YOU OPEN YOUR BIBLE, INVITE HIM IN AND ASK FOR GUIDANCE, UNDERSTANDING, AND REVELATION AS YOU READ THE WORD OF GOD.



SCRIPTURE

Read the selected passage for the day from the reading plan on the reverse side. Read slowly and out loud if possible. Research has shown that reading out loud improves focus and memory! Write down any verses or statements that stood out to you.



OBSERVATION

Write down your key observations from the passage.
Who is involved? What did God/Jesus do?
What did people do? What did God/Jesus say?
What Ideas did people express?
What questions do you have?



APPLICATION

What did you learn about God and man? How should the truth from the passage influence your attitudes, affections, and actions towards God and others?
Is there: A command to obey? A promise to trust?
A sin to avoid or turn from? An example to follow?



PRAYER

Thank God for the truth you have learned in your reading. Ask the Holy Spirit to give you the wisdom to understand anything that was unclear to you. Ask the Holy Spirit to give you the wisdom, courage, and power to apply what you learned. Ask God to meet your personal needs and the needs of others.