

## Day 1: God's Love for You

**Scriptures:** John 3:16-18; Romans 5:6-8

**Key Message:** God loves you unconditionally and demonstrated this through Jesus' sacrifice. This is the foundation of the gospel message.

**Reflection Question:**

How does understanding God's love impact how you see yourself and others?

**Practical Application:**

-Write a short prayer thanking God for His love.

-Share one thing you learned about God's love with someone today.

**Prayer:**

*Heavenly Father, thank You for loving me even when I didn't know You. Thank You for sending Jesus to die for my sins so I could have eternal life. Help me to fully understand and receive Your love. Teach me how to show this love to others. In Jesus' name, Amen.*

## Day 2: Salvation Through Jesus

**Scriptures:** Ephesians 2:8-10; Romans 10:9-13

**Key Message:** Salvation is a gift from God, received by faith, not earned by works.

**Reflection Question:**

What does it mean to you to trust Jesus as your Savior and Lord?

**Practical Application:**

-Spend time reflecting on what Jesus has done for you.

-Memorize Romans 10:9 and share your faith story with a trusted friend.

**Prayer:**

*Lord Jesus, thank You for saving me by grace through faith. I confess You as my Savior and Lord. Help me trust in Your finished work on the cross and live in the freedom of Your salvation. Strengthen my faith and guide me to share Your love with others. Amen.*

### Day 3: New Life in Christ

**Scriptures:** 2 Corinthians 5:17; Colossians 3:1-4

**Key Message:** You are a new creation in Christ, with a fresh start and a new purpose.

**Reflection Question:**

What old habits or attitudes might God be asking you to let go of?

**Practical Application:**

-Write down one area of your life where you want to see change and ask God to help you grow in that area.

-Start each day this week by thanking God for making you new.

**Prayer:**

*Lord, thank You for making me a new creation. Help me leave behind my old ways and live for You. Renew my heart and mind so that I can reflect Your love and character in everything I do. Amen.*

### Day 4: The Power of the Holy Spirit

**Scriptures:** John 14:15-17; Galatians 5:22-23

**Key Message:** The Holy Spirit lives in you, guiding, empowering, and helping you bear spiritual fruit.

**Reflection Question:**

How have you seen the fruit of the Spirit in your life or in others?

**Practical Application:**

-Choose one fruit of the Spirit (e.g., patience, kindness) to focus on today. Ask the Holy Spirit to help you live it out.

-Listen to the sermon series on The Holy Spirit under resources at [www.riseup.churchg](http://www.riseup.churchg)

**Prayer:**

*Holy Spirit, thank You for living in me and guiding me. Help me to grow in love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Let my life reflect Your presence. In Jesus' name, Amen.*

## Day 5: Growing Through God's Word

**Scriptures:** Psalm 119:9-11; 2 Timothy 3:16-17

**Key Message:** God's Word is essential for spiritual growth, teaching, and equipping you for every good work.

**Reflection Question:**

How can reading the Bible regularly shape your thoughts and actions?

**Practical Application:**

-Set aside 10-15 minutes each day this week to read the Bible. Start with the Gospel of John.

-Write down one verse from today's reading and reflect on it throughout the day.

**Prayer:**

*Father, thank You for giving me Your Word to guide me and teach me. Help me to treasure it in my heart and apply it to my life. Open my eyes to understand Your truth and live by it. Amen.*

## Day 6: Prayer and Communication with God

**Scriptures:** Philippians 4:6-7; Matthew 6:9-13

**Key Message:** Prayer is your connection to God, bringing peace and strength as you share your heart with Him

**Reflection Question:**

What's something on your heart you need to bring to God today?

**Practical Application:**

-Start a prayer journal where you write down your prayers and note how God answers them.

-Visit resources page at [www.riseup.church](http://www.riseup.church) to learn more about prayer.

**Prayer:**

*Lord, thank You for inviting me to talk to You through prayer. I bring You my worries, needs, and gratitude. Help me trust You with everything and experience Your peace in my heart and mind. Teach me to pray according to Your will. Amen.*

## Day 7: Living Out Your Faith

**Scriptures:** Matthew 5:14-16; James 2:14-17

**Key Message:** Faith isn't just believing—it's living out what you believe. You're called to be a light in the world and serve others.

**Reflection Question:**

How can your actions reflect your faith in Jesus today?

**Practical Application:**

-Perform an act of kindness for someone this week, such as encouraging a friend or helping a neighbor.

Ask God to show you how you can be a light to someone who needs Him.

**Prayer:**

*Lord, thank You for calling me to live out my faith in action. Help me to be a light in this world and serve others with love and humility. Show me opportunities to reflect Jesus in my words and deeds. Amen.*