



# THE GARDEN POST

DOING LIFE TOGETHER

Vol.1, No.1, May 2024

**Serving**  
Others is the ultimate  
act of serving God.

**Sow**  
Into the kingdom of  
God by sowing into  
others.

**SPROUT**  
In faith, mercy, and  
grace.



## SUNDAY'S THOUGHT

The Bible offers timeless wisdom on mental health through its teachings on peace, hope, community, and divine support. By encouraging believers to turn to prayer, trust in God's provision, seek support from their communities, and find comfort in divine care. These spiritual resources can be a source of profound comfort and strength, helping individuals navigate the complexities of mental health with faith and resilience.

Remember that while scripture provides comfort, seeking professional help and support from counselors and doctors is essential for holistic well-being. Let us hold onto faith, hope, and love as we navigate life's challenges.

**God will love you.  
Always.  
No matter what.**

Water must be wet. A fire must be hot. You can't take the wet out of water and still have water. You can't take the heat out of fire and still have fire.

In the same way, you can't take the **love** out of God and still have Him exist. For He was... and is... **love**.

Probe deep within Him. Explore every corner. Search every angle. **Love** is all you find. Go to the beginning of every decision He has made, and you'll find it. Go to the end of every story He has told, and you'll see it.

**Love.**

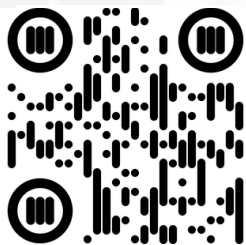
No bitterness. No evil. No cruelty. Just **love**. Flawless **love**. Passionate **love**. Vast and pure **love**. He is **love**.

**God will love you.  
Always.  
No matter what.**



## WAYS TO GIVE:

**Text**  
**GIVEOGC**  
**To**  
**1-888-364-4483**



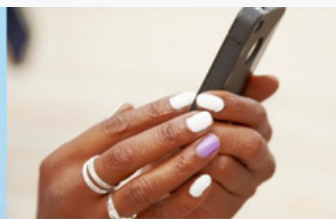
**Oak Gardens Church**  
**4008 S. Polk St.**  
**Dallas, TX 75224**



**Oak Gardens  
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