

Part One: Our Father

"OUR FATHER IN HEAVEN "

Abba: A term expressing warmth and affection and familial confidence.

God's love initiates our adoption.

"The function of prayer is not to influence God, but rather to change the nature of the one who prays."
-Søren Kierkegaard

True False Both



Part Two: Re-Alignment

**"HALLOWED BE YOUR NAME
YOUR KINGDOM COME
YOUR WILL BE DONE
ON EARTH AS IT IS IN HEAVEN "**



Eastern meditation is about being emptied.

Christian meditation is about being filled with the Holy Spirit and the awareness of God.



Part Three: The Stomach & Soul

**"GIVE US THIS DAY OUR DAILY BREAD
FORGIVE US OUR DEBTS AS WE
ALSO HAVE FORGIVEN OUR DEBTORS
AND LEAD US NOT INTO TEMPTATION
BUT DELIVER US FROM THE EVIL ONE"**

God wants us to recognize Him as our ultimate provider.

God ≠ Google

God intends to involve us.

God doesn't give us everything we want.

Part Four: In Jesus's Name

"Amen" means "May It Be So "

"When we pray 'in Jesus's name,' we are saying, we come before you and ask this, because of who you are, what you've already done for us, and because of who we are. We are your sons, your daughters, purchased out of the Kingdom of Darkness and brought into Christ's Kingdom. You are our Father, you've demonstrated your love for us, you're aligning our hearts with you, and we trust you to give us what is best."