

Daily Disciplines

Devotion:

In the psalms of David,
in the words of the prophets,
in the dream of Joseph,
your promise is spoken, eternal God,
and takes flesh at last
in the womb of the Virgin.
May Emmanuel find welcome in our hearts,
Take flesh in our lives, and be for all peoples
The welcome advent of redemption and grace.
We ask this through him whose coming is certain,
Whose Day draws near:
Your Son, our Lord Jesus Christ,
Who lives and reigns with you Holy Spirit
One God, for ever and ever.

--Prayer, Fourth Sunday of Advent

Journal Prompt:

Reflect and journal, considering what Mother Teresa is saying to you.

I prefer you to make mistakes in kindness than work miracles in unkindness.

-- Mother Teresa

Prayer Prompt

Sisters and brothers in Christ, for the sake of the world that God so loves, let us pray.

Pray for the peace of Jerusalem.

We pray for peace in every nation—that people will turn their swords into plowshares and their spears into pruning hooks and study war no more.

Pray for the peace of the church.

We pray for peace in Christ's body—put an end to fear and fighting and help us to proclaim in word and action the good news of salvation to all.

Pray for the peace of this community.

We pray for peace in this place—for safety in our homes and streets, for the prosperity of our neighbors, and for the health of family and friends.

God of the future, make us ready as we work for the fullness of your reign, when you will bring everlasting peace and renew the face of the earth; through Jesus Christ our Lord. Amen.

Lectio Divina:

Practice lectio divina using:

Bless earth with thine advent, O Savior Christ!
And golden gates which in days gone by
Full stood locked, high Lord of heaven,
Bid thou swing open and seek us out,
Humbly descending thyself to earth.
--Medieval English lyric