

# SOCIAL MEDIA

1

**65%** of teens wish they had a greater ability to **self-limit** the amount of **time** they spend on their phone.



Ask the person next to you and write what they say: Are you surprised that so many teens feel this way? Why or why not?

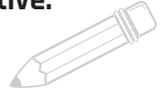
Do not **be like** the horse or the mule, which have no **understanding** but must be **controlled** by bit and bridle or they will not come to you.



Psalm 32:8-9

2

Draw the Snapchat, Instagram, and YouTube icons in order of most to least positive.



Write the key qualities of each.

Does this survey line up with your own experience? Why or why not?

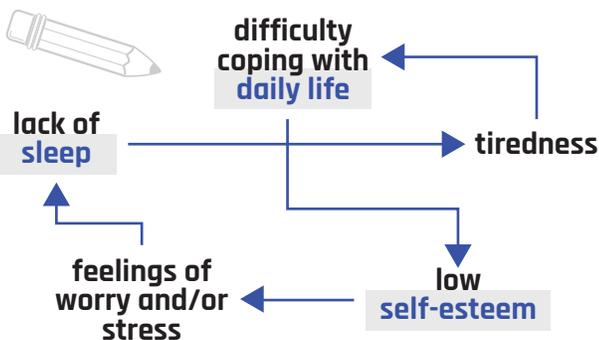


3



Ask the person next to you and write what they say: In digital communication, how quickly should we expect people to respond?

Fill in the chart. Draw arrows to show the order.



4

Draw Pavlov's experiment:



...One of the greatest **boundaries** you can create to stay healthy in **the digital world** is to have a **full life.** —Boundaries



Describe this.

