



# INSIDE JOB – GROWTH GROUP

## Session 2 - Study Guide

### LESSON TWO

# THE CORRECT MOTIVATION

The right motivation is critical to experiencing lasting freedom. Often, sorrow can be a powerful source of motivation to seek help. Yet, it's not enough to just be grieved over your sin—you have to be grieved for the right reasons!

We must understand that there are two types of sorrow: godly sorrow and worldly sorrow. Both of these sorrows are genuine emotions which differ in focus. Worldly sorrow focuses on self. It is more concerned about the personal effects of sin's consequences. Godly sorrow focuses on God and the harm done to others. It goes beyond self-centeredness and is God- and others-centered.

In this lesson we learned:

1. The difference between the two types of sorrow.
2. How godly sorrow produces repentance.
3. An intimate relationship with God is foundational to a life of freedom.
4. To be honest with your assessment of your motives.
5. If you're honest, you can change. If you are not honest, you cannot change.

### REFLECT

1. Why do you want to be free from porn?
2. Are you grieved that you are hurting God's heart and others? Why or why not?
3. How do your motives affect your addiction?



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### VOICE OF TRIUMPH

- I have a pure heart and a steadfast spirit. (Psalm 51:10)
- My heart is filled with God's Word and I delight to do His will. (Psalm 40:8)
- I am a new creation. Old things have passed away and all things have become new. (2 Corinthians 5:17)

### BATTLE READY

“There is a direct connection between your sexual behavior and your destiny in Christ. God has designed you and me to do amazing things for his kingdom, and our level of sexual purity will determine how useful we are. Sex and destiny are linked. This is why the devil works so hard to ensnare you in sexual sin. His goal is to neutralize you through immoral sexual behavior, thereby making you ineffective for the kingdom. And after twenty years of counseling men on this issue, I can tell you this is evidence that the devil is scared of you. Yes, afraid. Here’s why. We have all seen great men of God excelling in the Lord and moving toward global impact, only to succumb to sexual sin. Suddenly, all they can do is watch as their ministries, families, and reputations crumble in shame. Had these men prepared themselves to fight against sexual sin—been transparent with others, sought counsel, remained accountable—we would still benefit from their ministries today. As I like to say about the devil, if he can seduce you, he can reduce you. There are examples of this throughout the Bible, especially regarding sexual temptation. Our biblical forefathers’ and mothers’ responses to temptation had a direct impact on their fates.”

—Doug Weiss, Author of *Clean2*

### VICTORY STANCE

Therefore we make it our aim, whether present or absent, to be well pleasing to Him. (2 Corinthians 5:9 NKJV)

### BATTLE PLAN



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Make a list of compelling reasons you desire to be free from porn. Also, write a clear vision of where you can be five years from now if you start walking in freedom. Focus it on intimacy with God and developing the healthy and thriving relationships with others. View these statements often, especially when you're tempted.