

# What Can I Do About Guilt?

**Introduction.** Guilt is simply defined as "a feeling of responsibility or remorse for some real or imagined offense, crime, etc." (Random House College Dictionary, pg. 587). This emotion can lead to several negative behaviors, including attacking those who point out our offense, seeking relief in alcohol or drugs, depression, and even suicide. But since God is the ultimate authority regarding responsibility, right and wrong, let us allow Him to answer the question for what's best for us.



## **The Bible illustrates guilt and provides the remedy.**

Peter charged his fellow Jews with crucifying their promised Messiah, the sinless Son of God (Acts 2: 23, 36). Some of these murderers realized and accepted the responsibility for their act. "Now when they heard this, they were pricked in their heart, and said unto Peter and to the rest of the apostles, 'men and brethren, what shall we do?'" (Acts 2: 37). Hence, they are experiencing remorse or guilt. Notice how intelligently they are approaching their guilt - "What shall we do?" People compound their problem of guilt when they do not organize and properly channel their emotions toward finding a constructive solution to their guilt. Peter tells these non-Christians what to do: "Then Peter said unto them, 'Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins...'" (vs. 38). Christians who encounter a guilt situation obtain forgiveness through confession and prayer (1 John 1: 7-10).



## **The remedy for severe guilt - the remission of sin.**

There are primarily three Greek words translated remission. The collective idea is: release, a passing by, and send away our guilt or cause of guilt. Beloved, if those who murdered Jesus could be forgiven and thus freed of crippling guilt, do you not think you can experience the same release for your offenses?

**Conclusion.** Guilt is a friend in that it convicts us of wrong we have done. However, if not properly addressed and removed, guilt can destroy us.

# Order of Worship

## Songleader

Jeremiah Darden

Welcome & Announcements  
Opening Prayer

Song # 882 -  
No Tears In Heaven

Song # 800 -  
What a Friend We Have in Jesus

Lord's Supper  
Contribution

Kids 4 Kids  
Bible Hour

Prayer Requests

Song # 3 -  
Hallelujah, Praise Jehovah

Scripture Reading -  
Luke 24:8-12 (NKJV)

Sermon by:  
**Darryl Darden**

## “Peter Principles”

Song of Invitation:  
Song # 948 -  
I Am Resolved

Song # 989 -  
Soon and Very Soon

Closing Prayer

## This Week's Schedule of Events



\*\* (In person & Zoom)

Building Lock Up:

Cy hante' Brewster

**\*\*9:00 a.m. - Bible Class**

**Study of 1 & 2 Timothy**

**\*\*10:00 a.m.**

**Sunday Worship**

\*\*10:00 a.m. - En Linea Servicio de  
Adoracion (via Facebook Live)

VBS planning meeting  
today following the  
morning service,



meeting is located in Classroom #13.

3:30 p.m. AVAC Worship  
with Johnny Latham.

**Mon., Feb. 9th**

7 p.m. - Spanish Night of Prayer (Zoom)

7 p.m. - En Linea Noche de Oración

**Tues., Feb. 10th**

10 a.m. Tuesday Ladies'  
Bible Study

“Trust in God in the  
Midst of Adversity”



**6:30-7:30 p.m.**

Young Adult Class  
Childcare provided.



**Wed., Feb. 11th**

7 p.m.  
Bible Study  
on Zoom.



**Fri., Feb. 12th**

7- 8:30 p.m.

**Men's Bible Study**

**“Biblical Men's Roles”**



**Sat., Feb. 13th**

**Gal-entines**

**6 p.m.**

**Fellowship, Friends and Fun**

# February



This Week's

## Birthday's

- 8th - Gay Cullison
- 10th - Deevatva Bourne
- 12th - Mark Gruwell
- 12th - Mark McClellan
- 12th - Ray Woods
- 13th - Colby Easley
- 14th - Barbara Holliday
- 14th - Remington Smith

## Domestic Violence Shelter

Please help fill bags for the children residing in our local shelter.

Books, Small Toys, Stuffed Animals, Mini Hair Brushes, Towels & Wash Cloths, Coloring Books & Crayons, and for cash donation, mark envelope "DVS Bags".

We will prepare the bags on March 15th.

SAVE THE DATE

## Meat Roast

April 12th  
JOIN US



## CALL for VOLUNTEERS

VBS 2026! SUPPORT

We still need volunteers, come sign-up to help make this a STRONGER TOGETHER successful event for our kids and the kids in our community!



The 2026 Ladies Retreat



Fee: \$150 (included lodging and food).  
Questions: contact Kim Cimuchowski.

# Prayer Requests



Please pray for our church leaders; our congregation; the homeless, and the veterans. Also for our country's leaders, our troops; and the future of our country.

## Shut-Ins

Barbara Tidwell; Mattie McCarthy; Sandy Wooten.

## Continual Prayers

The Ahumada family; Anthony Avalos; Charlie & LaVonne Powell; Christina Wityczak; Gennie Lorenz; Hosia Ford; Ida Crawford; Kathy Najera; Marie Guess; Melanie Gammage; Pablo Aguayo; and Theresa Patton.

## General

The Aguayo family; Ana Caramo's son; Barbara Tidwell; Eric Cimuchowski; Isaac Orrala; Orvella Stallings; Susana Orrala and her children; Teddy Jordan; and Tiana Smith.

## Health

Barbara Holliday, her daughter, Cydney & granddaughter, Hanasha; Eva Wityczak; Francisco; Glynn Alsup; the Hamilton family; John Tynan; Kelly Tynan; Leisa Brewster; Melanie Gammage's grandchildren Kamar, Eniyah, Loyalty, Harmony, Deon, and Marquisa; Naomi Patton; Nina Sutton; Rick Jordan; Susana Orrala and her family; Tom Barnett; and all who are ill.

## Thanksgiving

Eva Wityczak and the McClellan's

## Traveling

Jake & Danelle Tess



## For Their Losses

The family of Sergio Navarro, who passed away last week.

# Victor Valley Church of Christ

**Physical Address:** 13150 Sycamore Street, Victorville, CA 92392

**Mailing Address:** P.O. Box 3447 Victorville, CA 92393

**Phone:** 760-949-3386 office@vvchurchofchrist.org

Zoom with us at the [vvchurchofchrist.org](https://www.vvchurchofchrist.org) website  
or join by-Phone: 253-215-8782 Meeting ID 428 886 053# Participant ID: #

**Elders** - [elders@vvchurchofchrist.org](mailto:elders@vvchurchofchrist.org)

Darryl Darden Tony Rose Jake Tess

## Ministers

Eric Cimuchowski - Involvement Minister

Darryl Darden - Pulpit Minister

Carlos Orrala - Spanish Minister

## Deacons

Benjamin Lopez - Spanish Ministry

Chris Schow - Interior Bldg. Maint.

Craig Beck - Security

Mark Gruwell -Teens

## Staff

Bernadett Gramling - Office Manager

Erica Lee - Bookkeeper

Andrea Gómez - Janitorial

Billy Caldwell - Auditorium Seating

## How to Make Contributions

### Online:

- **Download the Sub Splash App.**
  - **Set up an account**
- **Use the Sub Splash App for online giving.**
  - **Scan the QR code.**



### Offline:

- **Cash or check**
- **Mail to P.O. Box**
  - **P.O. Box 3447 Victorville, CA 92393**

## Last Week's Statistics

### Financial

Contribution 02/01/26	\$	2,611.17	Teen Fund	\$	5,147.00
Contribution 01/25/26	\$	3,117.97	Mission Fund	\$	3,290.00
Special Contributions	\$	325.00	Scholarship Fund	\$	1,180.00
Y.T.D. Contribution	\$	89,694.41	Kids 4 Kids	\$	135.00

### Attendance

A.M. Worship

In Person

118

Via Zoom

35