

## Daily Disciplines

### Devotion:

As the sun illuminates not only heaven and the whole world, shining on both land and sea, but also sends rays through windows and small cracks into the further recesses of a house, so the Word, poured out everywhere, beholds the smallest actions of our lives.

--Clement of Alexandria, second century

### Journal Prompt:

The glory of God is a living person and the life of each living person is the vision of God.

--Irenaeus of Lyons, Second century

What does it mean to you to be the "vision of God"?

### Prayer Prompt:

The Word of God was made human in order that we might be made divine. The Word displayed itself through a body, that we might receive knowledge of the invisible Father.

--Athanasius, Fourth century

### Lectio Divina:

Practice lectio divina using:

Since Adam, being free to choose,  
Chose to imagine he was free  
To choose his own necessity,  
Lost in his freedom, Man pursues  
The shadow of his images;  
Today the Unknown seeks the known;  
What I am willed to ask, your own  
Will has to answer; child, it lies  
Within your power of choosing to  
Conceive the Child who chooses you.

--W.H. Auden