

## Daily Disciplines

### Devotion:

It is both terrible and comforting to dwell in the inconceivable nearness of God, and so to be loved by God that the first and last gift is infinity and inconceivability itself. But we have no choice. God is with us.

--Karl Rahner

### Journal Prompt:

Read and meditate on the following passage. Then journal what stirs within you as you sit in silent reflection.

Start by doing what is necessary, then what is possible, and suddenly you are doing the impossible.

--St. Francis Of Assisi

### Prayer Prompt:

Seeds of faith are always within us; sometimes it takes a crisis to nourish and encourage their growth.

--Susan L. Taylor

Do a prayer walk. As you walk empty your thoughts. Slowly introduce the question, "Where do I need to nourish and encourage seeds of faith. Breathe in the question. Breathe out silence. See what comes to you during your walk.

### Lectio Divina:

Practice lectio divina using:

I Corinthians 4:5 Do not make judgement before the appointed time, until the Lord comes, for [the Lord] will bring to light what is hidden in darkness and will manifest the motives of our hearts, and then everyone will receive praise from God.