



# Summer 2026 Mission Trip Catalog

Brought to you by:



Where souls are salvaged  
grades 6-12

# Rules & Expectations

We have three simple rules for summer mission trips.

1

First rule is to participate. We want students participating in everything we do. This will help give them a great experience and it will help everything go smoothly.



2

Second rule is to obey our leaders. Our leaders have experience and know how to handle almost all the situations we will encounter. They also know how to best provide a great serving experience, so we want to make sure we are listening to them.

3

Third rule is do not use your phones. We feel phones can distract us from what God is doing. Our cell phone policy is always evolving. As it stands, we will allow students (and adults) to bring cell phones with them, but we will ask that they be put away and not used. We firmly believe that cell phones distract from the mission trip experience and that there will be more spiritual growth if we can have a social media and technology fast while on the trip. All communications and any emergency contact that needs to be made can be made through the adult sponsors. They will have their phones with them 24 hours a day.

\*Note: Students may be sent home at the parents' expense if they refuse to participate, fail to listen and obey our adult sponsors, or break any laws. Parents will be contacted before a student is sent home.

# Rocky Mountain High July 24-29

Current 9th to 12th Graders



## Trip Summary

Let's head to the mountains! Get ready for a week full of worship, teaching, and adventure!



## More About the Trip

Rocky Mountain High is a youth conference held every three years at the YMCA of the Rockies in Estes Park, CO, nestled in the captivating beauty of the Rocky Mountains. Youth will participate in a week full of worship, teaching, and adventure. Students will be lodged in same gender "dorm like" rooms. Cost includes lodging, meals, transportation, and all event programming. Students may choose to add on an additional Rec Plus activity (e.g., horseback riding, jeep tour) for an additional cost. Any Rec Plus option chosen will be an additional cost for the student (costs for each activity can be found on the RMH website). Students do not need to choose a Rec Plus activity and/or may choose one of the free options.

Students **MUST** get the registration paperwork from Brooke, complete and return them in order to get registered for Rocky. Registration deadline February 18.

## Registration Timeline:

Ends: February 18th

Scan or click the QR code to register



Cost- \$700.00

Pay in full or \$300.00 deposit

Final Payment due April 1st

## Contact Us

Do you have questions?  
Email [bfreese@ridgelife.org](mailto:bfreese@ridgelife.org)



# Belize Trip- June 12-19

Current 10th to 12th Graders



## Trip Summary

This international trip is meant for those who want to get out of their comfort zones and grow. We will be serving with Full Gospel Church of God, a partnership that the Ridge has been building the past many years.



## More About the Trip

We are partnering with Full Gospel Church of God for this whole trip. Our main focus will be a feeding program at a school with other serving opportunities as well. These may include house visits, manual labor, kids events, and more. We will stay at a local hotel, have meals provided by a local family, and be shown around by the local pastors. This trip is a great way to grow yourself and learn more about the world. It will be challenging at times but also very worth it. Both Junkyard and the trip leader have travelled to Belize partnering with the same church in years prior. We understand there may be more questions about this trip as it is international. Please don't hesitate to reach out to Todd with those questions. Passports are required for this trip. If you do not have one when registering, please make an appointment to get one as soon as possible.

## Cost- \$1,500\*

Pay in full or \$500.00 deposit  
Final Payment due April 1st  
\*Cost may vary depending on flight prices  
Fundraising will be available

## Application Question:

What do you hope to get out of an international mission trip?  
\*Student will answer this on the registration link

## Registration Timeline:

Ends: March 11th  
Scan or click the QR code to register



## Contact Us

Do you have questions or need a scholarship? Email [tstiles@ridgelife.org](mailto:tstiles@ridgelife.org)

# Des Moines Trip

## June 19-21

### Current 5th to 6th Graders



#### Trip

See what a mission trip is like and serve multiple ministry sites close to home with your friends. It's a great way for

#### Summary

our 5th graders to get a taste of the Junkyard youth group.



### More About the Trip

As students get older, they will have chances to travel further and for a longer period of time on a mission trip, but for now, this is a GREAT experience for them to get out of their comfort zone, serve with their friends from the Ridge, and become the body of Christ. We will do some hard labor working in some downtown Des Moines neighborhoods. We might work at a food pantry or a clothes distribution center. Or we will serve some meals to those in need. We want to show God's love by caring for people and helping them. We will stay at a church in the Des Moines area, and one evening there will be recreation. Final details and packing lists will be sent out as we get closer to the mission trip dates. We will have a "YES ATTITUDE". This means we will do WHATEVER the ministry site asks of us. We want to serve them so they can better serve their community.

Cost- \$90.00

Pay in full or \$20.00 deposit

Final Payment due April 1st

### Registration Timeline:

Ends: March 11th

Scan or click the QR code to register



### Contact Us

Do you have questions or need a scholarship? Email [nerrege@ridgelife.org](mailto:nerrege@ridgelife.org)



# 24-Hour Family Mission Trip - June 13 OR July 10

Current 4th-12th Graders & their Parents



**Trip Summary** Spend the day serving, eating, and playing together as a family!

## More About the Trip

The day includes eating together, serving together, evening games, and a family devo. Participants will serve at different ministry sites across the metro, which could look like working in a garden, serving the homeless, cleaning, or anything else the ministry site asks us to do. Come prepared with a big smile and a YES attitude! The family mission trip is open to 4th-12th graders and their parent(s) or other important adult(s) in their life. Younger siblings may be included if you feel that they can tolerate the long day and serving with a yes attitude.

Cost includes breakfast, dinner, and any supplies needed for the worksites. Participants should bring along a sack lunch.

**Cost- \$50/family**  
**Registration Timeline:**

Ends: March 11th

Scan or click the QR code to register

June 13<sup>th</sup> OR July 10<sup>th</sup>



## Contact Us

Do you have questions?  
Email [spullen@ridgelife.org](mailto:spullen@ridgelife.org)



# Kansas City Trip

## June 18-21

Current 6th to 8th Graders



### Trip

### Summary

This trip is intended for students to get out of their comfort zone, serve like Jesus and build relationships with leaders and other students.

## More About the Trip



We will travel to Kansas City all together in rental vans. We will stay at a local church. Each day we will prepare and eat meals together, serve at local ministry sites and have group devotions and activities in the evenings. Some of the sites will have us doing such things as serving meals, sorting clothes, gardening, yard work, picking up trash and visiting shut ins. We will have a “YES ATTITUDE”. This means we will do WHATEVER the ministry site asks of us. We want to serve them so they can better serve their community. As we get closer to the trip, there will be more details on serving sites.

## Registration Timeline:

Ends: March 11th

Scan or click the QR code  
to register



## Cost- \$175.00

Pay in full or \$50.00 deposit  
Final Payment due April 1st

## Contact Us

Do you have questions or need a scholarship? Email  
bfreese@ridgelife.org



# Other Summer Serving Opportunities

## Love Lunches

Mon-Fri 11:00am to 1:00pm



## VBS Set Painting

July 21-24 from 12pm to 8pm



## Gardening for Good

Aug 10 from 4pm to 7pm



## VBS

August 2-5 from 5:30pm-8:15pm



## Six Summer Sundays

Help with RidgeKids for one (or more) Sundays

June 21-July 26



## Contact Us

Do you have questions? Email  
[bfreese@ridgelife.org](mailto:bfreese@ridgelife.org)