


Serving our Neighbors: How can I help?

PRAY	SERVE
<p>Pray on your own: <i>Pray for peace, provision and protection for those in fear.</i></p> <p>Pray with others: There is power in praying with others. Start your own prayer group or join our Intercessory Prayer Group at Mercy, Thurs 6-7:30pm. No sign up necessary!</p> <p>Receive prayer: This is a heavy season. One of the ways we care for others is by allowing others to care for us. People trained in prayer are available to pray with you at the end of each worship service on Sundays.</p>	<p>Deliver goods: Sign up to drive donations to SourceMN (Wednesday evenings, 6-6:30pm). <i>The weekly signup sheet is available at the Connections Desk.</i></p> <p>Pack food: Sign up to join a team from Mercy to pack boxes at SourceMN on Tuesdays, from 5:30 - 7pm. <i>The weekly signup sheet is available at the Connections Desk.</i></p> <p>Transport vulnerable community members: Sign up to be on deck for as-needed rides to and from school, doctors appointments, etc. <i>Put your name on the transportation list at the Connections Desk.</i></p> <p>Volunteer as needed: Sign up individually to volunteer at SourceMN directly on their website: sourcemn.org</p>
GIVE	LEARN
<p>Donate Money <i>With \$20, SourceMN is able to provide \$80-\$140 groceries to each family. If you designate your giving to the "General Fund," they can use it where they need it most.</i></p>  <p>Donate Goods: Bring any of the following non-perishable items to Mercy.</p> <ul style="list-style-type: none"> - Rice in 1-lb bags - Canned tomatoes, beans - Toilet paper, laundry pods, maxi pads, diapers - This week's urgent needs: (see updates here or at Connections Desk) <hr/> <hr/>	<p>Practice listening to the Holy Spirit as you pray for others at Mercy's Vineyard Five-Step Prayer Model Training, on Wed, Mar 4 from 6 - 8pm. Sign up here.</p> <p>Read along: Several members of Mercy are reading or have recently read the book Beyond Welcome, by Karen González. Wanna talk about it? Let's create a group!</p> <p>Stay in the loop: Email Bitta (below) for other opportunities as they may come up.</p> <p>Watch this space for more</p>

SourceMN is a Minneapolis-based non-profit led by Mercy members that directly serves families in the Metro Area with weekly food distribution and coordinates help for urgent needs. They also partner closely with our area La Viña churches and ministries.

Questions? Contact Bitta Fynskov Clark at bitta.f.clark@gmail.com