



INSIDE JOB – GROWTH GROUP

Session 1 - Study Guide

LESSON ONE

THE STRUGGLE IS REAL

You have an enemy who is determined to destroy you. One of his most effective weapons is **pornography**. This is because the ripple effects of porn addiction reach beyond an individual and damage marriages, families, and communities.

But it doesn't have to be this way! Jesus loves you and has paid a great price for you to live in freedom. If you are struggling with porn, there is hope. You can find freedom, because Jesus has not only freed you from the penalty of sin—He has also freed you from its power.

In this lesson we learned:

1. You're not alone in the battle with porn.
2. God loves the sinner but hates the sin.
3. Porn is sin and separates you from God.
4. Porn degrades people created in the image of God.
5. Porn is a betrayal and hurts those in relationship with you.
6. Porn is slavery.
7. You can experience victory over porn.

REFLECT

8. Why do you think pornography is so destructive?
9. What are some of the damaging effects of porn?
10. What are some of the benefits of becoming free from porn?
11. Do you believe you can be free from porn? Why or why not?
12. How does heeding truth help with finding freedom?



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VOICE OF TRIUMPH

I stand victorious in the freedom that Christ Jesus has provided for me and I am no longer bound by pornography. (Galatians 5:1)

I am no longer a slave of sin because Jesus has set me free from the power of it. (Romans 6:6–7)

BATTLE READY

“Vulnerability makes us feel weak; and weakness makes us try to cover up and cope; and when we try to cover up and cope, we run to an addiction. Let’s put it into practical terms. If someone you know is addicted to porn, then the root cause in the broadest terms is that he or she is feeling ‘vulnerable.’ They feel lost. Confused. Open to attack. Under pressure. They are hurt. Bored. Lonely. Feeling rejected. Something along those lines. So they run to this evil as a means of covering up their vulnerability. They run to the addiction hoping it will satisfy. Hoping the pain will go away. But it never does. And he or she gets hurt in the process. Pornography is a destroyer of every good thing. The pornography never satisfies or brings positive results. It’s a super-short-term high for an insecure soul. In the end, the addiction brings death to every good thing around us. Fortunately, there is a solution: Christ. Jesus takes down the giant of our addictions. And we’ve got to derail this harmful trajectory of turning toward harm whenever we feel pain . . . But the solution, instead of running to an addiction, is running to Jesus. We can be confident and secure when we’re immersed in intimacy with God.”

—Louie Giglio, Author of *Goliath Must Fall*.¹

¹ Extracted from chapter 7 of *Goliath Must Fall*, copyright © 2017 Louie Giglio. Published by W Publishing Group, an imprint of Thomas Nelson.

VICTORY STANCE

No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God’s love. No power in the sky above or



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in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord. (Romans 8:37–39)

BATTLE PLAN

God loves you and there is nothing you could ever do to make Him love you less. But you need to believe in God's love for you! On several sticky notes, write down 1 John 4:16 and the words *God loves me*. Place these notes in places where you can view them often, such as your bathroom mirror, car dashboard, desk, or bedside table.