

Conversation Guide

Social Media pt. 4

Part 4 summary

- Social media can never replace face to face interactions. We need to invest in real life conversations, even if doing so feels risky or uncomfortable at times.
- We won't be able to lead happy and fulfilled lives without practicing self-control with how we use social media.
- Jesus is our example of how to slow down, listen well, and build relationships with others.

1. A Social Experiment
2. Picture Perfect
3. Digital Empathy
4. **The Lost Arts**

Discussion questions

01 Have you ever experienced someone using a smartphone to avoid talking to you? Have you ever done that to someone else?

02 What is a specific example of how you could choose a real life interaction over spending time on social media?

03 What are some examples of how Jesus took time to really listen to people well and be with them in the moment?

Diving deeper

In John 13:35, Jesus says, "By this all people will know that you are my disciples, if you have love for one another." One way we show love to one another that is easy to overlook is by giving each other our full attention. Do you normally think of listening well as a loving action? What are some reasons why we wouldn't fully pay attention to someone, and how do those motivations demonstrate a lack of love?