

I Corinthians 15:33 Be not deceived; evil communications corrupt good manners.

What is social media?

The means of interactions among people in which they create, share, and/or exchange information and ideas in virtual communities and networks. It also connects people and facilitates communication globally.

Social media promotes worldly systems and worldly ideologies run and operated by people and AI technology systems designed to captivate your mind and keep you scrolling and fully distracted.

Media: Plural form – Medium – the intervening substance through which impressions are conveyed to the senses, or a force acts on objects at a distance.

What umbrellas does social media fall under?

- **Addiction** – the fact or condition of being addicted to a particular substance, thing or activity. 1 John 2:15-16; 1 Cor 10:13-14; Titus 2:11-12; Prov 25:28; Gal 5:1; Matt 26:41; James 1:12-15
- **Approval from others**- Gal 1:10; 1 Thess 2:4; Col 3:23-24; Matt 6:1-4
- **Anxiety/Depression** – John 14:1-4; 1 Peter 5:7; Heb 13:6; Psalm 34:14 (just a few)
- **Distraction** - 1 Cor 10:13; Psalm 119:15; Matt 6:24-34
- **Insomnia** – Psalm 4:8; Psalm 127:2; Prov 3:24
- **Narcissistic Behavior** – 2 Cor 10:12-13; 2 Tim 3:1-7; Prov 4:16; Psalm 36:1-3
- **Jealously** – James 3:13-16; PProv 14:30; 1 Cor 3:3; Job 5:2; Ex 20:17
- **Vanity** – 1 Sam 16:7; Psalm 119:37; Jeremiah 4:30
- **Lying** – Eph 4:25; John 8:44; Prov 19:5; PProv 12:19
- **Idolatry** – 1 Cor 10:14; Lev 19:4; 1 John 5:21

When looking at the addiction part of social media, it has become a crippling factor in the life of many saints, how can we commit to a relationship with God while having a full relationship with our phones?

When does social media move from means of resource to addiction?

How are the saints being desensitized?

4.8 billion social media users worldwide – 59.9% of the global population rely on Social media.

Facebook – 3 billion active users daily

Youtube – 2.5 billion

Instagram – 2 billion

TikTok – 1.2 billion

Snapchat – 750 million

Twitter- 541 million

Pinterest – 465 million

LinkedIn – 350 million

Threads 100 millions

When looking at idolatry where do the saints land?

When we are committed to something else that doesn't have the Spirit of God we become spiritually inanimate as that thing to which we are committed to.

Idolatry is a grafted lie of intuitions of general revelation in order to remove you from the will of God. It provides one with small gods they can worship while remaining their own masters never submitting to God.

Man's heart is a idol making factory – 2 Corinthians 10:5-6, we must continue to stay and live in communion with Christ.

Praying to him, speaking to him, waiting for him hearing him, constantly bearing witness to him day and night – if this wasn't to God it would be idolatry. How much of our phones have become our idol?

How do we make the saints aware of the use of social media, (i.e. on self and children)?

Statistics

18-22 year old – openly stated they have an uninged addiction

40% of people are addicted to more than one social media

5-10% of Americans are addicted to cyber bullying

78% of women have mental health issues and self esteem

13-18 year olds – spend 3-9 hours a day on social media

50% of children 8-18 are consumed by an influencer other than God

67% of adolescents have self-esteem issues and mental health struggles

4.1 million children ages 12-17 have had 1 major depressive episode

40% have suicidal thoughts / 1 in 53 attempts made caused hospitalization

100-200 attempts made over the course of 6 months to a year

20 million adolescents have eating disorders

80% are unhappy with their appearance from ages 13-17

On average the United States user has 7.1 social media accounts spread between 5.8 billion users. With 2.9 million active monthly on Facebook

The average American spends 2 hours and 7 min daily on social media daily over a life span of 73 years 5.7 years of their life was spent on social media.

18-29 – 84% users

Sunday, April 7, 2023
Iron Sharpens Iron Ministers Class
Social Media
How much is too much?
How should the church and saints use it?

99% use tablet or phone

30-49: 81% users

50-64 : 73% users

65 and up 45% users

78% Phone only

1.32% desktop

What can we offer as a solution to the effects of social media.