

Heal Your Hurting Mind—2 God Will Heal Your Mind

You're a spirit with a soul that lives in a body.

Salvation is instant, but sanctification is a process.

They came to Bethsaida, and some people brought a blind man and begged Jesus to touch him. ²³He took the blind man by the hand and led him outside the village. When he had spit on the man's eyes and put his hands on him, Jesus asked, "Do you see anything?" ²⁴He looked up and said, "I see people; they look like trees walking around." ²⁵Once more Jesus put his hands on the man's eyes. Then his eyes were opened, his sight was restored, and he saw everything clearly. Mark 8:22–25 NIV

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Never underestimate what God can do when you simply bring someone to Jesus.

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Partial healing is not failed healing; it's healing in progress.

Once more Jesus put his hands on the man's eyes. ...

Mark 8:25 NIV

TALK IT OVER

On a scale from 1-10, how open are you with friends and family about your mental health struggles?

Read **Mark 8:22-25**. What advice or encouragement would you give someone who is in a season of waiting for healing?

Share about a personal experience when you received Jesus' healing. What makes that memorable, and how can that encourage you in difficult moments?

Start the Bible Plan *5 Strategic Mental Health Memory Verses* using Plans With Friends: www.go2.lc/renew