

Asbury Articles: February 4, 2026

Please note that the church office will be closed all day on Thursday, February 5th due to construction.



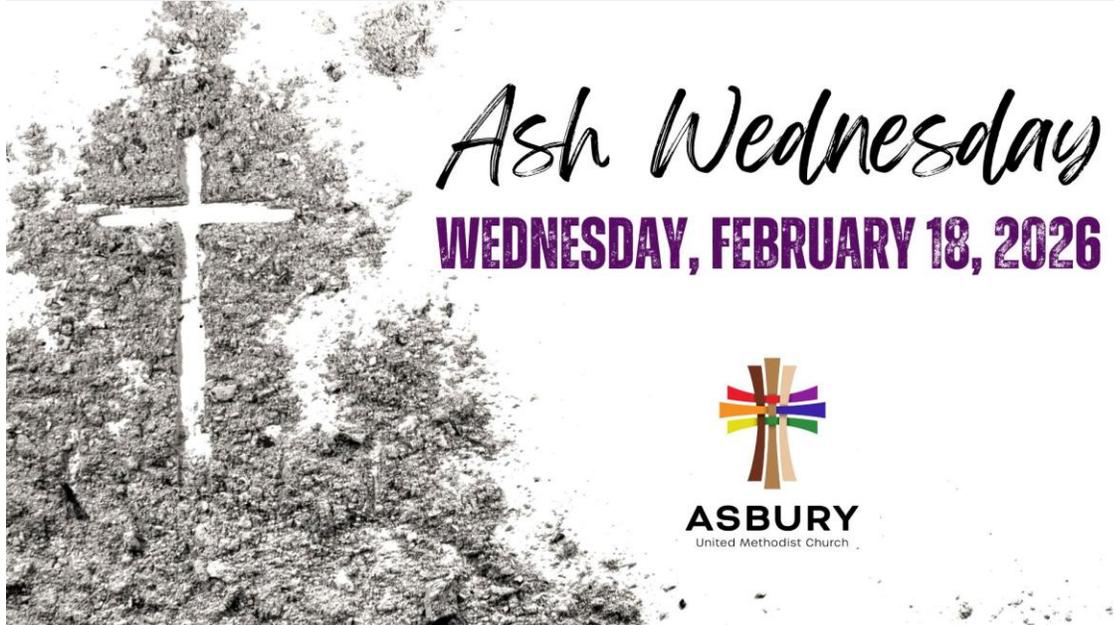
Unafraid - Living with Courage and Faith

Fear touches every part of our lives, from our relationships to our sense of control. But over and over, Scripture reminds us: "Do not be afraid." Based on Rev. Adam Hamilton's book, *Unafraid*, in this six-week series, we'll explore how faith can help us face our deepest anxieties and fears and live with courage and hope. We will discover that, with God's help, we can live unafraid and learn practical ways to live with peace in uncertain times.

Upcoming Sermons:

February 8 | Fear of Intimacy

February 15 | Fear of Losing Control



Ashes To Go

7:30–9:00 AM | East Parking Lot

Stop by Asbury on your way to work or school to receive a blessing and the imposition of ashes. Simply pull into the east parking lot, roll down your window, and begin your day with the sign of the cross as we enter the season of Lent.

- Donuts and coffee will be available as you drive through.

Ash Wednesday Service

7:00 PM | Chapel

Join us for Asbury's in-person Ash Wednesday Service at 7:00 PM in the Chapel. This meaningful service will reflect on the significance of the day and include hymns, prayers, scripture, and the imposition of ashes.

Please note: this service will **not** be live-streamed. We invite you to share in this intimate worship experience as we begin the season of Lent together.



“The Way” – Lenten Worship Series & Small Group

Lent is a season of reflection, and pilgrimage has long been a powerful way to mark intentional journeys of faith. In this Lenten series from Worship Design Studio, we will reflect on scriptures that speak of journeys, roads, and pathways as we make our way through the season together. The film *The Way*, which follows a father’s pilgrimage along the Camino de Santiago in honor of his late son, will serve as our modern inspiration to live fully into the life we’ve been given.

As part of the series, you are invited to watch *The Way*. The film is available to stream on Peacock (with subscription) and Angel Studios (for Angel Guild members), or to rent or purchase on Apple TV, Amazon Prime Video, Fandango at Home, and Google Play Movies.

You may also wish to use Jeanette Banashak’s *Mindful Pilgrimage: A 40-Day Pocket Devotional for Pilgrims of Any Faith or None* as a daily Lenten devotion. This brief devotional offers wisdom from interfaith and interspiritual voices and provides a simple way to begin or end each day with intention. [Sign up here](#) if you would like to read the book with other church members in a new small group.

[Join the Lenten small group](#)



Supporting One Another Through Meal Trains

We currently have **two meal trains** supporting members of our congregation who are going through difficult times. If you are able, please consider helping.

Meals for Judy and Katie Guidry

Judy Guidry was recently diagnosed with aggressive multiple myeloma, and her worsening dementia has added to the daily challenges faced by both Judy and her daughter Katie, who cares for her. Meals would be a meaningful support for this family.

Meal Service for the Hughes Family

John Hughes will be hosting family at his home prior to the memorial service for his wife, Judy, on February 14. Help with dinner meals would be greatly appreciated.

Questions?

- Through **February 6** – Contact **Michele Rudd** at **925-337-4204**
- After **February 6** – Contact **Karen Bauman** at **510-409-9760**

Thank you for supporting one another through prayer and care.

UPCOMING ASBURY EVENTS



Asbury Yoga Ministry Classes

The **Asbury Yoga Ministry Committee** is pleased to offer **two weekly Gentle Vinyasa Flow Yoga classes**:

- 🕒 **Mondays:** 10:00–11:00 AM
- 🕒 **Fridays:** 10:00–11:00 AM
- 📍 **Location:** Chapel / Fireside Room

To participate, please register [here](#). After registering, you will receive an email with a link to sign up for individual classes through **Eventbrite**.

Due to limited space, these classes are available to **Asbury UMC members and active constituents only.*

**Please bring your own yoga mat and wear comfortable clothing.*

We look forward to practicing yoga with you! 🌿



Korean BBQ Night 🍴👏

The Asbury Fellowship Team invites everyone to join us for **Korean BBQ Night** on **Saturday, February 21, from 6:00–9:00 PM!**

Enjoy a delicious spread featuring **beef, chicken, and pork**, along with **rice, salad, and kimchi**. Dinner will be followed by a fun game as we celebrate **Lunar New Year** together 🇰🇷 ✨ Everybody is welcome and activities for children will be provided.

Come experience an authentic evening of food and fellowship, brought to you by the Fellowship Team and Steve Jueng.

Please be sure to **RSVP by February 16** [here](#).



 Adult Board Game Afternoon 

Sunday, February 22 | 2-4 PM in the Fellowship Hall

Bring a game, bring a snack, or just bring yourself! Come enjoy fellowship, fun, and games together.

RSVP to [Kelli](#).



Kids' Night Out

Another **super fun** Kids' Night Out is coming up this month! 🙌

📅 **Friday, February 27**

Drop the kids off for a night of fun while you enjoy a little time out! Dinner and refreshments provided.

✉️ **To RSVP, email Josie**, our new Director of Children's and Youth Ministries, at: children@asburylive.org

ANNOUNCEMENTS



Endowment Fund Progress During 2025

Asbury's Endowment Fund continues to grow as a way to provide long-term financial support for the church and future ministries. Thanks to strong investment performance and faithful giving, the fund made great progress this past year and remains on track toward its long-term goals.

To read the full update and learn how you can be part of this important effort, please [click here](#) for the complete article from [Art Molvik](#).



Important Sanctuary Door Update

Dick Crawford and Steve Wilson recently worked on the sanctuary doors to help them close better (they were sticking at the top). As a result of this work, the procedure for closing and locking the Sanctuary doors has changed. Please use the following process to close and lock the sanctuary doors:

- 1. Insert key in outer door and turn counterclockwise (this lifts the locking mechanism)**
- 2. Close Door**
- 3. Release key to lock door**

Our previous practice of just closing the doors without lifting the locking mechanism caused damage to the door, which Steve and Dick repaired. Please use this process going forward to make sure we preserve the hard work they did to fix the door. Thanks!

Ladies Night Out

Please save the dates for the year!
Looking forward to our time together!

2026 at 5:30pm:

January 20th

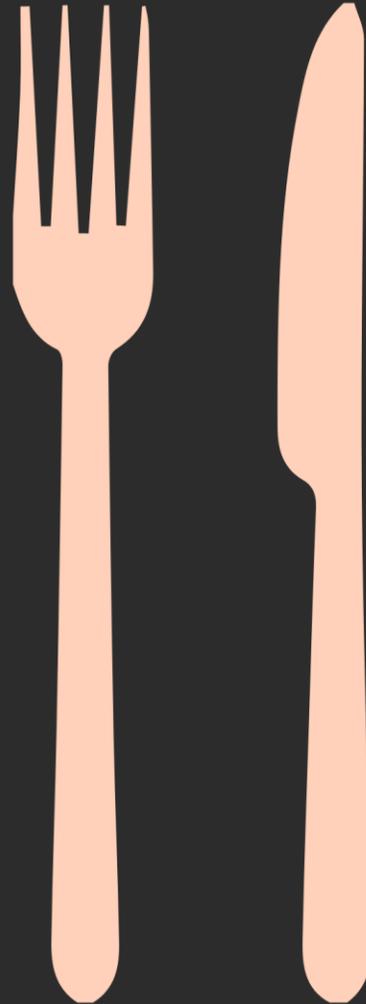
March 17th

May 19th

July 21st

September 15th

November 17th



UPCOMING COMMUNITY EVENTS

DONATION DRIVE



Upcoming Red Cross Blood Drives

Could this be your new calling in 2026?

The American Red Cross will be hosting a **Blood Drive at Asbury on Thursday, February 20 and March 20.**

Donating blood is a simple way to make a life-saving impact. Please prayerfully consider giving—could this be your new calling in 2026?

Have questions?

Contact the church office via [email](#) or phone, 925-447-1950.

Have an article, announcement, or event to submit?

Send them to the [Martina](#), our Office and Communications Manager, **by 3pm on Tuesdays.**

Want to donate online?

[Click here](#) or use Zelle (our ID is finance@asburylive.org)

Miss a newsletter or need to go back and re-read?

Check out the [newsletter archive!](#)

Would like to get in touch with a fellow Asburyite?

Contact the office.

Asbury United Methodist Church

4743 East Avenue | Livermore, CA 94550



EVENTS AT A GLANCE

RECURRING EVENTS

- **Sundays | 10am:** Asbury Worship Service

CHOIRS:

- **Tuesday | 7:00pm:** Asbury Ringers (Contact [Michèle](#))

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- **Thursday | 7:30pm:** Faith Choir (Contact [Jean](#))
 - **Sunday | 11:30am:** Cherub Choir (Contact [Makayla](#))
 - **Sunday | 11:30am:** Rainbow Choir (Contact [Jean](#))
 - **Sunday | 11:30am:** Youth Choir (Contact [Bailey](#))

OPEN SMALL GROUPS

- **1st and 3rd Tuesdays | 1:30pm:** Women of the Vine (Contact [Burlyne](#))
- **2nd and 4th Wednesdays | 6-7pm:** Wednesday Zoom Group (Contact [Rita-Ann](#))
- **Thursdays | 7:45am:** Men's Bible Study on Zoom (Contact [Art](#))
- **Last Thursdays | 1pm:** Sew-In (Contact the [Office](#))
- **Saturdays | 8:30am:** B-MEN (Contact [Bob Berger](#))
- **Saturdays | 10am:** Craft and Chat (Online - Join [here](#))
- **4th Sundays | 11:30am:** Friends of Wadi Foquin Circle (Contact [Bob Johnson](#))