

Conversation Guide

Relationships

Feature
Presentation

Part
04

The act of Jesus Christ becoming a baby is the pinnacle of vulnerability that challenges and encourages us.

Summary

Vulnerability is necessary to deepen our relationships. Despite the daunting risk, we all desire to be known and accepted for who we really are. In order to do this well, we must strike a balance between caring for ourselves and opening to others. While we shouldn't share our darkest secrets too soon in a relationship, relationships worth keeping should eventually become safe places to be vulnerable with our true selves. Finally, to reiterate our need for friendship, some parts of our lives can only be understood by members of the same sex.

Reflect, Discuss, And Share

01 "Heartbreak is how we mature... heartbreak may be the very essence of being human" Do you agree or disagree? Why?

02 When Mantis reveals Star-Lord's feeling towards Gamora without his permission, it creates sudden awkwardness between the two. Think of how premature and unexpected vulnerability can bring harm to a relationship.

03 Share a story with your teen about a time you or someone else became vulnerable with someone too quickly? How might it have been different if you it affect your future relationships?

Discuss!

Think about this!

Be Vulnerable!

Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a offering and sacrifice to God.
Eph 5:1-2



Take the time to reflect on your most fulfilling relationships. Was vulnerability part of what made those so strong? What else was?



We recommend *Reclaiming Conversation: The Power of Talk in a Digital Age* by Sherry Turkle