

Conversation Guide

Social Media pt. 2

Part 2 summary

- Social media often misrepresents reality and/or leaves out important aspects of it.
- Our perceptions of reality on social media can seriously impact our emotional and mental health in negative ways, depending on what others post.
- YouTube tends to be the least damaging social media platform because it allows people to be more authentic and to compare themselves to each other less.

1. A Social Experiment

2. Picture Perfect

3. Digital Empathy

4. The Lost Arts

Discussion questions

01 Do you think you compare yourself to others on social media even though you know you're only getting a small glimpse into their lives?

02 What do you think is 1) the most positive and 2) the most negative social media platform for you personally?

03 Do you agree that YouTube is the most positive social media platform overall? Why or why not?

Diving deeper

Ex. 20:4-5 says, "You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth." Why do you think God gave this command? A statue could never fully represent an infinite God. And even though God made us in His image, only Jesus fully reveals who God is to us. Similarly, no image of us or post about us can fully represent who we are.