

FAMILY VALENTINE

ACTIVITY CALENDAR

FEB
2026

Hey Parents,

February is the month of love and it is a perfect time to build connection with your whole family. Use the Family Valentine's Activity Calendar to spark healthy rhythms of blessing, connection, communication, and discipleship in your home.

Suggested use: Gather your whole family and invite them to participate in each day. Print a copy and hang it in a common place or save it to your phone for quick reference. **Bonus:** Set a daily alarm to remind you to do each activity.

Celebrate LOVE all month long with your FAMILY

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FAMILY VALENTINE ACTIVITY CALENDAR

do the activity, read the verse with your FAMILY (if listed) ...

- 1** **EACH PERSON SHARES ONE WAY THEY FEEL LOVED.**
1 COR. 13:4-7
- 2** WRITE ENCOURAGING NOTES FOR EACH FAMILY MEMBER
Read at dinner
- 3** EAT A PIECE OF CANDY TOGETHER
Share the sweetest part of being in your family
- 4** WRITE OR DRAW A "GOD LOVES YOU" LETTER TO A FRIEND
- 5** GRATITUDE NIGHT
Share one thing you appreciate about each person
- 6** FAMILY GAME NIGHT
Losers write a loving poem to winner
- 7** **SHOW LOVE THROUGH SERVICE - EACH PERSON DOES A SECRET ACT OF KINDNESS**
- 8** **WHAT IS GOD'S LOVE LIKE?**
Write or draw ways God shows love
ROM. 8:38-39
- 9** CREATE ART WITH VERSES ABOUT LOVE
JOHN 3:16 OR PSALM 136:1
- 10** GIVE EVERYONE IN THE FAMILY A HUG 3 TIMES TODAY
- 11** SURPRISE A FAMILY MEMBER WITH A SPECIAL TREAT
- 12** CREATE A VALENTINES CARD OR LETTER TO GOD
1 JOHN 4:19
- 13** MAKE & EAT DESSERT BEFORE DINNER AS A FAMILY
- 14** **SEND A VIDEO VALENTINE TO A FAMILY MEMBER OR FRIEND**
- 15** **BAKE & TAKE TREATS TO A NEIGHBOR**
ASK IF THEY NEED ANY HELP
- 16** PRAY FOR SOMEONE WHO IS DIFFICULT TO LOVE
LUKE 6:27
- 17** BE KIND TO YOURSELF.
At dinner each person shares one thing they love about themselves
- 18** MORNING BLESSING
Speak an encouraging blessing over each family member
- 19** LOVE CHECK IN
Each person shares one way others can love them better
- 20** CALL A GRANDPARENT OR IMPORTANT PERSON AND SAY I LOVE YOU
- 21** **VALENTINE OUTREACH**
Create cards or art for nursing home residents
- 22** **SERVE TOGETHER**
Schedule a day to serve together as a family
- 23** POSITIVITY CHALLENGE
Speak only positive words today
- 24** TELL A FRIEND ONE THING YOU LOVE ABOUT THEM
PROV. 17: 17
- 25** EACH PERSON SHARES THEIR FAVORITE FAMILY MEMORY
- 26** LEAVE "I LOVE YOU" NOTES WITH EACH PERSON - HIDE THEM FOR A FUN SURPRISE
- 27** GO OUT TO DINNER AND LEAVE A GENEROUS TIP WITH A LOVING NOTE TO THE SERVER
- 28** **PRAY TOGETHER TO THANK GOD FOR YOUR FAMILY**