



Sermon Discussion Guide

February 22, 2026

Romans 5:12–19

1. Read Romans 5:12–19

Discuss:

1. What does Adam's one sin bring into the world?
2. What does Jesus' obedience bring?

2. Opening Question: "The Power of One"

1. Can you think of one person whose actions affected many people (for good or bad)?
2. How is that similar to what we hear about Adam and Jesus in Romans 5?

3. Adam, Sin, and the "Domino Effect"

1. Do people have to be taught how to do wrong, or does it seem to come naturally? Give examples.
2. Where do you most notice the pull toward doing what you know is wrong?

4. How One Sin Affects Many People

1. Can you think of a time when one person's bad choice hurt a lot of people?
2. How can one person's attitude (grumpy, selfish, kind, forgiving) influence a whole group?
3. Why is it misleading to say, "My sin only affects me"?

5. Turning to Jesus: A Better "Power of One"

1. What makes something a true "gift"?
2. Why isn't it possible to "add to" or "pay for" the gift of Jesus' righteousness?
3. What stands out to you about Jesus saying, "It is finished" (paid in full)?

6. From Fear and Doubt to Confidence and Peace

1. What does it mean to you that God declares believers "not guilty" because of Jesus?
2. If you really trusted that verdict, how might it change the way you think about death or Judgment Day?

7. “The Power of One” – Now Through Us

1. How could one person’s kindness, apology, or forgiveness change the direction of a situation?
2. What is one concrete way you want to use your “power of one” for good in the coming days?

Closing Prayer:

Mighty God and Father, our Lord Jesus walked into the wilderness to face the devil’s temptations, but he did not succumb to Satan’s lies or falter in his resolve to save the world from the prison of hell. Bolster our faith by his mighty victory that we may battle against the forces of evil with courage and confidence; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.