

Family Sin Patterns

Teri Balzer
Soul Care Equipping Conference

Sins of Parents visit their Children

David - 2 Samuel 11 - Bathsheba - Solomon
Abraham - deception, Sarah, Isaac, Jacob

Exploring family sin patterns can help us
with self-awareness & freedom

Freedom with family sin patterns can
never be gained by rebelling against them

So how do we find victory?

*"You cannot heal that which you will
not admit. We have to bring these
patterns into the light. We have to
be ruthlessly honest with ourselves
to find freedom."* (Reimer)

Practice spiritual disciplines which counteract your family sin patterns

Addictions (alcohol, drugs, lust, etc):
Fasting (long fast); secret deeds

Co-Dependency/people pleasing:
Solitude; silence; listening prayer

Pride/pretension:
Confession - no pretending; Secret deeds of service

Overcoming Family Sin Patterns

Be careful not to compromise

Find a gracious prayer partner

We need to deal severely with sin before it deals severely with us

Overcoming Family Sin Patterns

Meditate on scriptures that focus on the virtue you want to construct in your life.

Establish cross of Jesus as barrier to enemy.

Rebuke curses, secrets, strongholds.

Declaration

In Jesus' name I establish the cross of Jesus between me and my mother and father, my ancestors and my spouse and ask Jesus to break anything that does not come from his throne room. I here and now reject and disown all the sins of my ancestors in Jesus' name. As one who has been rescued from the power of darkness and adopted in the Kingdom of God I cancel out all demonic working that has been passed on to me from my ancestors.

As one who has been crucified and raised with Jesus Christ and who sits with Him in heavenly places, I renounce all Satanic assignments that are directed towards me, my family and my ministry and I cancel every curse that Satan and his workers have put on me. I reject any and every way in which Satan may claim ownership of me. I belong to Jesus Christ who purchased me with his own blood. I declare myself to be eternally and completely signed over and committed to the Lord Jesus Christ.

**Adapted from Neil Anderson, *Steps to Freedom in Christ*
