

# FAMILY VALENTINE

## ACTIVITY CALENDAR

FEB  
2026

Hey Parents,

February is the month of love and it is a perfect time to build connection with your whole family. Use the Family Valentine's Activity Calendar to spark healthy rhythms of blessing, connection, communication, and discipleship in your home.

**Suggested use:** Gather your whole family and invite them to participate in each day. Print a copy and hang it in a common place or save it to your phone for quick reference. **Bonus:** Set a daily alarm to remind you to do each activity.

— **Celebrate LOVE all month long with your FAMILY**

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# FAMILY VALENTINE ACTIVITY CALENDAR

*do the activity, read the verse with your FAMILY (if listed) ...*

1 <b>EACH PERSON SHARES ONE WAY THEY FEEL LOVED.</b>  1 COR. 13:4-7	2 <b>WRITE ENCOURAGING NOTES FOR EACH FAMILY MEMBER</b>  Read at dinner	3 <b>EAT A PIECE OF CANDY TOGETHER</b> Share the sweetest part of being in your family	4 <b>WRITE OR DRAW A "GOD LOVES YOU" LETTER TO A FRIEND</b>  Share the sweetest part of being in your family	5 <b>GRATITUDE NIGHT</b> Share one thing you appreciate about each person	6 <b>FAMILY GAME NIGHT</b>  Losers write a loving poem to winner	7 <b>SHOW LOVE THROUGH SERVICE - EACH PERSON DOES A SECRET ACT OF KINDNESS</b>
8 <b>WHAT IS GOD'S LOVE LIKE?</b> Write or draw ways God shows love  ROM. 8:38-39	9 <b>CREATE ART WITH VERSES ABOUT LOVE</b>  JOHN 3:16 OR PSALM 136:1	10 <b>GIVE EVERYONE IN THE FAMILY A HUG 3 TIMES TODAY</b>	11 <b>SURPRISE A FAMILY MEMBER WITH A SPECIAL TREAT</b>	12 <b>CREATE A VALENTINES CARD OR LETTER TO GOD</b>  1 JOHN 4:19	13 <b>MAKE &amp; EAT DESSERT BEFORE DINNER AS A FAMILY</b>	14 <b>SEND A VIDEO VALENTINE TO A FAMILY MEMBER OR FRIEND</b>
15 <b>BAKE &amp; TAKE TREATS TO A NEIGHBOR ASK IF THEY NEED ANY HELP</b>	16 <b>PRAY FOR SOMEONE WHO IS DIFFICULT TO LOVE</b>  LUKE 6:27	17 <b>BE KIND TO YOURSELF.</b> At dinner each person shares one thing they love about themselves	18 <b>MORNING BLESSING</b> Speak an encouraging blessing over each family member	19 <b>LOVE CHECK IN</b> Each person shares one way others can love them better	20 <b>CALL A GRANDPARENT OR IMPORTANT PERSON AND SAY I LOVE YOU</b>	21 <b>VALENTINE OUTREACH</b> Create cards or art for nursing home residents
22 <b>SERVE TOGETHER</b> Schedule a day to serve together as a family	23 <b>POSITIVITY CHALLENGE</b> Speak only positive words today	24 <b>TELL A FRIEND ONE THING YOU LOVE ABOUT THEM</b>  PROV. 17: 17	25 <b>EACH PERSON SHARES THEIR FAVORITE FAMILY MEMORY</b>	26 <b>LEAVE "I LOVE YOU" NOTES WITH EACH PERSON - HIDE THEM FOR A FUN SURPRISE</b>	27 <b>GO OUT TO DINNER AND LEAVE A GENEROUS TIP WITH A LOVING NOTE TO THE SERVER</b>	28 <b>PRAY TOGETHER TO THANK GOD FOR YOUR FAMILY</b>